

# Welcome to our all-new 2006 / 2007 Fall-Winter Program Guide



For volunteer opportunities, please contact  
the Office of Partnerships  
(202) 673-7686

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# Greetings from the Mayor

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Fall is a great time to reap the rewards that you, your friends, and your family can gain by participating in the recreation activities and leisure pursuits offered by the District of Columbia's Department of Parks and Recreation. Historically, recreation programs have been an important part of the District of Columbia. DPR programs are a part of everyday life in our neighborhoods. It provides



activities that range from aquatics to therapeutic recreation.

The Fall guide provides an overview of the leisure options that are available to all residents of the District of Columbia. It allows you the opportunity to have a range of programs and activities. The programs that are offered in this guide are a reflection of the commitment of DPR to improve the quality of life for residents of the District of Columbia. DPR has continued to be

the face of leisure in the District of Columbia. DPR is able to unite people through competition, new skills, and relaxing family activities. DPR has assisted youth in their development of discipline, responsibility and social skills.

I am, and have always been encouraged by the efforts of the Department of Parks & Recreation. DPR has worked diligently to provide our community with positive leisure experiences. During my tenure I have seen improved landscaping, well-maintained parks, new facilities open, program expansion, and more youth engaged in recreational activities. This is all a result of DPR and the commitment that has been prevalent throughout my tenure as Mayor. It is with sustained and active support from all of our partners, both individual and corporate that we are able to enhance the quality of leisure life for all of the residents of the District of Columbia.

Thank you and we look forward to providing with the ultimate leisure experience. Have a great spring!

Anthony A. Williams  
Mayor

# Greetings from the Director

---

Welcome to the Department of Parks & Recreation Fall 2006/ Winter 2007 Program Guide. I am happy to offer a wealth of activities for you and your families to be involved in at our recreation centers and parks. DC Parks and Recreation wants to be your first thought for leisure activities. Our job is to provide services that have the core values of sophistication, relaxation, and enjoyment. We have a strong history of offering and implementing valuable programming and services to the community.

DPR is dedicated to providing all-inclusive programs at our recreation centers. Residents can explore recreation opportunities both indoors and outdoors. Our events provide almost daily entertainment for the region during the spring/summer. DPR is fortunate to collaborate with many organizations, foundations and corporations to bring these programs to you. Their support is essential to the success of DPR.



The staff of DPR is excited about the Fall and Winter season. We have diligently planned for enjoyable activities for you and your family. DC Parks & Recreation has a variety of activities and services that are sure to make your spring and summer memorable and enjoyable.

We hope to serve you and unify all communities within the district by providing diverse recreational opportunities, beautiful facilities and innovative leadership for the enjoyment our residents. Please come out and experience all that DPR has to offer.

Kimberley A. Flowers, Director  
DC Parks & Recreation



# Administrative Directory

**Office of the Director**

Kimberley A. Flowers  
(202) 673-7665

**Office of the Deputy  
Director for Programs**

Roslyn Johnson  
(202) 673-7650

**Office of the Deputy Director for  
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Johnel Bracey  
(202) 727-5458

**Office of Partnerships**

Kay Sibetta  
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**Camp Central Office**

Tina Roper  
(202) 282-0730

**Customer Service Operations**

Evelyn Woods  
(202) 673-7647

**Office of Educational Services Chief**

Dr. Robert Gundling  
(202) 282-0710

**Office of Human Resources**

Kenya Adams  
(202) 673-7603

**Aquatics Chief**

Harold Houston  
(202) 282-0720

**Office of Communications**

Regina Williams  
(202) 673-7156

**Senior Services**

Dr. Beth Southern Eubanks  
(202) 645-3960

**Office of Permits**

Betty Hester  
(202) 673-7667

**DC Center for Therapeutic Recreation**

Victoria Cole-Rolon  
(202) 698-1794

**Outdoor Recreation & Camping**

Nora Bryan  
(202) 282-0753

**Manager, Recreation Services**

Saundra Ratliff  
(202) 282-2202

**Manager, Roving Leaders**

Wallace Perry  
(202) 673-6843

**Acting Sports and Fitness Manager**

Jeff Mays  
(202) 698-2250

**Manager, Wards 1 & 2**

Sheron Wilson  
(202) 673-7611

**Manager, Ward 3**

Linda Taylor  
(202) 282-3160

**Manager, Ward 4**

Alonzo Patterson  
(202) 576-3211

**Manager, Ward 5**

Stephen Makle  
(202) 727-5502

**Manager, Ward 6**

Marcus Ellis  
(202) 673-9128

**Manager, Ward 7**

Lou Hall  
(202) 645-9203

**Manager, Ward 8**

Cheryl Lawrence  
(202) 645-3962

## Official Partners and Sponsors



### Friends Groups

- Friends of Rose Park
- Friends of Guy Mason
- Friends of Glover Park
- N. Michigan Park Civic Association

### Park Partners

- Georgetown University
- Who's on Deck
- Adams Morgan Main Street Association
- Earth Conservation Corps
- Fields of Dreams – A Greater Washington, Inc.
- Green Spaces for DC
- Mt. Pleasant Neighborhood Civic Association
- North Columbia Heights Civic Association
- Washington Parks & People
- Woodley Park Civic Association

### Partners-In-Residence

- DC Commission on the Arts & Humanities
- Interstages, Inc.
- Kankouran West African Dance Company
- Kidsafe, Inc.
- New Life, Inc.
- Themba, Inc.
- USTA-Washington Tennis Association
- Black Aesthetics, Inc.

### Sponsors & Donations

- Arthritis Foundation
- DC United
- Kaiser Permanente
- National Capital Society of Plastic Surgeons
- National Recreation & Park Association
- Nike
- Verizon
- Washington Area Bicycle Association
- Washington Nationals

- Washington Wizards
- AND1 Entertainment
- Zoom Media
- Sherwood Recreation Advisory Council
- Luke Foundation (Let Us Keep Engaged)
- David E. Leyava
- Gilbert Arenas (Washington Wizards)
- Friends of Takoma Recreation Center
- Guy Mason Baseball
- Whole Foods Market

## Special Events

### September 29, 2006

#### Tea Party for young girls

- Ages: up -12yrs.
- Meeting time: Friday 4pm to 6pm

#### Hillcrest Recreation Center

RSVP @ your local Recreation Center

### September 30, 2006

#### Tea Party for young ladies

Tea Party with the Young Ladies on the Rise. This event will focus on the participants of the Girls Initiative program. Young Ladies will enjoy a formal tea party and learn of the proper etiquette for such an occasion.

- Ages: 13 - 17yrs.

#### Hillcrest Recreation Center

- Meeting time: Saturday 11am to 1pm
- RSVP @ your local Recreation Center

### November 3, 2006

#### Real Kids Cook

This event will feature children from the Office of Education Services division providing recipes and preparing the meals. Recipes will be entered into a cookbook with proceeds to benefit OES facilities.

- Ages: 5 - 12 yrs.

#### Joy Evans Before & After Care Center

- Meeting time: Friday 4pm to 6pm



## **November 17, 2006**

### **Great American Smoke Out**

In conjunction with the national observance of encouraging people to quit smoking, DPR facilities throughout the city to be dumping sites for cigarette smokers. Cigarette packs will be destroyed at each site.

- Ages: All ages

- Meeting time: Friday 8am to 5pm

For more information contact the Special

Events office at (202) 673-6854

*(at selected sites)*

## **December 11 - 15, 2006**

### **Season of Peace**

Will look to have selected school choirs to sing the holiday season during the lunch hour at selected District Government buildings.

- Ages: All ages

- Meeting time: Monday through

Saturday 11:45am to 12:45pm

For more information contact the Special Events office at (202) 673-6854.

## **December 26-29, 2006**

### **Destination Vacation**

Children will be able to enjoy learning the culture of the continent of South America during the winter break. They will learn about the countries of Argentina, Brazil, Chile, Colombia, Guyana, Peru and Venezuela through arts/crafts, music appreciation, and food tasting.

- Ages: All ages

Participating recreation centers include

**Parkview-Community Center, Lamond Recreation Center, Joseph H. Cole Recreation Center, Sherwood Recreation Center, Fort Davis Community Center, and Hart Recreation Center.**

- Meeting Time: Tuesday through Saturday

Call the Special Events office

at (202) 673-6854 for activity listing.

## **Aquatic Division Special Events**

### **February 17 & 18, 2007**

#### **21st Annual Black History Invitational Swim Meet**

Takoma Community Center

300 Van Buren Street, NW

All Day

For more information, please call

(202) 282-0720

## **Educational Services Division Special Events**

For children currently enrolled in the Office of Educational Services Programs we provide fun and creative learning projects and special events that stimulate growth and promote learning. As always, parent and family involvement is highly encouraged.

### **September 29, 2006**

#### **Early Care and Education Book Bubble Bugs and Butterflies**

Celebrating Literacy & the Environment

DC Therapeutic Recreation Center

Friday 10am -2 pm

### **September 30, 2006**

#### **Office of Educational Services Parent Conference & Superman Program**

TBA Saturday 9am-1pm

### **October 6, 2006**

#### **Before and After School Care School Spirit**

DC Therapeutic Recreation Center

10am - 12pm

### **November 20 - 24, 2006**

#### **Thanksgiving Season Open House**

Office of Educational Services

Monday through Friday 8:30 am -5pm



**December 9, 2006**  
**Parent Advisory Ceremony and**  
**Holiday Fun (Santa Brunch)**  
 Kenilworth-Parkside Recreation Center  
 10am -2pm



**February 5-9, 2007**  
**Dentistry Puppet Show**  
 Howard Dentistry School  
 10am -1pm

## ***Therapeutic Recreation Services Division Special Events***

### **TR Club Night**

It's a party every first Friday of the month  
**October 6, 2006 - November 3, 2006**  
**December 1, 2006 - January 5, 2007 -**  
**February 2, 2007 March 2, 2007** at the  
 TR Center. TR Club Night is a specialty  
 dance club night for adults with special  
 needs who love to dance and make new  
 friends. Enjoy all your favorites tunes.  
 Refreshments are sold.

Ages: 18 and over

Fee: DC Residents: \$5

Non-Resident: \$6

DC Center for Therapeutic Recreation  
 Fridays 7pm - 9pm

**October 21, 2006**  
**Minority Intervention Kidney**  
**Education at the TRSB**  
**Sponsored by the American**  
**Kidney Fund**

Learn more about the causes and pre-  
 ventation of kidney diseases. Get free test-  
 ing for kidney disease. Those who are  
 high risk are encouraged to attend this  
 educational event. For more information,  
 please call (202) 698-1794. Fee: None  
 DC Center for Therapeutic Recreation  
 Saturday, 10am-3pm

**October 16 - 18, 2006**  
**Let's Do It Again Senior**  
**Travel Club**

TBD

All Fees are due on Sept. 14, 2006

For more information please call  
 (202) 698-1794.

DC Center for Therapeutic Recreation

**October 27, 2006**  
**Halloween A-Go-Go!!!!**  
**Featuring Critical Condition**  
**Band and Show (CCB)**

Ages: 13 -17yrs.

Fee: \$5

DC Center for Therapeutic Recreation

Friday, 7pm - 10 pm

**October 31, 2006**  
**Halloween " Boo" House**

The "Best Boo" in town! Open to all who  
 dare. For children of all ages. Children  
 under 5 must be accompanied by an adult.

Fee: None

DC Center for Therapeutic Recreation

Tuesday, 5:30pm-8 pm



**December 1, 2006**  
**Let's Do It Again**

Senior Travel Club Annual Holiday  
 Shopping Trip to Williamsburg, VA.

Fee: \$25 per person

Friday 8am-8pm

**December 26 - 29, 2006**  
**Kwaanza Celebration Fair**  
 Fee: None

# Outdoor Recreation and Environmental Education

Natural Leaders After School Program.  
Eco-friendly after school program.  
Participants will receive help with their homework, have gardening lessons and participate in Environmental Education programs.

● Ages: 6 to 12yrs.

Fee: None

## ●28 Week Session

Start date: Sept. 8, 2006

End date: March 30, 2007

●RecWare #: 6507.155

## Robert F. Lederer Environmental Education Center

● Meeting time: Monday through Friday  
3:30pm-6pm

Additional Environmental Education activities that the division offer include:

## *Gardening on the GrOW!*

A program designed to bring gardening knowledge to your local Recreation Center. Talk to your Center's Site Manager and say you want to GrOW!

## *Indoor Gardening Club.*

DPR's Master Gardeners visit your local school and offer lessons on plants, soils and other gardening techniques. Schools include: Truesdell, Powell, Burville, Rudolph, Raymond, Merritt, Aiton, Plummer and Houston.

## *Seniors with Jerry*

Master Gardener Jerry Smith opens up Lederer for our Senior Citizens to come and visit every Tuesday. Contact Jerry directly at (202) 727-8061 to find out what activities are going on!

## *Kayaking*

Join us for an experience on the District's own Anacostia River. Our leaders, trained by the American Canoe Association, will teach basic kayaking skills. Participants will then be able to practice what they learn while enjoying the incredible scenery and wildlife that Kingman and Heritage Islands have to offer.

While on the water, leaders will share some local environmental knowledge. Participants will be able to get to know one of the best-kept secrets of Washington, DC!

● Ages: 13 to 55yrs.

Fee: DC Residents: \$10

Non-Residents: \$20

## 1 Day Trips

Start date: Sept. 16, 2006

End date: Oct. 14, 2006

● RecWare #: 6527.500

## Kingman & Heritage Islands

● Meeting time: Saturday, Sept. 16th  
11am-3pm

● RecWare #: 6537.500

## Kingman & Heritage Islands

● Meeting time: Saturday, Sept. 30th  
11am-3pm

● RecWare #: 6547.500

## Kingman & Heritage Islands

● Meeting time: Saturday, Oct. 14th  
11am-3pm

## *White Water Rafting*

What better way to enjoy the changing of seasons than to take a trip down the white waters of the Shenandoah and Potomac rivers! Travel with us to Harper's Ferry, West Virginia and allow the River Riders Rafting Company guides to take you on an adventure of a lifetime. Trip departs from 1325 S St., NW located near the U Street/Cardozo Metro Station.

● Ages: 10 to 55yrs.

Fee: DC Residents: \$10

Non-Residents: \$20

## 1 Day Trips

Start date: Sept. 23, 2006

End date: Oct. 7, 2006

● RecWare #: 6737.500

● Meeting time: Saturday, Sept. 23rd  
8am-5pm

● RecWare #: 6747.500

● Meeting time: Saturday, Oct. 7th  
8am-5pm

Additional Outdoor Recreation activities that may be scheduled in the Fall and Winter months include: Hikes, Kayaking, Biking, Climbing Wall, Skiing, Camping Trips and Whitewater Rafting. For more up to date information regarding these exciting opportunities and how to sign up please contact our office directly at (202) 282-0753!

# Directory of Facilities

## WARD 1

### **Adams Before and After School Care Program**

2020 19th St., NW  
(202) 673-7025

### **Bancroft Before and After School Care Program**

1735 Newton St., NW  
(202) 673-4590

### **Banneker Early Care and Education**

800 Euclid St., NW  
(202) 673-7609

### **Harrison Recreation Center**

1330 V St., NW  
(202) 673-6865

### **Kalorama Recreation Center**

1875 Columbia Rd., NW  
(202) 673-7606

### **Parkview Community Center**

693 Otis Pl., NW  
(202) 576-5786

### **Marie H. Reed Recreation Center**

2200 Champlain St., NW  
(202) 673-7768

**Aquatic Facility** (202) 673-7771

## WARD 2

### **Georgetown Recreation Center Preschool/ Cooperative Play**

3300 Q St., NW  
(202) 282-0380

### **Kennedy Recreation Center**

1401 7th St., NW  
(202) 671-4794

### **Rose Park Recreation Center**

26th & O Sts., NW  
(202) 282-2208

### **Stead Recreation Center**

1625 P St., NW  
(202) 673-4465

## WARD 3

### **Chevy Chase Community Center & Preschool/ Cooperative Play**

5601 Connecticut Ave., NW  
(202) 282-2204

### **Chevy Chase Playground & Preschool/ Cooperative Play**

41st & Livingston St., NW  
(202) 282-2200

### **Friendship Recreation Center & Preschool/ Cooperative Play**

4500 Van Ness St., NW  
(202) 282-2198

### **Guy Mason Community Center**

3600 Calvert St., NW  
(202) 282-2180

### **Hardy Recreation Center & Preschool/ Cooperative Play**

4500 Q St., NW  
(202) 282-2190

### **Hearst Recreation Center**

3950 37th St., NW  
(202) 282-2207

### **Macomb Recreation Center**

3409 Macomb St., NW  
(202) 282-2199

### **Oyster Before and After School Care Program**

2801 Calvert St., NW  
(202) 671-0143

### **Palisades Community Center & Preschool/ Cooperative Play**

5200 Sherrier Pl., NW  
(202) 282-2186

### **Stoddert Recreation Center & Preschool/ Cooperative Play**

4001 Calvert St., NW  
(202) 281-2193



## WARD 4

### **Emery Recreation Center**

5701 Georgia Ave., NW

(202) 576-3211

### **Preschool/Cooperative Play**

(202) 576-9532

**Senior Programs** (202) 576-7134

### **Fort Stevens Recreation Center**

1327 Van Buren St., NW

(202) 541-3754

**Senior Programs** (202) 541-3752

### **Hamilton Recreation Center**

1340 Hamilton St., NW

(202) 576-6855

### **Lafayette Recreation Center**

5900 33rd St., NW

(202) 282-2206

### **Lamond Recreation Center**

20 Tuckerman St., NE

(202) 483-3108

### **Petworth Recreation Center**

801 Taylor St., NW

(202) 576-6850

### **Raymond Recreation Center**

915 Spring Rd., NW

(202) 576-6856

### **Riggs- LaSalle Recreation Center &**

**Before and After School Care**

**Program**

501 Riggs Rd., NE

(202) 576-6045

### **Rudolph Recreation Center**

5200 2nd St., NW

(202) 386-4506

### **Sharpe Before and After School**

**Care Program**

4300 13th Street, NW

(202) 541-3888

### **Takoma Community Center**

300 Van Buren St., NW

(202) 576-7114

**Aquatic Facility** (202) 576-9533

### **Twin Oaks Garden**

4025 14th St., NW

(202) 576-3253

### **Upshur Recreation Center**

4300 Arkansas Ave., NW

(202) 576-6842

## WARD 5

### **Arboretum Recreation Center**

2412 Rand Pl., NE

(202) 727-5547

### **Brentwood Recreation Center**

2311 14th St., NE

(202) 576-6667

### **Dunbar Aquatic Facility**

1301 New Jersey Ave., NW

(202) 673-4316

### **Joseph H. Cole Recreation Center**

1200 Morse St., NE

(202) 724-4876

### **Edgewood Recreation Center**

3rd & Evarts Sts., NE

(202) 576-6410

### **Edgewood Terrace**

**Early Care & Education**

601 Edgewood St., NE

(202) 576-8199/ 673-3289

### **Edgewood Terrace**

635 Edgewood Terrace, NE

**Senior Programs** (202) 541-1014

### **Fort Lincoln Recreation Center**

3100 Ft. Lincoln Dr., NE

(202) 576-6818

### **Langdon Park Community Center**

2901 20th St., NE

(202) 576-6595

### **Mamie D. Lee**

**Before and After School**

**Care Program**

100 Gallatin St., NE

(202) 541-3751

### **New York Avenue Early Care**

**and Education**

100 N St., NW

(202) 724-4394

### **North Michigan Park**

**Recreation Center**

1333 Emerson St., NE

(202) 541-3522

**Senior Programs** (202) 541-3522

### **Shaed Before and After School**

**Care Program**

301 Douglas St., NE

(202) 576-8643

**Taft Recreation Center**

1800 Perry St., NE  
(202) 576-7634

**Theodore Hagan Cultural Center**

3201 Fort Lincoln Dr., NE  
(202) 576-6440

**Senior Programs** (202) 576-6440

**Harry Thomas, Sr.**

1743 Lincoln Rd., NE  
(202) 576-5642

**Turkey Thicket Community Center**

1100 Michigan Ave. NE  
(202) 576-9238

**Aquatic Facility** (202) 576-4236

**WARD 6****Amidon Before and After School  
Care Program**

401 Eye St., SW  
(202) 727-3958

**Hine Recreation Center**

335 8th St., SE  
(202) 727-5498

**Joy Evans Before and After School  
Care Program**

555 L St., SE  
(202) 727-6553

**King Greenleaf Recreation Center**

201 N St., SW  
(202) 645-7454

**Senior Programs** (202) 645-4550

**Payne Recreation Center**

303 15th St., SE  
(202) 727-5474

**Before and After School Care  
Program**

(202) 673-8091

**Early Care and Education**

(202) 724-2118

**Randall Recreation Center**

820 South Capitol St., SW  
(202) 727-5504

**Early Care and Education**

(202) 727-5504

**Rosedale Recreation Center**

1700 Gales St., NE  
(202) 724-5405

**Early Care and Education**

(202) 727-5435

**William H. Rumsey Aquatic Center**

635 North Carolina Ave., SE  
(202) 724-4495

**Sherwood Recreation Center**

640 10th St., NE  
(202) 698-3075

**Senior Programs** (202) 698-3313

**Watkins Recreation Center**

420 12th St., SE  
(202) 724-4468

**Early Care and Education**

1200 E. St SE  
(202) 727-5488

**WARD 7****Benning Park Community Center**

53rd & Fitch Sts., SE  
(202) 645-3957

**Early Care and Education**

(202) 645-3953

**Benning Stoddert Community Center**

100 Stoddert Pl., SE  
(202) 698-1873

**DC Center for Therapeutic Recreation**

3030 G St., SE  
(202) 698-1794

**Aquatic Facility** (202) 645-5708

**Early Childhood Development Center**

3030 G St., SE  
(202) 645-3992

**Fort Davis Community Center**

1400 41st St., SE  
(202) 645-9212

**Senior Programs** (202) 645-9212

**Hillcrest Recreation Center**

3100 Denver St., SE  
(202) 645-9200

**Senior Programs** (202) 645-9200



**Kenilworth-Parkside  
Recreation Center**  
4300 Anacostia Ave., NE  
(202) 727-2485  
**Early Care and Education**  
(202) 727-5439  
**Senior Programs** (202)724-8934

**Lederer Environmental  
Educational Center**  
4801 Nannie Helen Burroughs Ave., NE  
(202)727-8061

**Paradise Early Care and Education**  
3515 Jay St., NE  
(202)727-9173

**Plummer Before and After School  
Care Program**  
4601 Texas Ave., SE  
(202) 645-7099

**Ridge Recreation Center**  
800 Ridge Rd., SE  
(202) 645-3959

**Stoddert Terrace Early Care and  
Education**  
155 Ridge Rd., SE  
(202) 645-0098

**Watts Branch Recreation Center**  
6201 Banks Sts., NE  
(202) 727-5432

## **WARD 8**

**Anacostia Fitness Center**  
1800 Anacostia Dr., SE  
(202) 698-2250

**Atlantic Gardens  
Early Care and Education**  
4228 4th St., SE  
(202) 645-3972

**Atlantic Terrace Early Care and  
Education**  
4309 3rd St., SE  
(202) 645-3914

**Bald Eagle Recreation Center**  
100 Joliet St., SW  
(202) 645-3960  
**Early Care and Education**  
(202) 645-3964

**Barry Farm Recreation Center**  
1230 Sumner Rd., SE  
(202) 645-3896  
**Early Care and Education**  
(202) 645-3932

**Congress Heights Recreation Center**  
100 Randle Pl., SE  
(202) 645-3981

**Douglass Community Center**  
2100 Stanton Terr., SE  
(202) 645-3980

**Douglass Jr. Recreation Center**  
2601 Douglass Rd., SE  
(202) 386-4501

**Ferebee Hope Recreation Center**  
3999 Eighth St., SE  
(202) 645-3917

**Fort Stanton Community Center**  
1812 Erie St., SE  
(202) 645-3970

**Fort Greble Recreation Center**  
Martin L. King Jr. Ave. & Elmira St., SW  
(202) 409-7847

**Hart Recreation Center**  
601 Mississippi Ave., SE  
(202) 645-3924

**Hendley Before and After School Care  
Program**  
425 Chesapeake St., SE  
(202) 645-3926

**Malcolm X  
Early Care and Education**  
3200 13th St., SE  
(202) 645-3986

**Moten Before and After School Care  
Program**  
1565 Morris Rd., SE  
(202) 645-3877

**Savoy Recreation Center Before and  
After School Care Program**  
2440 Shannon Pl., SE  
(202) 698-1731

**Simon Before and After School Care  
Program**  
4th St., & Mississippi Ave., SE  
(202) 645-3923

**Southeast Tennis & Learning Center**  
701 Mississippi Ave., SE  
(202) 645-6242

**Turner Before and After School Care  
Program**  
1740 Stanton Rd., SE  
(202) 645-3915

## Educational Services

The Office of Educational Services offers year-round programs to stimulate the growth and intellectual development of children ages 2 - 12 by creating an environment where activities are carefully chosen to promote learning. Parental involvement is emphasized through program planning, participation in activities, and policy committee meetings. Registration information may be obtained at any of the locations listed. However, formal registration is completed only at the Main office 4301 Connecticut Avenue, N.W. Suite 250 Washington, D.C. 20008. Please call (202) 282-0710 to have your questions answered.

### Early Care and Education Services

The Early Care and Education/Head Start program is available year-round on weekdays for young children, ages 6 wk - 5yrs. old. This program uses Creative Curriculum. The Curriculum includes Language/Literacy, Mathematics, Science, Creative Arts, Social /Emotional, Approaches to Learning, and Physical Health combined with exciting educational recreational field trips. The children receive breakfast, lunch, and an afternoon snack. Parental involvement is highly encouraged, and special activities are planned specifically for parent/child interactions. Early childhood services are provided at 17 locations throughout the District and all are licensed by the DC Department of Health and accredited by the National Association for Education of Young Children. The Office of Educational Services participates in the childcare subsidy program through the Department of Human Services. For more information, please call (202) 282-0710.

● Ages: 2 to 5yrs.

Fees vary according to income

#### ● Year Round Program

Monday through Friday 7am-6pm

● RecWare #: 7507.005

**Atlantic Gardens Early Care and Education**

● RecWare #: 7507.006

**Atlantic Terrace Early Care and Education**

● RecWare #: 7507.007

**Bald Eagle Early Care and Education**

● RecWare #: 7507.010

**Banneker Early Care and Education**

● RecWare #: 7507.011

**Barry Farms Early Care and Education**

● RecWare #: 7507.012

**Benning Park Early Care and Education**

● RecWare #: 7507.024

**Early Childhood Development Center**

● RecWare #: 7507.025

**Edgewood Terrace Early Care and Education** ○ ◆

● RecWare #: 7507.049

**Kenilworth-Parkside Early Care and Education**

● RecWare #: 7507.059

**Malcolm X Early Care and Education**

● RecWare #: 7507.063

**New York Avenue Early Care and Education**

● RecWare #: 7507.066

**Paradise Early Care and Education**

● RecWare #: 7507.068

**Payne Early Care and Education**

● RecWare #: 7507.071

**Randall Early Care and Education**

● RecWare #: 7507.076

**Rosedale Early Care and Education**

● RecWare #: 7507.086

**Stoddert Terrace Early Care and Education**

● RecWare #: 7507.097

**Watkins Early Care and Education** ◆

○ Denotes program for children ages six weeks-five years

◆ Denotes P-K Program for ages 4 year old [Free for DC residents]

## *Before and After School Care Program*

Our School aged program is a positive alternative to being home alone before and after the school day. This is a year-round program that is usually located in the school attended by the child. We provide a safe, caring environment that engages the child in recreational and educational activities. Homework assistance is offered to children in reading, mathematics and language arts. Multicultural experience, recreational activities, field trips and child/parent activities round out the children's experiences. The (16) sixteen programs are located in public school buildings, and are all licensed by the Department of Health. An afternoon snack and dinner are provided. The Office of Educational Services participates in the childcare subsidy program through the Department of Human Services. For more information, call (202) 282-0710.

● Ages: 4 to 12yrs.

Fees vary according to income

### ● **Year Round Program**

● Meeting time: Monday through Friday  
7am- 8:30am (before care)

● 3:30 pm - 6pm (after care)

● RecWare #: 7707.101

### **Adams Before and After Care**

● RecWare #: 7707.102

### **Amidon Before and After Care**

● RecWare #: 7707.108

### **Bancroft Before and After Care**

● RecWare #: 7707.143

### **Hendley Before and After Care**

● RecWare #: 7707.147

### **Joy Evans Before and After Care** □

● RecWare #: 7707.160

### **Mamie D. Lee Before and After Care** □



● RecWare #: 7707.162

### **Moten Before and After Care**

● RecWare #: 7707.164

### **Oyster Before and After Care**

● RecWare #: 7707.168

### **Payne Before and After Care**

● RecWare #: 7707.170

### **Plummer Before and After Care**

● RecWare #: 7707.174

### **Riggs LaSalle Before and After Care**

● RecWare #: 7707.178

### **Savoy Before and After Care**

● RecWare #: 7707.179

### **Shaed Before and After Care**

● RecWare #: 7707.180

### **Sharpe Health Before and After Care** □

● RecWare #: 7707.182

### **Simon Before and After Care**

● RecWare #: 7707.193

### **Turner Before and After Care**

□ Denotes special needs centers  
[Ages 4-18]

## ***Preschool Cooperative Play Program***

Young children are introduced to a structured play setting with activities that engage the whole child - mentally, socially, physically, and emotionally - in preparation for entering the formal education system. Emphasis is placed on socialization such as learning to take turns; cognitive growth through music, painting, and cutting; and gross motor development by running and jumping. All parents must serve a duty day one day per week, per child to assist with organizing and implementing and planning of activities. Each site will determine the parent(s) duty day(s). All children must be age appropriate by October 31, 2006. For more information, call (202) 282-0710.

● Ages: 2.1/2-5yrs.

Fee: DC Residents: \$1,176 (\$7 daily rate)

Non-Residents: \$1,352.40 (\$8.05 daily rate)

*\$30 non-refundable  
registration fee is required*

### **Year Round**

Start date: Sept. 11, 2006

End date: May 31, 2007

● RecWare #: 7907.015

### **Chevy Chase Community Center & Preschool/ Cooperative Play**

● Meeting time: Monday through Friday  
9am - 12pm



● RecWare #: 7907.016

### **Chevy Chase Playground & Preschool/ Cooperative Play**

● Meeting time: Monday through Friday  
9am - 12pm

● RecWare #: 7907.027

### **Emery Preschool/ Cooperative Play**

● Meeting time: Monday through Friday  
9am - 12pm

● RecWare #: 7907.034

### **Friendship Preschool Cooperative Play**

● Meeting time: Monday through Friday  
9am - 12pm

● RecWare #: 7907.035

### **Georgetown Preschool Cooperative Play**

● Meeting time: Monday through Friday  
9am - 12pm

● RecWare #: 7907.038

### **Hardy Preschool Cooperative Play**

● Meeting time: Monday through Friday  
9am - 12pm

● RecWare #: 7907.065

### **Palisades Tadpoles Preschool Cooperative Play ■**

● Meeting time: Wednesdays & Fridays  
9am - 12pm

● RecWare #: 7907.165

### **Palisades Frogs Preschool Cooperative Play**

● Meeting time: Mondays, Tuesdays & Thursdays  
9am - 12pm

● RecWare #: 7907.085

### **Stoddert Preschool Cooperative Play**

● Meeting time: Monday through Friday  
9am - 12pm

■ Denotes programs for children ages 18 months - 23 months

## *Recreation Services*

### **Culture Arts**

#### **Animation**

Flipbooks! Thaumatrope, Morphing and a DVD! Apply the principles of math, art, reading, writing, science and physics to create works of animation.

- Ages: 7 - 8yrs.

Fee: DC Residents: \$100

Non-Residents: \$110

#### ● **10 Week Session**

Start date: Oct. 7, 2006

End date: Dec. 9, 2006

- RecWare #: 0417.015

#### **Chevy Chase Community Center**

- Meeting time: Saturdays 12pm-1pm

- Ages: 9 - 12yrs.

- RecWare #: 0417.115

#### **Chevy Chase Community Center**

- Meeting time: Saturdays 1pm-2pm

- Ages: 7 to 8yrs.

#### ● **8 Week Session**

Fee: DC Residents: \$80

Non-Residents: \$85

Start date: Jan. 13 2007

End date: Mar. 3, 2007

- RecWare #: 0416.015

#### **Chevy Chase Community Center**

- Meeting time: Saturdays 1pm-2pm

- Ages: 9 to 12yrs.

- RecWare #: 0416.115

#### **Chevy Chase Community Center**

- Meeting time: Saturdays 1pm-2pm

### *Intermediate Studio Practice*

Opportunity for painter of all skill levels to work on individual development. Guidance and suggestions to students will be provided by the instructor and individual and group critiques are included on a regular basis. Students will have choice of using oils, acrylics or watercolors.

- Ages: 18 and over

Fee: DC Residents: \$100

Non-Residents: \$110

#### ● **10 Week Session**

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

- RecWare #: 0277.136

#### **Guy Mason Community Center**

- Meeting time: Tuesdays 2pm-4pm

### *Art - Introduction to Art Practice*

Opportunity for painter of all skill levels to work on individual development.

Guidance and suggestions to students will be provided by the instructor and individual and group critiques are included on a regular basis. Students will have choice of using oils, acrylics or watercolors.

- Ages: 18 and over

Fee: DC Residents: \$100

Non-Residents: \$110

#### ● **10 Week Session**

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

- RecWare #: 0277.136

#### **Guy Mason Community Center**

- Meeting time: Tuesdays 2pm-4pm

- RecWare #: 0277.036

#### **Guy Mason Community Center**

- Meeting time: Tuesdays 4pm-6pm

#### ● **8 Week Session**

Fee: DC Residents: \$80

Non-Residents: \$85

Start date: Jan. 9, 2007

End date: Feb. 27, 2007

- RecWare #: 0276.136

#### **Guy Mason Community Center**

- Meeting time: Tuesdays 2pm-4pm



### *Art - Introduction to Art Practice*

Start date: Jan. 13, 2007

End date: Mar. 3, 2007

- RecWare #: 0276.036

#### **Guy Mason Community Center**

- Meeting time: Tuesdays 4pm-6pm

- RecWare #: 0276.236

#### **Guy Mason Community Center**

- Meeting time: Saturday 10am-12pm

### *Art - Studio w/Critique*

Opportunity for painter of all skill levels to work on individual development. The instructor and individual will provide guidance and suggestions to students and group critiques are included on a regular basis. Students will have choice of using oils, acrylics or watercolors.

- Ages: 18 and over

Fee: DC Residents: \$100

Non-Residents: \$110

#### ● 10 Week Session

Start date: Oct. 7, 2006

End date: Dec. 9, 2006

- RecWare #: 0277.236

#### **Guy Mason Community Center**

- Meeting time: Saturday 10am-12:pm

### *Art for Kids -Abrakadoodle*

Develop your child's artistic side! Fun creative projects will keep children interested and motivated.

- Ages: 2 to 3yrs.

Fee: DC Residents: \$120

Non-Residents: \$130

#### ● 10 Week Session

Start date: Oct. 5, 2006

End date: Dec. 7, 2006

- RecWare #: 0277.015

#### **Chevy Chase Community Center**

- Meeting time:Thursdays

3:30pm-4:15pm

- Ages: 4 to 6yrs.

- RecWare #: 0277.115

#### **Chevy Chase Community Center**

- Meeting time:Thursdays

4:30pm-5:15pm

- Ages: 7 to 12yrs.

- RecWare #: 0277.215

#### **Chevy Chase Community Center**

- Meeting time: Thursdays

5:30pm-6:15pm

### *Art for Kids -Abrakadoodle*

Start date: Oct. 6, 2006

End date: Dec. 8, 2006

- Ages: 2 to 3yrs.

- RecWare #: 0277.315

#### **Chevy Chase Community Center**

- Meeting time: Friday 10am-10:45am

- RecWare #: 0277.415

#### **Chevy Chase Community Center**

- Meeting time: Fridays 11am-11:45am

### *Art for Kids - Abrakadoodle*

This is a special class for toddlers and parents/caregiver. Children learn about color, texture, and more while experimenting with new innovative materials.

- Ages: 1yrs. 8moths to 3yrs.

Fee: DC Residents: \$100

Non-Residents: \$110

#### ● 10 Week Session

Start date: Oct. 5, 2006

End date: Dec. 7, 2006

- RecWare #: 0407.036

#### **Guy Mason Community Center**

- Meeting time: Thursdays 10am-10:45am

- Ages: 1yrs. 8moths to 3yrs.

- RecWare #: 0407.136

#### **Guy Mason Community Center**

- Meeting time: Thursdays 11am-11:45am

#### ● 8 Week Session

- Ages: 1yrs. 8moths to 3yrs.

Fee: DC Residents: \$80

Non-Residents: \$85

Start date: Jan. 11, 2007

End date: Mar. 1, 2007

- RecWare #: 0406.036

#### **Guy Mason Community Center**

- Meeting time: Thursdays 10am-10:45am

- Ages: 1yrs. 8moths to 3yrs.

- RecWare #: 0406.136

#### **Guy Mason Community Center**

- Meeting time: Thursdays 11am-11:45am

#### ● 8 Week Session

- Ages: 2 to 3yrs.

Fee: DC Residents: \$100

Non-Residents: \$110

Start date: Jan. 11, 2007

End date: Mar. 1, 2007

- RecWare #: 0276.015

#### **Chevy Chase Community Center**

- Meeting time: Thursdays

3:30pm-4:15pm

- Ages: 4 to 6yrs.

- RecWare #: 0276.115

#### **Chevy Chase Community Center**

- Meeting time: Thursdays

4:30pm-5:15pm



- Ages: 7 to 12yrs.
- RecWare #: 0276.215
- Chevy Chase Community Center**
- Meeting time: Thursdays  
5:30pm-6:15pm

- Ages: 2 to 3yrs.
- Start date: Jan. 12, 2007
- End date: Mar. 2, 2007
- RecWare #: 0276.315
- Chevy Chase Community Center**
- Meeting time: Thursdays  
10am-10:45am

- RecWare #: 0276.415
- Chevy Chase Community Center**
- Meeting time: Thursdays  
11am-11:45am

### *Ballet I with Tumbling*

Learn the five basic positions and cover steps, terms, and rhythms. They will have the experience of working as a group to achieve cooperative and collaborative goals.

- Ages: 6 to 8yrs.
- Fee: DC Residents: \$100  
Non-Residents: \$110
- 10 Week Session
- Start date: Oct. 4, 2006
- End date: Dec. 6, 2006
- RecWare #: 0837.415
- Chevy Chase Community Center**
- Meeting time: Wednesdays 5pm-6pm

### *Ballet I with Tumbling*

- Start date: Oct. 7, 2006
- End date: Dec. 9, 2006
- RecWare #: 0837.515
- Chevy Chase Community Center**
- Meeting time: Saturdays  
10:30am-11:30am

- 8 Week Session
- Fee: DC Residents: \$80  
Non-Residents: \$85
- Start date: Jan. 10, 2007
- End date: Feb. 28, 2007
- RecWare #: 0837.415
- Chevy Chase Community Center**
- Meeting time: Wednesdays 5pm-6pm

### *Ballet I with Tumbling*

- Start date: Jan. 13, 2007
- End date: Mar. 3, 2007
- RecWare #: 0836.515
- Chevy Chase Community Center**
- Meeting time: Saturdays  
10:30am-11:30am

### *Ballet Tumbling*

Learn the five basic positions and cover steps, terms, and rhythms. They will have the experience of working as a group to achieve cooperative and collaborative goals.

- Ages: 6 to 8yrs.
- Fee: DC Residents: \$100  
Non-Residents: \$110
- 10 Week Session
- Start date: Oct. 3, 2006
- End date: Dec. 5, 2006
- RecWare #: 0837.015
- Chevy Chase Community Center**
- Meeting time: Tuesdays 4pm-5pm

- RecWare #: 0837.115
- Chevy Chase Community Center**
- Meeting time: Tuesdays 5pm-6pm

### *Ballet Tumbling*

- Start date: Oct. 4, 2006
- End date: Dec. 6, 2006
- RecWare #: 0837.215
- Chevy Chase Community Center**
- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 0837.315
- Chevy Chase Community Center**
- Meeting time: Saturdays  
9:30am-10:30am

- 8 Week Session
- Fee: DC Residents: \$80  
Non-Residents: \$85
- Start date: Jan. 9, 2007
- End date: Feb. 27, 2007
- RecWare #: 0836.015
- Chevy Chase Community Center**
- Meeting time: Tuesdays 4pm-5pm

- RecWare #: 0836.115
- Chevy Chase Community Center**
- Meeting time: Tuesdays 5pm-6pm

### *Ballet Tumbling*

- Start date: Jan. 10, 2007
- End date: Feb. 28, 2007
- RecWare #: 0836.215
- Chevy Chase Community Center**
- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 0836.315
- Meeting time: Saturday  
9:30am-10:30am

### ***Ballroom Dancing - Beginning***

Dance! Dance! Dance! Choose four out of the following dances to learn: Waltz, Fox Trot, Swing, Tango, Cha-Cha, Rumba, Salsa, Quick Step, Samba, Meringue, and Two-Step.

Step list and video of each student included.

- Ages: 18 and over
- Fee: DC Residents: \$65  
Non-Residents: \$80

#### **● 10 Week Session**

Start date: Oct. 5, 2006

End date: Dec. 7, 2006

- RecWare #: 0847.136

#### **Guy Mason Community Center**

- Meeting time: Thursdays  
7:15pm-9:15pm



### ***Ballroom Dancing***

Dance! Dance! Dance! Choose four out of the following dances to learn: Waltz, Fox Trot, Swing, Tango, Cha-Cha, Rumba, Salsa, Quick Step, Samba, Meringue, and Two-Step. Step list and video of each student included. Please come into the center to register for this class.

- Ages: 18 and over
- Fee: DC Residents: \$75 (Singles)  
Non-Residents: \$80 (Singles)  
DC Residents: \$140 (Couples )  
Non-Residents: \$150 (Couples)

#### **● 10 Week Session**

Start date: Oct. 4, 2006

End date: Dec. 6, 2006

- RecWare #: 0847.015

#### **Chevy Chase Community Center**

- Meeting time: Thursdays  
7:15pm-9:15pm

- RecWare #: 0847.036

#### **Guy Mason Community Center**

- Meeting time: Tuesdays  
7:15pm-9:15pm

### ***Ballroom Dancing***

Dance! Dance! Dance! Choose four out of the following dances to learn:

Waltz, Fox Trot, Swing, Tango, Cha-Cha, Rumba, Salsa, Quick Step, Samba, Meringue, and Two-Step. Step list and video of each student included. Please come into the center to register for this class

- Ages: 18 and over
- Fee: DC Residents: \$60 (Singles)  
Non-Residents: \$65 (Singles)  
DC Residents: \$100 (Couples )  
Non-Residents: \$110 (Couples)

#### **● 8 Week Session**

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

- RecWare #: 0846.015

#### **Chevy Chase Community Center**

- Meeting time: Thursdays  
7:15pm-9:15pm

- RecWare #: 0846.036

#### **Guy Mason Community Center**

- Meeting time: Tuesdays  
7:15pm-9:15pm

### ***Ballroom Dancing***

Dance! Dance! Dance! Choose four out of the following dances to learn: Waltz,

Fox Trot, Swing, Tango, Cha-Cha, Rumba, Salsa, Quick Step, Samba, Meringue, and Two-Step.

- Ages: 18 and over
- Fee DC Residents: \$50  
Non-Residents: \$65

#### **● 8 Week Session**

Start date: Jan. 11, 2007

End date: Mar. 1, 2007

- RecWare #: 0846.136

#### **Guy Mason Community Center**

- Meeting time: Thursdays  
7:15pm-9:15pm



### ***Chef's Budget***

Learn more about nutrition and health to create healthy meals.

- Ages: 7 to 13yrs.

Fee: None

Start date: Sept. 6, 2006

End date: Nov. 29, 2006

- RecWare #: 1397.051

#### **King Greenleaf Recreation Center**

- Meeting time: Wednesdays 5pm-6pm

### ***China Painting***

Instruction in color design compositions and brush stroke technique on porcelain are offered.

- Ages: 18 and over

Fee: DC Residents: \$100

Non-Residents: \$110

- **10 Week Session**

Start date: Oct. 4, 2006

End date: Dec. 6, 2006

- RecWare #: 0297.036

- Meeting time: Wednesdays

10am-12pm

### ***China Painting***

Start date: Oct. 5, 2006

End date: Dec. 7, 2006

- RecWare #: 0297.236

#### **Guy Mason Community Center**

- Meeting time: Thursdays 10am-12pm

- RecWare #: 0297.336

#### **Guy Mason Community Center**

- Meeting time: Thursdays 1pm-3pm

- **8 Week Session**

Fee: DC Residents: \$80

Non-Residents: \$85

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

- RecWare #: 0296.036

#### **Guy Mason Community Center**

- Meeting time: Wednesdays

10am-12pm

- RecWare #: 0296.136

#### **Guy Mason Community Center**

- Meeting time: Wednesdays 1pm-3pm

### ***China Painting***

Start date: Jan. 11, 2007

End date: Mar. 1, 2007

- RecWare #: 0296.336

#### **Guy Mason Community Center**

- Meeting time: Thursdays 1pm-3pm

### ***Chinese Brush Painting***

Learn how to blend colors, design compositions and use brush stroke technique to complete traditional landscapes and flower painting on rice paper.

- Ages: 18 and over

Fee: DC Residents: \$80

Non-Residents: \$85

- **10 Week Session**

Start date: Oct. 4, 2006

End date: Dec. 6, 2006

- RecWare #: 0297.015

#### **Chevy Chase Community Center**

- Meeting time: Wednesdays

10am-12pm

- **8 Week Session**

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

- RecWare #: 0296.015

#### **Chevy Chase Community Center**

- Meeting time: Wednesdays

10am-12pm

### ***Cooking Class***

Students will learn to prepare and cook various foods from different nationalities!

- Ages: 7-12yrs.

Fee: None

- **14 Week Session**

Start date: Sept. 5, 2006

End date: Nov. 14, 2006

- RecWare #: 1397.011

#### **Barry Farm Recreation Center**

- Meeting time: Tuesdays 4pm-6pm

- **10 Week Session**

Start date: Sept. 6, 2006

End date: Nov. 15, 2006

- RecWare #: 1397.032

#### **Fort Stanton Community Center**

- Meeting time: Wednesdays

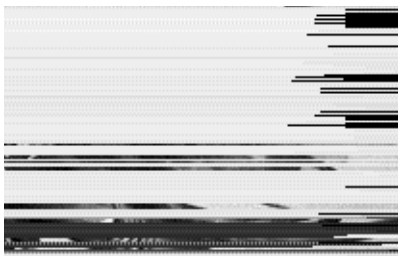
5:30pm-6:30pm

- RecWare #: 1397.045

#### **Hillcrest Recreation Center**

- Meeting time: Thursdays

5:30pm-7:30pm



## *Cooking Class*

### ● 12 Week Session

Start date: Jan. 12, 2007

End date: Mar. 30, 2007

● RecWare #: 1396.029

### **Fort Davis Community Center**

● Meeting time: Fridays 4pm-6pm



## *Drawing and Painting*

Instruction will be given for both beginners and advanced students in drawing with pencil, charcoal, conte, pastels, acrylic, and oil painting. Art supplies are the responsibility of the students. Individual materials, list will be handed out by the instructor.

● Ages: 14 and over

Fee: DC Residents: \$100

Non-Residents: \$110

### ● 10 Week Session

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

● RecWare #: 0307.015

### **Chevy Chase Community Center**

● Meeting time: Tuesdays

7:30pm-9:30pm

## *Drawing and Painting*

Start date: Oct. 4, 2006

End date: Dec. 6, 2006

● RecWare #: 0307.115

### **Chevy Chase Community Center**

● Meeting time: Wednesdays

4pm-5:15pm

● RecWare #: 0307.215

### **Chevy Chase Community Center**

● Meeting time: Wednesdays

6pm-8pm

### ● 8 Week Session

Fee: DC Residents: \$80

Non-Residents: \$85

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

● RecWare #: 0306.015

### **Chevy Chase Community Center**

● Meeting time: Tuesdays

7:30pm-9:30pm

## *Drawing and Painting*

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

● RecWare #: 0306.115

### **Chevy Chase Community Center**

● Meeting time: Wednesdays

4pm-5:15pm

● RecWare #: 0306.215

### **Chevy Chase Community Center**

● Meeting time: Wednesdays 6pm-8pm

## *Drums*

Learn music and development coordination. Drum set provided. Lesson times to be individually scheduled within the confines of the program offering time frame. 30 minutes per pupil.

● Ages: 6 and over

Fee: DC Residents: \$200

Non-Residents: \$210

### ● 10 Week Session

Start date: Oct. 7, 2006

End date: Dec. 9, 2006

● RecWare #: 1107.015

### **Chevy Chase Community Center**

● Meeting time: Saturdays 12pm-5pm

## *Drums*

Fee: DC Residents: \$160

Non-Residents: \$170

### ● 8 Week Session

Start date: Jan. 13, 2007

End date: Mar. 3, 2007

● RecWare #: 1106.015

### **Chevy Chase Community Center**

● Meeting time: Saturdays 12pm-5pm



## *Guitar*

Learn the fundamentals of how to play the instrument, read music, and perform simple and complex melodies. Budding musicians must have their own guitars.

- Ages: 7 and over
- Fee DC Residents: \$125  
Non-Residents: \$135

### ● 10 Week Session

Start date: Oct. 2, 2006

End date: Dec. 4, 2006

- RecWare #: 1117.015

### **Chevy Chase Community Center**

- Meeting time: Mondays 6pm-7pm

- RecWare #: 1117.115

### **Chevy Chase Community Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 1117.215

### **Chevy Chase Community Center**

- Meeting time: Mondays 8pm-9pm

Start date: Oct. 7, 2006

End date: Dec. 9, 2006

- RecWare #: 1117.315

### **Chevy Chase Community Center**

- Meeting time: Saturdays 10am-11am

- RecWare #: 1117.415

### **Chevy Chase Community Center**

- Meeting time: Saturdays 11am-12pm

### ● 8 Week Session

Fee: DC Residents: \$100

Non-Residents: \$110

Start date: Jan. 8, 2007

End date: Feb. 26, 2007

- RecWare #: 1116.015

### **Chevy Chase Community Center**

- Meeting time: Mondays 6pm-7pm

- RecWare #: 1116.115

### **Chevy Chase Community Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 1116.215

### **Chevy Chase Community Center**

- Meeting time: Mondays 8pm-9pm

## *Guitar*

Start date: Jan. 13, 2007

End date: Mar. 3, 2007

- RecWare #: 1116.315

### **Chevy Chase Community Center**

- Meeting time: Saturdays 10am-11am

- RecWare #: 1116.415

### **Chevy Chase Community Center**

- Meeting time: Saturdays 11am-12pm



## *Guitar Cafe*

Basic introduction to the acoustic guitar through simple melodies, chirps, and scales. Students are required to bring their own instrument.

- Ages: 12 and over

Fee: DC Residents: \$85

Non-Residents: \$95

### ● 8 Week Session

Start date: Sept. 7, 2006

End date: Oct. 26, 2006

- RecWare #: 1117.035

### **Georgetown Recreation Center**

- Meeting time: Every other Thursday 6:45pm-8pm

## *Guitar Cafe*

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

- RecWare #: 1117.935

### **Georgetown Recreation Center**

- Meeting time: Every other Saturday 12pm-1:30pm

## *Guitar for Kids*

Basic introduction to the acoustic guitar through simple melodies, chirps, and scales. Students are required to bring their own instrument.

- Ages: 7-12yrs.

Fee: DC Residents: \$10

Non-Residents: \$10

### ● 12 Week Session

Start date: Jan. 10, 2007

End date: Mar. 28, 2007

- RecWare #: 1116.035

### **Georgetown Recreation Center**

- Meeting time: Wednesdays 3:45pm-5pm

### *Hand Dancing*

Smooth and easy are the best ways to learn this popular dance style.

- Ages: 18 and over
- Fee: DC Residents: \$56  
Non-Residents: \$66

- **14 Week Session**

Start date: Sept. 8, 2006

End date: Dec. 8, 2006

- RecWare #: 0887.044

**Hillcrest Recreation Center**

- Meeting time: Fridays 7pm-8pm

- **12 Week Session**

Start date: Jan. 12, 2007

End date: Mar. 30, 2007

- RecWare #: 0887.044

**Hillcrest Recreation Center**

- Meeting time: Fridays 7pm-8pm

### *Hip Hop Academy*

Get great exercise while learning dance routines that are creative and energetic!

- Ages: 8 and over

Fee: None

- **14 Week Session**

Start date: Sept. 2, 2006

End date: Dec. 2, 2006

- RecWare #: 1877.012

**Benning Park Community Center**

- Meeting time: Saturdays 11am-4pm

- RecWare #: 1877.054

**Langdon Park Community Center**

- Meeting time: Mondays & Wednesdays  
5pm-6:30pm

- RecWare #: 1877.092

**Turkey Thicket Community Center**

- Meeting time: Tuesdays & Thursdays  
6pm-8pm

### *Kidz Kitchen*

Prepare east, fun, and healthy afternoon snacks!

- Ages: 9-10yrs.

Fee: None

- **14 Week Session**

Start date: Sept. 1, 2006

End date: Dec. 1, 2006

- RecWare #: 1397.054

**Langdon Park Community Center**

- Meeting time: Fridays 3:30pm-4:45pm

### *Mini Doodlers*

Develop your child's artistic side in this class. Varied, creative, and fun projects will keep children interested and motivated.

- Ages: 3-5yrs.

Fee: DC Residents: \$100

Non-Residents: \$110

- **10 Week Session**

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

- RecWare #: 0277.235

**Georgetown Recreation Center**

- Meeting time: Tuesdays 4:45pm-5:45pm

### *Music Together*

Build your child's natural enthusiasm for music and movement to develop musical skills. Parents and children ages birth to four participate together.

- Ages: Up to 4yrs.

Fee: DC Residents: \$150

Non-Residents: \$160

- **10 Week Session**

Start date: Oct. 2, 2006

End date: Dec. 4, 2006

- RecWare #: 0397.015

**Chevy Chase Community Center**

- Meeting time: Mondays 10am-10:45am

- RecWare #: 0397.036

**Guy Mason Community Center**

- Meeting time: Tuesdays 9:45am-10:30am

- RecWare #: 0397.115

**Chevy Chase Community Center**

- Meeting time: Mondays 11am-11:45am

- RecWare #: 0397.136

**Guy Mason Community Center**

- Meeting time: Tuesdays 10:45am-11:30am

- RecWare #: 0397.215

**Chevy Chase Community Center**

- Meeting time: Mondays 12pm-12:45pm

- RecWare #: 0397.236

**Guy Mason Community Center**

- Meeting time: Tuesdays  
11:45am-12:30pm

### *Music Together*

Start date: Oct. 5, 2006

End date: Dec. 7, 2006

- RecWare #: 0397.315

#### **Chevy Chase Community Center**

- Meeting time: Thursdays 10am-10:45am

- RecWare #: 0397.336

#### **Guy Mason Community Center**

- Meeting time: Wednesdays

9:45am-10:30am

- RecWare #: 0397.415

#### **Chevy Chase Community Center**

- Meeting time: Thursdays 11am-11:45am

- RecWare #: 0397.436

#### **Guy Mason Community Center**

- Meeting time: Wednesdays

10:45am-11:45am

- RecWare #: 0397.515

#### **Chevy Chase Community Center**

- Meeting time: Thursdays 12pm-12:45pm

- RecWare #: 0397.536

#### **Guy Mason Community Center**

- Meeting time: Wednesdays

11:45am-12:30pm

### *Music Together*

Start date: Oct. 6, 2006

End date: Dec. 8, 2006

- RecWare #: 0397.636

#### **Guy Mason Community Center**

- Meeting time: Fridays

9:45am-10:30am

- RecWare #: 0397.736

#### **Guy Mason Community Center**

- Meeting time: Fridays

10:45am-11:30am

- RecWare #: 0397.836

#### **Guy Mason Community Center**

- Meeting time: Fridays

11:45am-12:30pm

#### **● 8 Week Session**

Fee: DC Residents: \$120

Non-Residents: \$130

Start date: Jan. 8, 2007

End date: Feb. 26, 2007

- RecWare #: 0396.015

#### **Chevy Chase Community Center**

- Meeting time: Monday 10am-10:45am

- RecWare #: 0396.036

#### **Guy Mason Community Center**

- Meeting time: Tuesdays

9:45am-10:30am

- RecWare #: 0396.115

#### **Chevy Chase Community Center**

- Meeting time: Mondays 11am-11:45am

- RecWare #: 0396.136

#### **Guy Mason Community Center**

- Meeting time: Tuesdays

10:45am-11:30am

- RecWare #: 03996.215

#### **Chevy Chase Community Center**

- Meeting time: Mondays 12pm-12:45pm

- RecWare #: 0396.236

#### **Guy Mason Community Center**

- Meeting time: Tuesdays

11:45am-12:45pm

### *Music Together*

Start date: Jan. 11, 2007

End date: Mar 1, 2007

- RecWare #: 0396.315

#### **Chevy Chase Community Center**

- Meeting time: Thursdays

10am-10:45am

- RecWare #: 0396.336

#### **Guy Mason Community Center**

- Meeting time: Wednesdays

9:45am-10:30am

- RecWare #: 0396.415

#### **Chevy Chase Community Center**

- Meeting time: Thursdays

11am-11:45am

- RecWare #: 0396.436

#### **Guy Mason Community Center**

- Meeting time: Wednesdays

10:45am-11:30am

- RecWare #: 0396.515

#### **Chevy Chase Community Center**

- Meeting time: Thursdays

12pm-12:45pm

- RecWare #: 0396.536

#### **Guy Mason Community Center**

- Meeting time: Wednesdays

11:45am-12:30pm

### *Music Together*

Start date: Jan. 12, 2007

End date: Mar 2, 2007

- RecWare #: 0396.636

#### **Chevy Chase Community Center**

- Meeting time: Fridays 9:45am-10:45am

- RecWare #: 0396.736  
**Chevy Chase Community Center**  
● Meeting time: Fridays 10:45am-11:30am

- RecWare #: 0396.836  
**Chevy Chase Community Center**  
● Meeting time: Fridays 11:45am-12:30pm

### *Piano*

Develop piano skills as a beginner or expand on current knowledge. Classes are thirty minute private lessons please call the center for available times.

- Ages: 6 and over  
Fee: DC Residents: \$175  
Non-Residents: \$185

- **Week 10 Session**  
Start date: Oct. 4, 2006  
End date: Dec. 6, 2006  
● RecWare #: 1157.015  
**Chevy Chase Community Center**  
● Meeting time: Wednesdays 12pm-8pm

### *Piano*

- Start date: Jan. 10, 2007  
End date: Feb. 28, 2007  
● RecWare #: 1156.015  
**Chevy Chase Community Center**  
● Meeting time: Wednesdays 12pm-8pm

### *Pottery*

Learn clay forming, use of the pottery wheel, decorating, firing, and glazing to produce ceramic works of art.

- Ages: 15 and over  
Fee: DC Residents: \$125  
Non-Residents: \$135  
● **10 Week Session**  
Start date: Oct. 3, 2006  
End date: Dec. 5, 2006  
● RecWare #: 0287.015  
**Chevy Chase Community Center**  
● Meeting time: Tuesdays 5:30pm-6:30pm  
● RecWare #: 0287.115  
**Chevy Chase Community Center**  
● Meeting time: Tuesdays 6:30pm-8:30pm  
● RecWare #: 0287.036  
**Guy Mason Community Center**  
● Meeting time: Tuesdays 7pm-9:30pm

### *Pottery*

- Start date: Oct. 7, 2006  
End date: Dec. 9, 2006  
● RecWare #: 0287.215  
**Chevy Chase Community Center**  
● Meeting time: Saturday 9am-10am

- RecWare #: 0287.315  
**Chevy Chase Community Center**  
● Meeting time: Saturdays 10am-12pm

### *Pottery*

- 8 Week Session  
Fee: DC Residents: \$100  
Non-Residents: \$110  
Start date: Jan. 9, 2007  
End date: Feb. 27, 2007  
● RecWare #: 0286.015  
**Chevy Chase Community Center**  
● Meeting time: Tuesdays 5:30pm-6:30pm  
● RecWare #: 0286.115  
**Chevy Chase Community Center**  
● Meeting time: Tuesdays 6:30pm-8:30pm

- RecWare #: 0286.015  
**Guy Mason Community Center**  
● Meeting time: Tuesdays 7pm-9:30pm

### *Pottery*

- Start date: Jan. 13, 2007  
End date: Mar. 3, 2007  
● RecWare #: 0286.215  
**Chevy Chase Community Center**  
● Meeting time: Saturdays 9am-10am

- RecWare #: 0286.315  
**Chevy Chase Community Center**  
● Meeting time: Saturdays 10am-12pm

### *Pottery - Handbuilding*

Learn how to use basic clay forming, use of the wheel, decorating, firing, and glazing to produce works independently.

- Ages: 18 and over  
Fee: DC Residents: \$180  
Non-Residents: \$190  
● **10 Week Session**  
Start date: Oct. 5, 2006  
End date: Dec. 7, 2006  
● RecWare #: 0287.536  
**Guy Mason Community Center**  
● Meeting time: Thursdays 10:30am-1:30pm

- RecWare #: 0287.636  
**Guy Mason Community Center**

- **8 Week Session**  
Fee: DC Residents: \$145  
Non-Residents: \$155

- Start date: Jan. 11, 2007  
End date: Mar. 1, 2007  
● Meeting time: Thursdays 10:30am-1:30pm  
● RecWare #: 0286.636  
**Guy Mason Community Center**  
● RecWare #: 0286.536  
**Guy Mason Community Center**



### ***Pottery - Wheel Throwing***

Learn how to use basic clay forming, use of the wheel, decorating, firing, and glazing to produce works in dependency.

- Ages: 18 and over

Fee: DC Residents: \$180

Non-Residents: \$190

#### **● 10 Week Session**

Start date: Oct. 4, 2006

End date: Dec. 6, 2006

- RecWare #: 0287.136

#### **Guy Mason Community Center**

- Meeting time: Wednesdays 7pm-9:30pm

### ***Pottery - Wheel Throwing***

Start date: Oct. 5, 2006

End date: Dec. 7, 2006

- RecWare #: 0287.236

#### **Guy Mason Community Center**

- Meeting time: Thursdays 7pm-9:30pm

### ***Pottery - Wheel Throwing***

Start date: Oct. 7, 2006

End date: Dec. 9, 2006

- RecWare #: 0287.336

#### **Guy Mason Community Center**

- Meeting time: Saturdays 10:30am-1pm

- RecWare #: 0287.436

#### **Guy Mason Community Center**

### ***Pottery - Wheel Throwing***

- 8 Week Session

Fee: DC Residents: \$145

Non-Residents: \$155

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

- RecWare #: 0286.136

#### **Guy Mason Community Center**

- Meeting time: Wednesdays 7pm-9:30pm

### ***Pottery - Wheel Throwing***

Start date: Jan. 11, 2007

End date: Mar 1, 2007

- RecWare #: 0286.236

#### **Guy Mason Community Center**

- Meeting time: Thursdays 7pm-9:30pm

### ***Pottery - Wheel Throwing***

Start date: Jan. 13, 2007

End date: Mar 3, 2007

- RecWare #: 0286.336

#### **Guy Mason Community Center**

- Meeting time: Saturdays 10:30am-1pm

- RecWare #: 0286.436

#### **Guy Mason Community Center**

### ***Tap and Creative Dance***

Enjoy learning Ballet and Modern Dance techniques to different movement.

- Ages: 18 and over

Fee: None

#### **● 14 Week Session**

Start date: Sept. 2, 2006

End date: Dec. 2, 2006

- RecWare #: 0887.029

#### **Fort Davis Community Center**

- Meeting time: Saturdays 10:30am-12pm

### ***Tap and Creative Dance***

Start date: Jan. 13, 2007

End date: Mar. 31, 2007

- RecWare #: 0886.029

#### **Fort Davis Community Center**

- Meeting time: Saturdays 10:30am-12pm

### ***Toddler Tiempo***

Introduce your child to Spanish through singing games, parachute and hula hoop play, play dough activities, and stories.

This class meets once a week. Materials fee due to instructor at first class

- Ages: 1yrs. 6mths - 3yrs.

Fee: DC Residents: \$100

Non-Residents: \$110

#### **● 10 Week Session**

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

- RecWare #: 0407.015

#### **Chevy Chase Community Center**

- Meeting time: Tuesdays 9:15am-10am

- RecWare #: 0407.115

#### **Chevy Chase Community Center**

- Meeting time: Tuesdays 10:15am-11am

### ***Toddler Tiempo***

Start date: Oct. 4, 2006

End date: Dec. 6, 2006

- RecWare #: 0407.215

#### **Chevy Chase Community Center**

- Meeting time: Wednesdays 9:15am-10am

- RecWare #: 0407.315

#### **Chevy Chase Community Center**

- Meeting time: Wednesdays 10:15am-11am

### ● 8 Week Session

Fee: DC Residents: \$80  
Non-Residents: \$85

Start date: Jan. 9, 2007

End date: Feb. 27, 2007

#### **Chevy Chase Community Center**

● RecWare #: 0406.015

● Meeting time: Tuesdays 9:15am-10am

● RecWare #: 0406.115

#### **Chevy Chase Community Center**

● Meeting time: Tuesdays 10:15am-11am

### *Toddler Tiempo*

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

● RecWare #: 0406.215

#### **Chevy Chase Community Center**

● Meeting time: Wednesdays  
9:15am-10am

● RecWare #: 0406.315

#### **Chevy Chase Community Center**

● Meeting time: Wednesdays  
10:15am-11am

### *Twoosy Doodlers*

Develop your child's artistic side in this class. Varied, creative, and fun projects will keep children interested and motivated.

● Ages: 1yrs. 6mths - 2yrs.

Fee: DC Residents: \$100

Non-Residents: \$110

### ● 10 Week Session

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

● RecWare #: 0407.015

#### **Georgetown Recreation Center**

● Meeting time: Tuesdays  
3:45pm-4:30pm

## Personal Enrichment

### *Adult Jewelry Making Class*

All students will learn to create and design their own jewelry.

● Ages: 18 and over

Fee: None

### ● 30 Week Session

Start date: Sept. 6, 2006

End date: Mar. 28, 2007

● RecWare #: 0277.333

#### **Fort Stevens Recreation Center**

● Meeting time: Wednesdays  
2:30pm-3:30pm

### *Bid Whist*

Join in the fun of playing Bid Whist a popular and competitive card. Community participants come together for competitive play, while having fun socializing.

● Ages: 21 and over

Fee: None

### ● 24 Week Session

Start date: Sept. 19, 2006

End date: Feb. 27, 2007

● RecWare #: 1507.104

#### **Arboretum Recreation Center**

● Meeting time: Tuesdays & Thursdays  
6pm-8pm

### *Board & Card Games*

Youth will play various card and board games.

● Ages: 6 and over

Fee: None

### ● 29 Week Session

Start date: Sept. 5, 2006

End date: Mar. 23, 2007

● RecWare #: 1527.213

#### **Benning Stoddert Community Center**

● Meeting time: Monday through Friday  
4:30pm-7pm

● RecWare #: 1527.212

#### **Benning Park Community Center**

● Meeting time: Mondays through  
Thursdays 3:30pm-6pm

● RecWare #: 1417.130

#### **Fort Greble Recreation Center**

● Meeting time: Monday through Friday  
4:30pm-6pm

### *Boost Academics*

Get your BA in Boost Academics and improve your academic performance. This uniquely structured academic program is designed to develop and enhance academic performance through homework tutoring and computer technology.

● Ages: 6 to 17yrs.

Fee: None

Start date: Sept. 5, 2006

End date: March 30, 2007

● RecWare #: 0207.083

#### **SE Tennis & Learning Center**

● Meeting time: Monday through Friday  
4pm-7pm



### ***Born To Talk Girls Club***

Girl Talk for Girls Only! Share your intellectual, spiritual, and personal thoughts with peers in roundtable discussions. Get empowered, motivated, and inspired to be woman and to succeed in life.

● Ages: 10 to 17yrs.

Fee: None

Start date: Sept. 7, 2006

End date: Mar. 30, 2007

● RecWare #: 1797.083

### **SE Tennis & Learning Center**

● Meeting time: Monday through Friday  
4pm-7pm

### ***Card Games***

Come out and play four favorite card games.

● Ages: 18 and over

Fee: None

### **● 30 Week Session**

Start date: Sept. 6, 2006

End date: Mar. 28, 2007

● RecWare #: 1417.130

### **Taft Recreation Center**

● Meeting time: Wednesdays 6pm-8:30pm

### ***Checkers***

Participants will enjoy a quite game among friends.

● Ages: 6-18yrs.

Fee: None

### **● 15 Week Session**

Start date: Sept. 5, 2006

End date: Dec. 28, 2006

● RecWare #: 1527.112

### **Benning Park Community Center**

● Meeting time: Monday through Friday  
4pm-8:30pm

● RecWare #: 1527.139

### **Harrison Recreation Center**

● Meeting time: Tuesdays & Fridays  
7pm-9pm

● RecWare #: 1527.167

### **Parkview Community Center**

● Meeting time: Saturdays 10am-2pm

### ***Community Bingo***

Join in the fun of playing bingo.

● Ages: 6 and over

Fee: None

### **● 25 Week Session**

Start date: Oct. 9, 2006

End date: Mar. 30, 2007

● RecWare #: 1527.251

### **King Greenleaf Recreation Center**

● Meeting time: Monday through Friday  
5pm-7pm

### ***Crocheting & Knitting***

Learn the basic techniques and skill of knitting and crocheting.

● Ages: 12-18yrs.

Fee: None

### **● 29 Week Session**

Start date: Aug. 29, 2006

End date: Mar. 13, 2007

● RecWare #: 0357.461

### **Marie H. Reed Recreation Center**

● Meeting time: Tuesdays 7pm-8pm



### ***Drama***

Learn to tell a story dramatically while having fun reading, writing and creating your own play.

● Ages: 8-18yrs.

Fee: None

### **● 10 Week Session**

Start date: Jan. 9, 2007

End date: Mar. 13, 2007

● RecWare #: 0336.229

### **Fort Davis Community Center**

● Meeting time: Tuesdays  
5:30pm-6:30pm

### ***Recreation Access***

Participants will enjoy various board and table games, arts and crafts, and outdoor fun and will have access to the computer lab.

● Ages: 6 and over

Fee: None

Start date: Sept. 9, 2006

End date: Feb. 24, 2007

● RecWare #: 1417.139

### **Harrison Recreation Center**

● Meeting time: Saturdays  
10am - 4pm



## *French*

Bonjour! Come and enjoy our Intermediate conversational French. Utilizing a full immersion technique to include practice with others, videos and text.

- Ages: 18 and over

Fee: DC Residents: \$100

Non-Residents: \$110

### ● 10 Week Session

Start date: Oct. 2, 2006

End date: Dec. 4, 2006

- RecWare #: 1277.015

**Chevy Chase Community Center**

- Meeting time: Monday 6:15pm-7:15pm

## *French*

Start date: Oct. 4, 2006

End date: Dec. 6, 2006

- RecWare #:1277.115

**Chevy Chase Community Center**

- Meeting time: Wednesdays

6:15pm-7:15pm

## *French*

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

- RecWare #:1276.115

**Chevy Chase Community Center**

- Meeting time: Wednesdays

6:15pm-7:15pm

## *French*

### ● 10 Week Session

Fee: DC Residents: \$80

Non-Residents: \$85

Start date: Jan. 8, 2007

End date: Feb. 26, 2007

- RecWare #:1276.015

**Chevy Chase Community Center**

- Meeting time: Mondays

6:15pm-7:15pm

## *French - Conversational*

This course is based on the textbook by Shaum, Communication in French, and will introduce more conversation in French, encourage homework, and offer select reading passages for discussion.

- Ages: 18 and over

Fee: DC Residents: \$85

Non-Residents: \$90

### ● 10 Week Session

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

- RecWare #:1277.236

**Guy Mason Community Center**

- Meeting time: Tuesdays 8pm-9pm

## *French - Introduction*

- Ages: 18 and over

Fee: DC Residents: \$85

Non-Residents: \$90

### ● 10 Week Session

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

- RecWare #:1277.036

**Guy Mason Community Center**

- Meeting time: Tuesdays 6pm-7pm

## *French - Introduction*

Start date: Jan. 9, 2007

End date: Feb. 27, 2007

- RecWare #:1276.136

**Guy Mason Community Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 1276.136

**Guy Mason Community Center**

- Meeting time: Tuesdays 8pm-9pm

## *French - Review*

This course is based on the textbook by Shaum, Communication in French, and will introduce more conversation in French, encourage homework, and offer select reading passages for discussion.

- Ages: 18 and over

Fee: DC Residents: \$85

Non-Residents: \$90

### ● 10 Week Session

Start date: Oct. 3, 2006

End date: Dec. 5, 2006

- RecWare #:1277.136

**Guy Mason Community Center**

- Meeting time: Tuesdays 7pm-8pm

### *Fun Free Friday*

Participants enjoy sports, socializing, various activities and special events.

- Ages: 6-14yrs.

Fee: None

#### ● 17 Week Session

Start date: Sept. 5, 2006

End date: Dec. 29, 2006

- RecWare #: 1527.111

#### **Barry Farm Recreation Center**

- Meeting time: Monday through Friday 4pm-6pm

- RecWare #: 1527.164

#### **North Michigan Park Recreation Center**

- Meeting time: Fridays 4pm-6pm

#### ● 16 Week Session

Start date: Sept. 8, 2006

End date: Dec. 22, 2006

- RecWare #: 1527.692

#### **Turkey Thicket Community Center**

- Meeting time: Fridays 7pm-8:30pm

### *Healthy Life Decisions*

Discuss food, nutrition and fitness.

- Ages: 13-18yrs.

Fee: None

#### ● 27 Week Session

Start date: Sept. 13, 2006

End date: Mar 14, 2006

- RecWare #: 1427.548

#### **Kalorama Recreation Center**

- Meeting time: Wednesdays 6:30pm-7:30pm

### *Irish Languages for Beginners*

Students will be introduced to the Irish language. Instruction will include primary grammatical structures, pronunciation and idioms.

- Ages: 14 and over

Fee: None

#### ● 10 Week Session

Start date: Oct. 9, 2006

End date: Dec. 11, 2006

- RecWare #: 1267.036

#### **Guy Mason Community Center**

- Meeting time: Mondays 6:30pm-8pm



### *Little Diva Cooking & Dining*

Each young lady will learn social and dining etiquette as well as basic cooking techniques

- Ages: 7-13yrs.

Fee: None

#### ● 30 Week Session

Start date: Sept. 8, 2006

End date: Mar. 30, 2006

- RecWare #: 1397.233

#### **Fort Stevens Recreation Center**

- Meeting time: Fridays 6pm-8pm

### *Modeling Class*

Turning your dream of modeling into reality.

- Ages: 6 and over

Fee: None

#### ● 30 Week Session

Start date: Sept. 5, 2006

End date: Mar. 30, 2007

- RecWare #: 1417.948

#### **Kalorama Recreation Center**

- Meeting time: Monday through Friday 6pm-7:30pm

### *Open Activity*

Participants enjoy Arts & Crafts, Internet, Table Games, Pool & Ping Pong.

- Ages: 6 and over

Fee: None

#### ● 30 Week Session

Start date: Sept. 5, 2006

End date: Mar. 30, 2007

- RecWare #: 1417.948

#### **Kalorama Recreation Center**

- Meeting time: Mondays through Thursdays 6:30pm-8:45pm

### ***Parent Night Out***

Parents and staff enjoy time socializing and playing various games.

● Ages: 25-55yrs.

Fee: None

#### **● 17 Week Session**

Start date: Sept. 5, 2006

End date: Dec. 29, 2006

● RecWare #: 1527.118

### **Congress Heights Recreation Center**

● Meeting time: Monday through Friday  
6pm-7:30pm

### ***Personal Enrichment for Males***

The program teaches teenage males life skills and etiquette.

● Ages: 14-18yrs.

Fee: None

#### **● 11 Week Session**

Start date: Sept. 8, 2006

End date: Dec. 22, 2006

● RecWare #: 1407.544

### **Hillcrest Recreation Center**

● Meeting time: Friday  
4:30pm-6:30pm

### ***Reading Enrichment***

Additional reading support to enhance reading skills and increase vocabulary.

● Ages: 12-18yrs.

Fee: None

#### **● 17 Week Session**

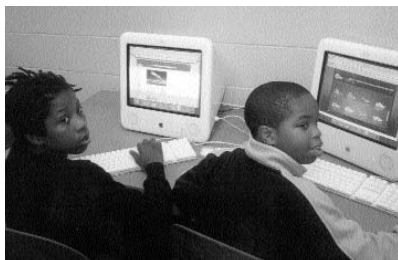
Start date: Sept. 13, 2006

End date: Dec. 29, 2006

● RecWare #: 0247.567

### **Parkview Community Center**

● Meeting time: Wednesdays  
6pm-7pm



### ***Recreation Access***

Youth complete daily homework assignments with assistance from staff and/or certified volunteers, then join in the fun with recreational activities.

● Ages: 6-18yrs.

Fee: None

#### **● 28 Week Session**

Start date: Sept. 8, 2006

End date: Mar. 16, 2007

● RecWare #: 0217.161

### **Marie H. Reed Recreation Center**

● Meeting time: Monday through Friday  
6pm-9pm

### ***Sewing***

STITCH!!! Students will learn basic sewing tasks, pattern cutting and fabric crafting to design and create works and clothes. More advanced students will receive individual instruction on how to continue to improve their skills and make the clothes of their dreams!

● Ages: 15 and over

Fee: DC Resident: \$100

Non-Resident: \$110

#### **● 10 Week Session**

Start date: Oct. 2, 2006

End date: Dec. 4, 2006

● RecWare #: 0347.015

### **Chevy Chase Community Center**

● Meeting time: Monday  
7pm-9pm

#### **● 8 Week Session**

Fee: DC Resident: \$90

Non-Resident: \$95

Start date: Jan. 8, 2007

End date: Feb. 26, 2007

● RecWare #: 0346.015

### **Chevy Chase Community Center**

● Meeting time: Mondays  
7pm-9pm

#### **● 28 Week Session**

Fee: None

Start date: Sept. 6, 2006

End date: Mar. 14, 2007

● RecWare #: 0347.461

### **Marie H. Reed Recreation Center**

● Meeting time: Wednesdays  
7pm-9pm

### *Sewing Circle*

Come join in the fun of sewing .  
Every 1st. and 3rd Thursday.

- Ages: 18 and over
- Fee: None

#### ● 27 Week Session

Start date: Sept. 7, 2006

End date: Mar. 8, 2007

- RecWare #: 0347.744

#### **Hillcrest Recreation Center**

- Meeting time: Thursdays 12pm-3pm



### *Sewing Made Easy*

Participants will learn basic sewing techniques for making small items. Participants will also learn the basics of using a sewing machine.

- Ages: 11-19yrs.

Fee: None

#### ● 18 Week Session

Start date: Sept. 15, 2006

End date: Jan. 12, 2007

- RecWare #: 0347.446

#### **Joseph H. Cole Recreation Center**

- Meeting time: Fridays 6pm-7:30pm

### *Spanish (Beginning)*

Learn basic through intermediate conversation Spanish, utilizing a full immersion technique to include practice with others, videos and texts.

- Ages: 18 and over

Fee: DC Resident: \$80

Non-Resident: \$85

#### ● 8 Week Session

Start date: Jan. 8, 2007

End date: Feb. 26, 2007

- RecWare #: 1286.015

#### **Chevy Chase Community Center**

- Meeting time: Mondays  
7:30pm-8:30pm

- RecWare #: 1286.115

#### **Chevy Chase Community Center**

- Meeting time: Mondays  
8:30pm-9:30pm

### *Spanish (Beginning)*

Start date: Jan. 9, 2007

End date: Feb. 27, 2007

- RecWare #: 1286.215

#### **Chevy Chase Community Center**

- Meeting time: Tuesdays  
5:30pm-6:30pm

- RecWare #: 1286.315

#### **Chevy Chase Community Center**

- Meeting time: Tuesdays  
6:30pm-7:30pm

- RecWare #: 1286.415

#### **Chevy Chase Community Center**

- Meeting time: Tuesdays  
7:30pm-8:30pm

### *Spanish (Beginning)*

Classes are beginning through conversational Spanish. Emphasis on grammar and idioms in the effort to understand and communicate in Spanish. Wed-BegII, Intermediate, Advance and Thurs-Beg. I Contact center if unsure of skill level

- Ages: 18 and over

Fee: DC Resident: \$85

Non-Resident: \$90

#### ● 10 Week Session

Start date: Oct. 4, 2006

End date: Dec. 6, 2006

- RecWare #: 1287.036

#### **Guy Mason Community Center**

- Meeting time: Wednesdays 6pm-7pm

### *Spanish (Beginning)*

Start date: Oct. 5, 2006

End date: Dec. 7, 2006

- RecWare #: 1287.336

#### **Guy Mason Community Center**

- Meeting time: Wednesdays  
7:30pm-8:30pm

#### ● 8 Week Session

Fee: DC Resident: \$70

Non-Resident: \$75

Start date: Jan. 10, 2007

End date: Feb. 28, 2007

- RecWare #: 1286.036

#### **Guy Mason Community Center**

- Meeting time: Wednesdays 6pm-7pm

## ***Spanish - Intermediate***

Classes are beginning through conversational Spanish. Emphasis on grammar and idioms in the effort to understand and communicate in Spanish. Wed-BegII, Intermediate, Advance and Thurs-Beg. I Contact center if unsure of skill level

- Ages: 18 and over
- Fee: DC Resident: \$85  
Non-Resident: \$90

### **● 10 Week Session**

- Start date: Oct. 5, 2006
- End date: Dec. 7, 2006
- RecWare #: 1287.236

## **Guy Mason Community Center**

- Meeting time: Thursdays  
6:30pm-7:30pm

### **● 10 Week Session**

- Fee: DC Resident: \$70  
Non-Resident: \$75
- Start date: Jan. 11, 2007
- End date: Mar. 1, 2007
- RecWare #: 1286.236

## **Guy Mason Community Center**

- Meeting time: Thursdays  
6:30pm-7:30pm

- RecWare #: 1286.336

## **Guy Mason Community Center**

- Meeting time: Thursdays  
7:30pm-8:30pm

## ***Spanish-to-English-to-Spanish***

Greater appreciation of language and culture.

- Ages: 14 and over
- Fee: None

### **● 10 Week Session**

- Start date: Sept. 2, 2006
- End date: Dec. 2, 2006
- RecWare #: 1297.048

## **Kalorama Recreation Center**

- Meeting time: Saturdays  
2pm-3:45pm

## ***Star Watchers Movie Night***

Enjoy your favorite movies.

- Ages: 12-18yrs.
- Fee: None

### **● 29 Week Session**

- Start date: Sept. 8, 2006
- End date: Mar. 23, 2007
- RecWare #: 0387.013

## **Benning Stoddert Community Center**

- Meeting time: Fridays 7pm-9pm

- RecWare #: 0387.028

## **Ferebee Hope Recreation Center**

- Meeting time: Fridays 6:30pm-8:45pm

- RecWare #: 0387.032

## **Fort Stanton Community Center**

- Meeting time: Fridays 7pm-9pm

### **● 16 Week Session**

- Start date: Sept. 15, 2006
- End date: Dec. 29, 2006
- RecWare #: 0387.527

## **Emery Recreation Center**

- Meeting time: Fridays 7pm-9pm

## ***Stitch & Mix***

Learn basic sewing and cooking techniques.

- Ages: 6-16yrs.
- Fee: None

### **● 43 Week Session**

- Start date: Jun. 7, 2006
- End date: Mar. 28, 2007
- RecWare #: 0347.195

## **Upshur Recreation Center**

- Meeting time: Wednesdays 5pm-7pm

## ***Storytelling***

This class allows young children to expand their minds as well as dress up and play along with this interactive story-time program.

- Ages: 2-10yrs.
- Fee: None

### **● 30 Week Session**

- Start date: Sept. 9, 2006
- End date: Mar. 31, 2007
- RecWare #: 0247.044

## **Hillcrest Recreation Center**

- Meeting time: Saturdays 12:30pm-1:30pm

## ***Storytelling***

- Ages: 13-18yrs.
- 30 Week Session
- Start date: Sept. 7, 2006
- End date: Mar. 29, 2007
- RecWare #: 0247.548

## **Kalorama Recreation Center**

- Meeting time: Thursdays 7pm-8:30pm



## *Table & Electronic Game Activities*

Children engage in various table fun.

- Ages: 6-12yrs.

Fee: None

### ● 30 Week Session

Start date: Sept. 5, 2006

End date: Mar. 31, 2007

- RecWare #: 1527.118

### **Congress Heights Recreation Center**

- Meeting time: Monday through Friday 6pm-7pm

- RecWare #: 1517.013

### **Benning Stoddert Community Center**

- Meeting time: Monday through Friday 6pm-8pm

- RecWare #: 1517.112

### **Benning Park Community Center**

- Meeting time: Tuesdays & Thursdays 6pm-8:45pm

- RecWare #: 1517.328

### **Ferebee Hope Recreation Center**

- Meeting time: Mondays 5pm-8:45pm

- RecWare #: 1527.540

### **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-9pm

## *Table Games*

Spend time with your friends and neighbors playing scrabble, spades, billiards and checkers.

- Ages: 6-50yrs.

Fee: None

### ● 39 Week Session

Start date: Sept. 11, 2006

End date: Mar. 31, 2007

- RecWare #: 1527.232

### **Fort Stanton Community Center**

- Meeting time: Monday through Friday 7pm-8:45pm

## **Clubs**

### *Book Club*

Participants will meet weekly and read various books, keep book logs and visit neighborhood libraries.

- Ages: 6-12yrs.

Fee: None

### ● 31 Week Session

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 1747.120

### **Douglass Jr. Recreation Center**

- Meeting time: Monday through Friday 5pm-6:30pm

- RecWare #: 1747.129

### **Fort Davis Community Center**

- Meeting time: Saturdays 1:30pm-2:30pm

- RecWare #: 1747.133

### **Fort Stevens Recreation Center**

- Meeting time: Saturdays 12pm-2pm

- RecWare #: 1747.154

### **Langdon Park Community Center**

- Meeting time: Tuesdays & Thursdays 4:30pm-5:30pm

- RecWare #: 1747.197

### **Watkins Recreation Center**

- Meeting time: Thursdays 5pm-7pm

- RecWare #: 1747.341

- Ages: 9-13yrs.

### **Hart Recreation Center**

- Meeting time: Tuesdays & Thursdays

## *Book Club for Adults*

Participants will meet weekly and have group discussions.

- Ages: 21 and over

Fee: None

### ● 31 Week Session

Start date: Aug. 28, 2006

End date: Mar. 21, 2007

- RecWare #: 1747.739

### **Harrison Recreation Center**

- Meeting time: Mondays, Tuesdays & Wednesdays 1pm-2:30pm

- RecWare #: 1747.148

### **Kalorama Recreation Center**

- Meeting time: Saturdays 2pm-3pm

- RecWare #: 1747.764

### **North Michigan Park Recreation Center**

- Meeting time: Mondays 6:30pm-8:30pm

## *Boys to Men*

Do the Right Thing! Rites of passage making positive choices, and discussing life skills are agenda topics in these boys to men only age-appropriate group discussions.

- Ages: 6-13yrs.

Fee: None

### ● 30 Week Session

Start date: Aug. 31, 2006

End date: Mar. 29, 2007

- RecWare #: 1737.118

## **Congress Heights Recreation Center**

- Meeting time: Thursdays 5:30pm-6:30pm

- RecWare #: 1737.137

## **Hamilton Recreation Center**

- Meeting time: Thursdays 6pm-7:30pm

- RecWare #: 1737.174

## **Riggs- LaSalle Recreation Center**

- Meeting time: Thursdays 6:30pm-8pm

- RecWare #: 1737.227

## **Emery Recreation Center**

- Meeting time: Wednesdays 5:30pm-6:30pm

## *Boys to Men*

- Ages: 9-18yrs.

### ● 31 Week Session

Start date: Sept. 5, 2006

End date: Mar. 30, 2007

- RecWare #: 1737.321

## **Douglass Community Center**

- Meeting time: Monday through Friday 7pm-8:30pm

- RecWare #: 1737.346

## **Joseph H. Cole Recreation Center**

- Meeting time: Mondays 5pm-6:30pm

- RecWare #: 1737.373

## **Ridge Recreation Center**

- Meeting time: Wednesdays 6pm-8pm

- RecWare #: 1737.337

## **Rudolph Recreation Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 1737.398

## **Watts Branch Recreation Center**

- Meeting time: Tuesdays 5pm-7pm

## *Boys to Men*

- Ages: 12-18yrs.

### ● 31 Week Session

Start date: Sept. 1, 2006

End date: Mar. 30, 2007

- RecWare #: 1737.412

## **Benning Park Community Center**

- Meeting time: Fridays 7pm-8pm

- RecWare #: 1737.429

## **Fort Davis Community Center**

- Meeting time: Thursdays 5:30pm-6:30pm

- RecWare #: 1737.432

## **Fort Stanton Community Center**

- Meeting time: Fridays 7pm-8:45pm

- RecWare #: 1737.440

## **Harry Thomas Sr. Recreation Center**

- Meeting time: Fridays 5:30pm-6:30pm

- RecWare #: 1737.441

## **Hart Recreation Center**

- Meeting time: Fridays 5pm-6:30pm

## *Chess Club*

Tactful strategies and concentration are part of learning the fundamentals of this challenging board game.

- Ages: 6 and over

Fee: None

### ● 31 Week Session

Start date: Aug. 28, 2006

End date: Mar. 26, 2007

- RecWare #: 1817.133

## **Fort Stanton Community Center**

- Meeting time: Tuesdays 5pm-6:30pm

- RecWare #: 1817.167

## **Parkview Community Center**

- Meeting time: Tuesdays & Thursdays 4pm-5pm

## *Chess Club*

Tactful strategies and concentration are part of learning the fundamentals of this challenging board game. Participants will be introduced to the basic skill level of chess. They will learn the name and movement of each chess piece. They will learn how the board is set up and basic strategies of attack and defense.

- Ages: 8-18yrs.

Fee: None

### ● 14 Week Session

Start date: Sept. 18, 2006

End date: Dec. 18, 2006

- RecWare #: 1527.329

## **Fort Davis Community Center**

- Meeting time: Mondays 6pm-7pm

### ● 30 Week Session

Start date: Sept. 9, 2006

End date: Mar. 31, 2007

- RecWare #: 1527.448

## **Kalorama Recreation Center**

- Meeting time: Saturdays 10am-11:30am



### *Girls Curiosity Club*

Take part of this fun and exciting club. Activities include trips, games, educational enrichment, arts and crafts and guest.

- Ages: 16 and over

Fee: None

- **31 Week Session**

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 1787.350

**Kennedy Recreation Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 1787.320

**Douglass Jr. Recreation Center**

- Meeting time: Monday through Friday 6:30pm-7:30pm



### *Girls In Action*

Explore day-today concerns, learn valuable life skills and participate in various field trips.

- Ages: 6-12yrs.

Fee: None

- **31 Week Session**

Start date: Aug. 29, 2006

End date: Mar. 27, 2007

- RecWare #: 1827.174

**Riggs- LaSalle Recreation Center**

- Meeting time: Tuesdays 6:30pm-8pm

### *Girls Night Out*

Have fun while establishing life skills by participating in rap discussions, team activities and field trips.

- Ages: 8-18yrs.

Fee: None

- **31 Week Session**

Start date: Aug. 31, 2006

End date: Mar. 22, 2007

- RecWare #: 1767.332

**Fort Stanton Community Center**

- Meeting time: Thursdays 6pm-8pm

### *Kids Bike Club*

Guided bicycle rides, which will include sessions on safety clinics, maintenance and various activities.

- Ages: 6-12yrs.

Fee: None

- **31 Week Session**

Start date: Sept. 2, 2006

End date: Mar. 31, 2007

- RecWare #: 1817.135

**Georgetown Recreation Center**

- Meeting time: Saturdays 3:30pm-5:30pm

### *Pen Pals Club*

Participants will write and communicate among their peers.

- Ages: 6-17yrs.

Fee: None

- **31 Week Session**

Start date: Aug. 28, 2006

End date: Mar. 28, 2007

- RecWare #: 1727.146

**Joseph H. Cole Recreation Center**

- Meeting time: Mondays & Wednesdays 5:30pm-6:30pm

### *Poetry Club*

Youth will receive the opportunity to express their emotions, and/or short stories in the art of poetry among their peers.

- Ages: 6-12yrs.

Fee: None

- **31 Week Session**

Start date: Aug. 28, 2006

End date: Mar. 26, 2007

- RecWare #: 1817.197

**Watkins Recreation Center**

- Meeting time: Mondays 5pm-6pm

### *Sister to Sister*

Young ladies will gather to learn etiquette, healthy nutrition, read books of interest and field trips

- Ages: 6-12yrs.

Fee: None

- **31 Week Session**

Start date: Sept. 1, 2006

End date: Mar. 30, 2007

- RecWare #: 1757.412

**Benning Park Community Center**

- Meeting time: Fridays 7pm-8:30pm

- RecWare #: 1757.413

**Benning Stoddard Community Center**

- Meeting time: Thursdays 5pm-7pm

- RecWare #: 1757.498

**Watts Branch Recreation Center**

- Meeting time: Tuesdays 5pm-8pm

## *Sophisticated Ladies*

The Sophisticated Ladies program is designed to provide inner city young ladies with the opportunity to learn life skills. The young ladies will participate in various personal enhancement workshops, cultural activities, as well as cultural enrichment trips.

● Ages: 6-15yrs.

Fee: None

### ● 31 Week Session

Start date: Sept. 1, 2006

End date: Mar. 30, 2007

● RecWare #: 1777.197

### **Watkins Recreation Center**

● Meeting time: Fridays 5pm-6pm

## *Super Duper Saving Club*

Learn valuable lessons on how to save-a-lot.

● Ages: 8-14yrs.

Fee: None

### ● 31 Week Session

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

● RecWare #: 1717.146

### **Joseph H. Cole Recreation Center**

● Meeting time: Mondays & Friday s  
4pm-5pm

## *Supreme Teens*

Teens meet to exchange ideas, plan workshops, attend cultural events participate in recreational activities, and engage in community service project.

● Ages: 6-12yrs.

Fee: None

### ● 31 Week Session

Start date: Aug. 29, 2006

End date: Mar. 30, 2007

● RecWare #: 1807.507

### **Bald Eagle Recreation Center**

● Meeting time: Tuesdays & Fridays  
6pm-7pm

● RecWare #: 1807.512

### **Benning Park Recreation Center**

● Meeting time: Thursdays 7pm-8:30pm

● RecWare #: 1807.513

### **Benning Stoddert Community Center**

● Meeting time: Fridays 6pm-8pm

● RecWare #: 1807.521

### **Douglass Community Center**

● Meeting time: Tuesdays & Thursdays  
6:30pm-8pm

● RecWare #: 1807.525

### **Edgewood Recreation Center**

● Meeting time: Fridays 7pm-8:45pm

● RecWare #: 1807.527

### **Emery Recreation Center**

● Meeting time: Wednesdays & Fridays  
6pm-7pm

● RecWare #: 1807.528

### **Ferebee Hope Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5:30pm-7:30pm

● RecWare #: 1807.529

### **Fort Davis Community Center**

● Meeting time: Fridays 6:30pm-7:30pm

● RecWare #: 1807.530

### **Fort Greble Recreation Center**

● Meeting time: Tuesdays & Fridays  
7pm-9pm

● RecWare #: 1807.532

### **Fort Stanton Community Center**

● Meeting time: Fridays 7pm-9pm

● RecWare #: 1807.537

### **Hamilton Recreation Center**

● Meeting time: Fridays 6pm-7:30pm

● RecWare #: 1807.539

### **Harrison Recreation Center**

● Meeting time: Fridays 7pm-8:45pm

● RecWare #: 1807.540

### **Harry Thomas Sr. Recreation Center**

● Meeting time: Wednesdays 6pm-7pm

● RecWare #: 1807.541

### **Hart Recreation Center**

● Meeting time: Tuesdays & Thursdays  
6:30pm-7:30pm

● RecWare #: 1807.542

### **Hearst Recreation Center**

● Meeting time: Wednesdays 7pm-8:30pm

● RecWare #: 1807.544

### **Hillcrest Recreation Center**

● Meeting time: Wednesdays 6pm-7pm

● RecWare #: 1807.546

### **Joseph H. Cole Recreation Center**

● Meeting time: Wednesdays  
6:30pm-7:30pm

● RecWare #: 1807.548

### **Kalorama Recreation Center**

● Meeting time: Wednesdays 7pm-8:45pm

● RecWare #: 1807.550

### **Kennedy Recreation Center**

● Meeting time: Fridays 6pm-7:30pm

● RecWare #: 1807.551

### **King Greenleaf Recreation Center**

● Meeting time: Tuesdays 6:30pm-8:30pm

- RecWare #: 1807.561  
**Marie H. Reed Recreation Center**  
● Meeting time: Fridays 6:30pm-8:30pm
- RecWare #: 1807.564  
**North Michigan Park Recreation Center**  
● Meeting time: Fridays 6:30pm-7:30pm
- RecWare #: 1807.565  
**Palisades Community Center**  
● Meeting time: Fridays 6pm-8:45pm
- RecWare #: 1807.567  
**Parkview Community Center**  
● Meeting time: Wednesdays & Fridays 7pm-8:45pm
- RecWare #: 1807.568  
**Payne Recreation Center**  
● Meeting time: Thursdays 7pm-8pm
- RecWare #: 1807.569  
**Petworth Recreation Center**  
● Meeting time: Tuesdays & Fridays 7pm-8pm
- RecWare #: 1807.573  
**Ridge Recreation Center**  
● Meeting time: Wednesdays 6:30pm-8pm
- RecWare #: 1807.574  
**Riggs- LaSalle Recreation Center**  
● Meeting time: Wednesdays 6:30pm-8pm
- RecWare #: 1807.576  
**Rosedale Recreation Center**  
● Meeting time: Thursdays 6pm-7:30pm
- RecWare #: 1807.577  
**Rudolph Recreation Center**  
● Meeting time: Thursdays 7pm-8pm
- RecWare #: 1807.581  
**Sherwood Recreation Center**  
● Meeting time: Fridays 6:30pm-7:30pm
- RecWare #: 1807.584  
**Stead Recreation Center**  
● Meeting time: Fridays 7pm-8pm
- RecWare #: 1807.585  
**Stoddert Recreation Center**  
● Meeting time: Fridays 4:30pm-5:30pm
- RecWare #: 1807.587  
**Taft Recreation Center**  
● Meeting time: Tuesdays & Thursdays 6:30pm-8:30pm
- RecWare #: 1807.592  
**Turkey Thicket Community Center**  
● Meeting time: Tuesdays & Thursdays 6:30pm-8pm

- RecWare #: 1807.595  
**Upshur Recreation Center**  
● Meeting time: Fridays 7pm-8:45pm
- RecWare #: 1807.598  
**Watts Branch Recreation Center**  
● Meeting time: Wednesdays 6pm-8pm

### *Young Ladies on the Rise*

Female participants engage in leisure, social, educational and community service experience.

- Ages: 6-18yrs.

Fee: None

#### ● 31 Week Session

Start date: Aug. 30, 2006

End date: Mar. 28, 2007

- RecWare #: 1797.118

#### **Congress Heights Recreation Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 1797.121

#### **Douglass Community Center**

- Meeting time: Thursdays 5pm-7pm

- RecWare #: 1797.125

#### **Edgewood Recreation Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 1797.127

#### **Emery Recreation Center**

- Meeting time: Mondays & Wednesdays 5:30pm-7:30pm

- RecWare #: 1797.129

#### **Fort Davis Community Center**

- Meeting time: Thursdays 5:30pm-7:30pm

- RecWare #: 1797.131

#### **Fort Lincoln Recreation Center**

- Meeting time: Fridays 5pm-6pm

- RecWare #: 1797.138

#### **Hardy Recreation Center**

- Meeting time: Wednesdays 5pm-6pm

- RecWare #: 1797.140

#### **Harry Thomas Sr. Recreation Center**

- Meeting time: Thursdays 5:30pm-8:30pm

- RecWare #: 1797.141

#### **Hart Recreation Center**

- Meeting time: Mondays & Wednesdays 5pm-6pm

- RecWare #: 1797.146

#### **Joseph H. Cole Recreation Center**

- Meeting time: Thursdays & Fridays 6pm-7:30pm

- RecWare #: 1797.147

### **Kelly Miller Recreation Center**

- Meeting time: Fridays  
6:30pm-8:30pm

- RecWare #: 1797.151

### **King Greenleaf Recreation Center**

- Meeting time: Thursdays  
5:30pm-6:30pm

- RecWare #: 1797.157

### **Macomb Recreation Center**

- Meeting time: Fridays  
4:30pm-5:30pm

- RecWare #: 1797.164

### **North Michigan Park Recreation Center**

- Meeting time: Thursdays 5pm-6pm

- RecWare #: 1797.168

### **Payne Recreation Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 1797.169

### **Petworth Recreation Center**

- Meeting time: Tuesdays 5:30pm-7:30pm

- RecWare #: 1797.181

### **Sherwood Recreation Center**

- Meeting time: Fridays 5pm-6pm

- RecWare #: 1797.184

### **Stead Recreation Center**

- Meeting time: Tuesdays 5pm-7pm

- RecWare #: 1797.187

### **Taft Recreation Center**

- Meeting time: Wednesdays 6pm-7:30pm

- RecWare #: 1797.188

### **Takoma Community Center**

- Meeting time: Tuesdays 6:30pm-7:30pm

- RecWare #: 1797.192

### **Turkey Thicket Community Center**

- Meeting time: Tuesdays & Thursdays  
5:15pm-6:30pm

## ***Out-of-School Enrichment A+ Reading and Writing***

The purpose of the A+ Reading and Writing program is to connect reading to writing, generate creative writing, improve writing skills, increase comprehension, and become an effective reader and writer.

- Ages: 9-17yrs.

Fee: None

## **● 17 Week Session**

Start date: Jan. 3, 2006

End date: Mar. 24, 2007

- RecWare #: 1007.283

### **Southeast Tennis & Learning Center**

- Meeting time: Tuesdays & Fridays  
5pm-6pm

## ***After-school Access***

Complete homework assignments with assistance from staff and certified volunteers, then join in the fun with recreation activities.

- Ages: 9-12yrs.

Fee: None

## **● 31 Week Session**

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 0017.104

### **Arboretum Recreation Center**

- Meeting time: Mondays through Fridays  
3:30pm-6pm

- RecWare #: 0017.107

### **Bald Eagle Recreation Center**

- RecWare #: 0017.111

### **Barry Farm Recreation Center**

- RecWare #: 0017.113

### **Benning Stoddert Community Center**

- RecWare #: 0017.114

### **Brentwood Recreation Center**

- RecWare #: 0017.118

### **Congress Heights Recreation Center**

- RecWare #: 0017.121

### **Douglass Community Center**

- RecWare #: 0017.125

### **Edgewood Recreation Center**

- RecWare #: 0017.127

### **Emery Recreation Center**

- RecWare #: 0017.128

### **Freebee Hope**

- RecWare #: 0017.129

### **Fort Davis Community Center**

- RecWare #: 0017.130

### **Fort Greble Recreation Center**

- RecWare #: 0017.131

### **Fort Lincoln Recreation Center**

● RecWare #: 0017.132  
**Fort Stanton Community Center**

● RecWare #: 0017.133  
**Fort Stevens Recreation Center**

● RecWare #: 0017.139  
**Harrison Recreation Center**

● RecWare #: 0017.141  
**Hart Recreation Center**

● RecWare #: 0017.142  
**Hearst Recreation Center**

● RecWare #: 0017.144  
**Hillcrest Recreation Center**

● RecWare #: 0017.148  
**Kalorama Recreation Center**

● RecWare #: 0017.154  
**Langdon Park Community Center**

● RecWare #: 0017.157  
**Macomb Recreation Center**

● RecWare #: 0017.164  
**North Michigan Park Recreation Center**

● RecWare #: 0017.165  
**Palisades Community Center**

● RecWare #: 0017.167  
**Parkview Community Center**

● RecWare #: 0017.168  
**Payne Recreation Center**

● RecWare #: 0017.169  
**Petworth Recreation Center**

● RecWare #: 0017.173  
**Ridge Recreation Center**

● RecWare #: 0017.174  
**Riggs- LaSalle Recreation Center**

● RecWare #: 0017.176  
**Rosedale Recreation Center**

● RecWare #: 0017.177  
**Rudolph Recreation Center**

● RecWare #: 0017.178  
**Savoy Recreation Center**

● RecWare #: 0017.181  
**Sherwood Recreation Center**

● RecWare #: 0017.184  
**Stead Recreation Center**

● RecWare #: 0017.185  
**Stoddert Recreation Center**

● RecWare #: 0017.188  
**Takoma Community Center**

● RecWare #: 0017.192  
**Turkey Thicket Community Center**

● RecWare #: 0017.195  
**Upshur Recreation Center**

● RecWare #: 0017.198  
**Watts Branch Recreation Center**

### *College Bound*

This academic mentoring program matches students with college volunteers to strengthen student's math, language arts and social skills.

● Ages: 13-17yrs.

Fee: None

● **31 Week Session**

Start date: Aug. 11, 2006

End date: Mar. 26, 2007

● RecWare #: 0017.181

**Sherwood Recreation Center**

● Meeting time: Mondays  
6:30pm-8:30pm



### *RecPrep Afterschool Enrichment*

Youth will receive assistance with homework and participate in various recreation activities.

● Ages: 6-12yrs.

Fee: \$75 per session

● **31 Week Session**

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

● RecWare #: 0017.197

**Watkins Recreation Center**

● Meeting time: Monday through Friday  
3:30pm-6pm

● RecWare #: 0017.161  
**Marie H. Reed Recreation Center**

# Aquatics

## *Aqua Aerobics - Deep Water*

Learn the ability to run and walk with a floatation device in deep water. This class promotes muscle strength, endurance and tone to large muscle groups. MUST be comfortable in deep water

- Ages: 18 and over
- Fee: DC Residents: \$25  
Non-Residents: \$50

- **Session 1** (8 Weeks)
- Registration date: July 18, 2006
- Start date: Aug. 1, 2006
- End date: Sept. 21, 2006
- RecWare #: 4007.988

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
11am-11:50am

## *Aqua Aerobics -Deep Water*

- Ages: 18 and over
- Fee: DC Residents: \$25  
Non-Residents: \$50

- **Session 2** (8 Week)
- Registration date: Sept. 22, 2006
- Start date: Oct. 3, 2006
- End date: Nov. 23, 2006
- RecWare #: 4037.988

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
11am-11:50am

## *Aqua Aerobics -Deep Water*

- Ages: 18 and over
- Fee: DC Residents: \$25  
Non-Residents: \$50

- **Session 3** (8 Weeks)
- Registration date: Nov. 24, 2006
- Start date: Dec. 5, 2006
- End date: Jan. 25, 2007
- RecWare #: 4057.988

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
11am-11:50am

## *Aqua Aerobics - Deep Water*

- **Session 3** (16 Weeks)
- Registration date: Dec. 22, 2006
- Start date: Jan. 6, 2007
- End date: Apr. 21, 2007
- RecWare #: 4056.999

### **William H. Rumsey Center**

- Meeting time: Saturdays 8am-9am



## *Aqua Aerobics - Senior Shallow Water*

- Ages: 55 and over
- Fee: DC Residents: \$25  
Non-Residents: \$50

- **Session 1** (8 Weeks)
- Registration date: Aug. 25, 2006
- Start date: Sept. 5, 2006
- End date: Oct. 26, 2006
- RecWare #: 5007.888

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
10am-11am

## *Aqua Aerobics - Senior Shallow Water*

- Ages: 55 and over
- Fee: DC Residents: \$25  
Non-Residents: \$50

- **Session 2** (8 Weeks)
- Registration date: Oct. 27, 2006
- Start date: Nov. 7, 2006
- End date: Dec. 28, 2006
- RecWare #: 5017.888

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
10am-10:50am

## *Aqua Aerobics - Senior Shallow Water*

This class promotes muscle strength, endurance and tones large muscle groups.

- Ages: 55 and over
- Fee: DC Residents: \$25  
Non-Residents: \$50

- **Session 3** (8 Weeks)
- Registration date: Dec. 29, 2006
- Start date: Jan. 9, 2007
- End date: Mar. 1, 2007
- RecWare #: 5036.888

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
10am-10:50am



### *Aqua Aerobics - Shallow Water*

- Registration date: Aug. 22, 2006
- Start date: Aug. 28, 2006
- End date: Oct. 4, 2006
- **Session1** (6 weeks)
- RecWare # 4007.992

#### **Turkey Thicket Aquatic Center**

- Meeting time: Mondays, Wednesdays & Fridays 10am-11am

- RecWare #: 4007.999

#### **William H. Rumsey Center**

- Meeting time: Mondays, Wednesdays & Fridays 9am-10am

### *Aqua Aerobics - Shallow Water*

This class promotes muscle strength, endurance and tones large muscle groups.

- Ages: 18yrs and over
- Fee: DC Residents: \$25
- Non-Residents: \$50

- **Session 1** (8 Weeks)
- Registration date: Aug. 22, 2006
- Start date: Aug. 30, 2006
- End date: Oct. 20, 2006
- RecWare #: 4017.988

#### **Takoma Aquatic Center**

- Meeting time: Wednesdays & Fridays 7pm-7:50pm

### *Aqua Aerobics - Shallow Water*

- **Session 1** (8 Weeks)
- Registration date: Sept. 29, 2006
- Start date: Oct. 10, 2006
- End date: Dec. 14, 2006
- RecWare #: 4017.999

#### **William H. Rumsey Center**

- Meeting time: Tuesdays & Thursdays 6:30pm-7:30pm

### *Aqua Aerobics - Shallow Water*

- **Session 2** (6 Weeks)
- Registration date: Oct. 5, 2006
- Start date: Oct. 11, 2006
- End date: Nov. 15, 2006
- RecWare #: 4017.992

#### **Turkey Thicket Aquatic Center**

- Meeting time: Mondays, Wednesdays & Fridays 10am-11am

- RecWare #: 4027.999

#### **William H. Rumsey Center**

- Meeting time: Mondays, Wednesdays & Fridays 9am-10am

### *Aqua Aerobics - Shallow Water*

- Ages: 18 and over
- Fee: DC Residents: \$25
- Non-Residents: \$50

#### **Session 2** (8 Weeks)

- Registration date: Oct. 21, 2006
- Start date: Nov. 1, 2006
- End date: Dec. 22, 2006
- RecWare #: 4047.988

#### **Takoma Aquatic Center**

- Meeting time: Wednesdays & Fridays 7pm-7:50pm

### *Aqua Aerobics - Shallow Water*

#### **Session 3** (6 Weeks)

- Registration date: Nov. 14, 2006
- Start date: Nov. 20, 2006
- End date: Dec. 27, 2006
- RecWare # 4027.992

#### **Turkey Thicket Aquatic Center**

- Meeting time: Mondays, Wednesdays & Fridays 10am-11am

- RecWare #: 4037.999

#### **William H. Rumsey Center**

- Meeting time: Mondays, Wednesdays & Fridays 9am-10am

### *Aqua Aerobics - Shallow Water*

This class promotes muscle strength, endurance and tones large muscle groups.

- Ages: 18 and over
- Fee: DC Residents: \$25
- Non-Residents: \$50

#### **Session 3** (8 Weeks)

- Registration date: Dec. 23, 2006
- Start date: Jan. 1, 2007
- End date: Feb. 23, 2007
- RecWare #: 4066.988

#### **Takoma Aquatic Center**

- Meeting time: Wednesdays & Fridays 7pm-7:50pm





### *Aqua Aerobics - Shallow Water*

#### **Session 3 (8 Weeks)**

- Registration date: Dec. 22, 2006

Start date: Jan. 2, 2007

End date: Feb. 22, 2007

- RecWare #: 4046.999

#### **William H. Rumsey Center**

- Meeting time: Tuesdays & Thursdays  
6:30pm-7:30pm

### *Aqua Aerobics - Shallow Water*

#### **Session 4 (6 Weeks)**

Registration date: Dec. 28, 2006

Start date: Jan. 3, 2007

End date: Feb. 7, 2007

- RecWare #: 4036.992

#### **Turkey Thicket Aquatic Center**

- Meeting time: Mondays, Wednesdays  
& Fridays 10am-11am

- RecWare #: 4066.999

#### **William H. Rumsey Center**

- Meeting time: Mondays, Wednesdays  
& Fridays 9am-10am

### *Aqua Aerobics - Shallow Water*

This class promotes muscle strength, endurance and tones large muscle groups.

- Ages: 18 and over

Fee: DC Residents: \$25

Non-Residents: \$50

#### **Session 4 (8 Weeks)**

Registration date: Feb. 24, 2007

Start date: Feb. 28, 2007

End date: Apr. 20, 2007

- RecWare #: 4076.988

#### **Takoma Aquatic Center**

- Meeting time: Wednesdays & Fridays  
7pm-7:50pm

### *Aqua Aerobics - Shallow Water*

This class promotes muscle strength, endurance and tones large muscle groups.

- Ages: 18 and over

Fee: DC Residents: \$25

Non-Residents: \$50

#### **Session 5 (6 Weeks)**

Registration date: Feb. 8, 2007

Start date: Feb. 12, 2007

End date: Mar. 19, 2007

- RecWare #: 4076.999

#### **William H. Rumsey Center**

- Meeting time: Mondays, Wednesdays  
& Fridays 9am-10am

- RecWare #: 4046.992

### **Turkey Thicket Aquatic Center**

- Meeting time: Mondays, Wednesdays  
& Fridays 10am-11am



### *Competitive Swim Team - Youth*

Advance level swimmers participate in local and national swim meets and competitions affiliated with USA Swimming. Prerequisite: Exit skills from Learn To Swim Level 5.

- Ages: 5 to 18yrs.

Fee: DC Residents: \$262

Non-Residents: \$262

#### **Year round**

● Registration date: Aug. 1, 2006

Start date: Aug. 28, 2006

End date: May 28, 2007

- Main practice sites:

- RecWare #: 4907.588

#### **William H. Rumsey Center**

- Meeting time: Mondays, Wednesdays  
& Fridays 5pm-7pm

#### **Takoma Aquatic Center**

- Meeting time: Monday through Friday  
5pm-7pm

### *Swim Team - Adult*

Advance level swimmers participate in local and national swim meets and competitions affiliated with USA Masters Swimming. Prerequisite:

Exit skills from Learn To Swim Level 5

- Ages: 18 and over

Fee: DC Residents: \$75 (Quarterly)

Non-Residents: \$100 (Quarterly)

#### **Year round**

● Registration date: Sept. 1, 2006

Start date: Oct. 1, 2006

End date: Aug. 23, 2007

- RecWare #: 4917.588

#### **Takoma Aquatic Center**

- Meeting time: Mondays, Tuesdays &  
Thursdays 7pm-8:30pm

### *Learn to Swim for Adults: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

● Ages: 18 and over

Fee: DC Residents: None

Non-Residents: \$26

● **Session 1** (4 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 4, 2006

End date: Sept. 27, 2006

● Meeting time: Mondays & Wednesdays  
7pm-7:30pm

● RecWare #: 4007.722

**Dunbar Aquatic Center**

● RecWare #: 4007.761

**Marie Reed Recreation Center**

● RecWare #: 4007.799

**William H. Rumsey Center**

● RecWare #: 4007.788

**Takoma Aquatic Center**

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

● RecWare #: 4007.792

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### *Learn to Swim for Adults: Level 2*

Prerequisite: Exit Skills from Level 1

● Ages: 18 and over

Fee: DC Residents: None

Non-Residents: \$26

● **Session 1** (4 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 4, 2006

End date: Sept. 27, 2006

● Meeting time: Mondays & Wednesdays  
7:30pm-8pm

● RecWare #: 4017.722

**Dunbar Aquatic Center**

● RecWare #: 4017.761

**Marie Reed Recreation Center**

● RecWare #: 4017.799

**William H. Rumsey Center**

● RecWare #: 4017.788

**Takoma Aquatic Center**

### *Learn to Swim for Adults: Level 2*

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

● RecWare #: 4017.792

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### *Learn to Swim for Adults: Level 3*

Enhances the swimming skills and builds on the skills covered in Level 2 through additional guided practice.

Prerequisite: Exit Skills from Level 2

● Ages: 18 and over

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 1** (4 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 4, 2006

End date: Sept. 27, 2006

● Meeting time: Mondays & Wednesdays  
8pm-8:45pm

● RecWare #: 4027.799

**William H. Rumsey Center**

● RecWare #: 4027.788

**Takoma Aquatic Center**

● RecWare #: 4027.792

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Adults: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills. Prerequisite: None

● Ages: 18 and over

Fee: DC Residents: None

Non-Residents: \$26

● **Session 2** (4 Weeks)

● Registration date: Sept. 29, 2006

Start date: Oct. 2, 2006

End date: Oct. 25, 2006

● Meeting time: Mondays & Wednesdays  
7pm-7:30pm

● RecWare #: 4027.722

**Dunbar Aquatic Center**

● RecWare #: 4027.761

**Marie Reed Recreation Center**

● RecWare #: 4037.799

**William H. Rumsey Center**

● RecWare #: 4037.788

**Takoma Aquatic Center**

- RecWare #: 4037.792  
**Turkey Thicket Aquatic Center**
- Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### *Learn to Swim for Adults: Level 2*

Prerequisite: Exit Skills from Level 1

- Ages: 18 and over
- Fee: DC Residents: None  
Non-Residents: \$26

- **Session 2** (4 Weeks)
- Registration date: Sept. 29, 2006
- Start date: Oct. 2, 2006
- End date: Oct. 25, 2006
- Meeting time: Mondays & Wednesdays  
7:30pm-8pm

- RecWare #: 4037.722  
**Dunbar Aquatic Center**

- RecWare #: 4137.761  
**Marie Reed Recreation Center**

- RecWare #: 4047.799  
**William H. Rumsey Center**

- RecWare #: 4047.788  
**Takoma Aquatic Center**

### *Learn to Swim for Adults: Level 2*

Start date: Oct. 3, 2006

End date: Oct. 26, 2006

- RecWare #: 4047.792  
**Turkey Thicket Aquatic Center**
- Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### *Learn to Swim for Adults: Level 3*

Prerequisite: Exit Skills from Level 2

- Ages: 18 and over
- Fee: DC Residents: \$30  
Non-Residents: \$40

- **Session 2** (4 Weeks)
- Registration date: Sept. 29, 2006
- Start date: Oct. 2, 2006
- End date: Oct. 25, 2006
- Meeting time: Mondays & Wednesdays  
8pm-8:45pm

- RecWare #: 4057.799  
**William H. Rumsey Center**

- RecWare #: 4057.788  
**Takoma Aquatic Center**

- RecWare #: 4057.792  
**Turkey Thicket Aquatic Center**

### *Learn to Swim for Adults: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills. Prerequisite: None

- Ages: 18 and over.
- Fee: DC Residents: None  
Non-Residents: \$26

- **Session 3** (4 Weeks)
- Registration date: Nov. 1, 2006
- Start date: Nov. 6, 2006
- End date: Nov. 29, 2006
- Meeting time: Mondays & Wednesdays  
7pm-7:30pm

- RecWare #: 4047.722  
**Dunbar Aquatic Center**

- RecWare #: 4037.761  
**Marie Reed Recreation Center**

- RecWare #: 4067.799  
**William H. Rumsey Center**

- RecWare #: 4067.788  
**Takoma Aquatic Center**

### *Learn to Swim for Adults: Level 1*

Start date: Nov. 7, 2006

End date: Nov. 30, 2006

- RecWare #: 4157.792  
**Turkey Thicket Aquatic Center**
- Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### *Learn to Swim for Adults: Level 2*

Prerequisite: Exit Skills from Level 1

- Ages: 18 and over
- Fee: DC Residents: None  
Non-Residents: \$26

- **Session 3** (4 Weeks)
- Registration date: Nov. 1, 2006
- Start date: Nov. 6, 2006
- End date: Nov. 29, 2006
- Meeting time: Mondays & Wednesdays  
7:30pm-8pm

- RecWare #: 4057.722  
**Dunbar Aquatic Center**

- RecWare #: 4057.761  
**Marie Reed Recreation Center**

- RecWare #: 4077.799  
**William H. Rumsey Center**

- RecWare #: 4077.788  
**Takoma Aquatic Center**

- RecWare #: 4067.792  
**Turkey Thicket Aquatic Center**
- Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### ***Learn to Swim for Adults: Level 3***

Prerequisite: Exit Skills from Level 2

- Ages: 18 and over

Fee: DC Residents: \$30

Non-Residents: \$40

- **Session 3** (4 Weeks)

- Registration date: Nov. 1, 2006

Start date: Nov. 6, 2006

End date: Nov. 29, 2006

- Meeting time: Mondays & Wednesdays  
8pm-8:45pm

- RecWare #: 4087.799

**William H. Rumsey Center**

- RecWare #: 4087.788

**Takoma Aquatic Center**

- RecWare #: 4077.792

**Turkey Thicket Aquatic Center**



### ***Learn to Swim for Adults: Level 1***

Prerequisite: None

- Ages: 18 and over

Fee: DC Residents: None

Non-Residents: \$26

- **Session 4** (4 Weeks)

- Registration date: Dec. 1, 2006

Start date: Dec. 4, 2006

End date: Dec. 27, 2006

- Meeting time: Mondays & Wednesdays  
7pm-7:30pm

- RecWare #: 4067.722

**Dunbar Aquatic Center**

- RecWare #: 4067.761

**Marie Reed Recreation Center**

- RecWare #: 4097.799

**William H. Rumsey Center**

- RecWare #: 4097.788

**Takoma Aquatic Center**

### ***Learn to Swim for Adults: Level 1***

Start date: Dec. 5, 2006

End date: Dec. 28, 2006

- RecWare #: 4087.792

**Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### ***Learn to Swim for Adults: Level 2***

Prerequisite: Exit Skills from Level 1

- Ages: 18 and over

Fee: DC Residents: None

Non-Residents: \$26

- **Session 4** (4 Weeks)

- Registration date: Dec. 1, 2006

Start date: Dec. 4, 2006

End date: Dec. 27, 2006

- Meeting time: Mondays & Wednesdays  
7:30pm-8pm

- RecWare #: 4077.722

**Dunbar Aquatic Center**

- RecWare # 4077.761

**Marie Reed Recreation Center**

- RecWare # 4107.799

**William H. Rumsey Center**

- RecWare # 4107.788

**Takoma Aquatic Center**

### ***Learn to Swim for Adults: Level 2***

Start date: Dec. 5, 2006

End date: Dec. 28, 2006

- RecWare #: 4097.792

**Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### ***Learn to Swim for Adults: Level 3***

Enhances the swimming skills and builds on the skills covered in Level 2 through additional guided practice.

Prerequisite: Exit Skills from Level 2

- Ages: 18 and over

Fee: DC Residents: \$30

Non-Residents: \$40

- **Session 4** (4 Weeks)

- Registration date: Dec. 1, 2006

Start date: Dec. 4, 2006

End date: Dec. 27, 2006

- Meeting time: Mondays & Wednesdays  
8pm-8:45pm

- RecWare # 4117.799

**William H. Rumsey Center**

- RecWare #: 4117.788

**Takoma Aquatic Center**

- RecWare #: 4107.792

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Adults: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

● Ages: 18 and over

Fee: DC Residents: None

Non-Residents: \$26

● **Session 5** (4 Weeks)

● Registration date: Dec. 29, 2006

Start date: Jan. 8, 2007

End date: Jan. 31, 2007

● Meeting time: Mondays & Wednesdays  
7pm-7:30pm

● RecWare #: 4086.722

**Dunbar Aquatic Center**

● RecWare #: 4086.761

**Marie Reed Recreation Center**

● RecWare #: 4126.799

**William H. Rumsey Center**

● RecWare #: 4126.788

**Takoma Aquatic Center**

### *Learn to Swim for Adults: Level 1*

Start date: Jan. 9, 2007

End date: Feb. 1, 2007

● RecWare #: 4116.792

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### *Learn to Swim for Adults: Level 2*

Prerequisite: Exit Skills from Level 1

● Ages: 18 and over

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 5** (4 Weeks)

● Registration date: Dec. 29, 2006

Start date: Jan. 8, 2007

End date: Jan. 31, 2007

● Meeting time: Mondays & Wednesdays  
7:30pm-8pm

● RecWare #: 4096.722

**Dunbar Aquatic Center**

● RecWare #: 4096.761

**Marie Reed Recreation Center**

● RecWare #: 4136.799

**William H. Rumsey Center**

● RecWare #: 4136.788

**Takoma Aquatic Center**

● RecWare #: 4126.792

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### *Learn to Swim for Adults: Level 3*

Enhances the swimming skills and builds on the skills covered in Level 2 through additional guided practice.

Prerequisite: Exit Skills from Level 2

● Ages: 18 and over

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 5** (4 Weeks)

● Registration date: Dec. 29, 2006

Start date: Jan. 8, 2007

End date: Jan. 31, 2007

● Meeting time: Mondays & Wednesdays  
8pm-8:45pm

● RecWare #: 4176.799

**William H. Rumsey Center**

● RecWare #: 4146.788

**Takoma Aquatic Center**

● RecWare #: 4136.792

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Adults: Level 1*

Prerequisite: None

● Ages: 18 and over

Fee: DC Residents: None

Non-Residents: \$26

● **Session 6:** 4 Weeks

Registration date: Jan. 26, 2007

Start date: Feb. 5, 2007

End date: Feb. 28, 2007

● RecWare #: 4106.722

**Dunbar Aquatic Center**

● Meeting time: Mondays & Wednesdays  
7pm-7:30pm

● RecWare #: 4106.761

**Marie Reed Recreation Center**

● RecWare #: 4166.799

**William H. Rumsey Center**

● RecWare #: 4156.788

**Takoma Aquatic Center**

### *Learn to Swim for Adults: Level 1*

Start date: Feb. 6, 2007

End date: Mar. 1, 2007

● RecWare #: 4146.792

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
7:15pm-7:45pm

### ***Learn to Swim for Adults: Level 2***

Builds on the skills in Level 1 through additional guided practice. Prerequisite: Exit Skills from Level 1

- Ages: 18 & over

Fee: DC Residents: None  
Non-Residents: \$26

#### **● Session 6 (4 Weeks)**

- Registration date: Jan. 26, 2007

Start date: Feb. 5, 2007

End date: Feb. 28, 2007

- RecWare #: 4116.722

#### **Dunbar Aquatic Center**

- Meeting time: Mondays & Wednesdays 7:30pm-8pm

- RecWare #: 4116.761

#### **Marie Reed Recreation Center**

- RecWare #: 4186.799

#### **William H. Rumsey Center**

- RecWare #: 4166.788

#### **Takoma Aquatic Center**

- RecWare #: 4156.792

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays 7:15pm-7:45pm

### ***Learn to Swim for Adults: Level 3***

Prerequisite: Exit Skills from Level 2

- Ages: 18 & over

Fee: DC Residents: \$30  
Non-Residents: \$40

#### **● Session 6 (4 Weeks)**

- Registration date: Jan. 26, 2007

Start date: Feb. 5, 2007

End date: Feb. 28, 2007

- Meeting time: Mondays & Wednesdays 8pm-8:45pm

- RecWare #: 4196.799

#### **William H. Rumsey Center**

- RecWare #: 4176.788

#### **Takoma Aquatic Center**

- RecWare #: 4166.792

#### **Turkey Thicket Aquatic Center**

### ***Learn to Swim for Adults: Level 1***

Helps students feel comfortable in the water while developing basic swimming and water safety skills. Prerequisite: None

- Ages: 18 & over

Fee: DC Residents: None  
Non-Residents: \$26

#### **● Session 7 (4 Weeks)**

- Registration date: Feb. 28, 2007

Start date: Mar. 5, 2007

End date: Mar. 28, 2007

- Meeting time: Mondays & Wednesdays 7pm-7:30pm

- RecWare #: 4126.722

#### **Dunbar Aquatic Center**

- RecWare #: 4126.761

#### **Marie Reed Recreation Center**

- RecWare #: 4146.799

#### **William H. Rumsey Center**

- RecWare #: 4186.788

#### **Takoma Aquatic Center**

### ***Learn to Swim for Adults: Level 1***

Start date: Mar. 6, 2007

End date: Mar. 29, 2007

- RecWare #: 4176.792

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays 7:15pm-7:45pm

### ***Learn to Swim for Adults: Level 2***

Prerequisite: Exit Skills from Level 1

- Ages: 18 & over

Fee: DC Residents: None

Non-Residents: \$26

#### **● Session 7 (4 Weeks)**

- Registration date: Feb. 28, 2007

Start date: Mar. 5, 2007

End date: Mar. 28, 2007

- Meeting time: Mondays & Wednesdays 7:30pm-8pm

- RecWare # 4136.722

#### **Dunbar Aquatic Center**

- RecWare # 4136.761

#### **Marie Reed Recreation Center**

- RecWare #: 4206.799

#### **William H. Rumsey Center**

- RecWare #: 4196.788

#### **Takoma Aquatic Center**

### ***Learn to Swim for Adults: Level 2***

Start date: Mar. 6, 2007

End date: Mar. 29, 2007

- RecWare #: 4186.792

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays 7:15pm-7:45pm



### *Learn to Swim for Adults: Level 2*

#### ● **Session 7** (8 Weeks)

Registration date: Feb. 28, 2007

Start date: Mar. 3, 2007

End date: Apr. 15, 2007

● Meeting time: Saturdays

11:45am-12:15pm

● RecWare #: 4216.799

**William H. Rumsey Center**

● RecWare #: 4206.788

**Takoma Aquatic Center**

● RecWare #: 4196.792

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Adults: Level 3*

Prerequisite: Exit Skills from Level 2

● Ages: 5 - 11yrs.

Fee DC Residents: None

Non-Residents: \$26

#### ● **Session 7** (4 Weeks)

● Registration date: Feb. 28, 2007

Start date: Mar. 5, 2007

End date: Mar. 28, 2007

● Meeting time: Mondays &

Wednesdays 8pm-8:45pm

● RecWare # 4156.799

**William H. Rumsey Center**

● RecWare # 4216.788

**Takoma Aquatic Center**

● RecWare # 4216.792

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Children: Level 1*

Prerequisite: None

Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### ● **Session 1** (4 Weeks)

Registration date: Aug. 28, 2006

Start date: Sep. 5, 2006

End date: Sep. 28, 2006

● Meeting time: Tuesdays & Thursdays

5pm-5:30pm

● RecWare #: 4007.422

**Dunbar Aquatic Center**

● RecWare #: 4007.461

**Marie Reed Recreation Center**

● RecWare #: 4007.488

**Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays

4:45pm-5:15pm

### *Learn to Swim for Children: Level 1*

Registration date: Aug. 28, 2006

#### ● **Session 1** (8 Weeks)

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

● Meeting time: Saturdays

10am-10:30am

● RecWare #: 4007.499

**William H. Rumsey Center**

● RecWare #: 4017.488

**Takoma Aquatic Center**

● RecWare #: 4007.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

10:15am-10:45am

● RecWare #: 4017.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

11am-11:30am

### *Learn to Swim for Children: Level 2*

Prerequisite: Exit Skills from Level 1

Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### ● **Session 1** (4 Weeks)

Registration date: Aug. 28, 2006

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

● Meeting time: Tuesdays & Thursdays

5pm-5:30pm

● RecWare #: 4017.422

**Dunbar Aquatic Center**

● RecWare #: 4017.461

**Marie Reed Recreation Center**

● RecWare #: 4027.488

**Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays

4:45pm-5:15pm

### *Learn to Swim for Children: Level 2*

Registration date: Aug. 28, 2006

#### ● **Session 1** (8 Weeks)

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

● Meeting time: Saturdays 10:30am-11am

● RecWare #: 4017.499

**William H. Rumsey Center**

● RecWare #: 4037.488

**Takoma Aquatic Center**

● RecWare #: 4047.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

10:15am-10:45am

● RecWare #: 4057.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays 11am-11:30am



### *Learn to Swim for Children: Level 3*

Prerequisite: Exit Skills from Level 2

● Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 1** (4 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

● Meeting time: Tuesdays & Thursdays

5:30pm-6:15pm

● RecWare #: 4027.422

**Dunbar Aquatic Center**

● RecWare # 4027.461

**Marie Reed Recreation Center**

### *Learn to Swim for Children: Level 3*

Registration date: Aug. 28, 2006

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

RecWare #: 4047.488

**Takoma Aquatic Center**

● Meeting time: Tuesdays &

Thursdays 5:45pm-6:30pm

● RecWare #: 4067.492

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesday & Thursday

5:45pm-6:30pm

### *Learn to Swim for Children: Level 3*

● **8 Weeks**

● Registration date: Aug. 28, 2006

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

● RecWare #: 4027.499

**William H. Rumsey Center**

● Meeting time: Saturdays

11pm-11:45pm

● RecWare #: 4057.488

**Takoma Aquatic Center**

● Meeting time: Saturdays

12:30pm-1:15pm

● RecWare #: 4077.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

12:30pm-1:15pm

● RecWare #: 4087.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

11am-11:30am

### *Learn to Swim for Children: Level 4*

Prerequisite: Exit Skills from Level 3

Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

**Session 1** (4 Weeks)

Registration date: Aug. 28, 2006

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

● Meeting time: Tuesdays & Thursdays

5:45pm-6:30pm

● RecWare #: 4067.488

**Takoma Aquatic Center**

● RecWare # 4097.492

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Children: Level 4*

● Registration date: Aug. 28, 2006

● **8 Weeks**

Start date: Sep. 9, 2006

End date: Oct. 28, 2006

● RecWare # 4037.499

**William H. Rumsey Center**

● Meeting time: Saturdays

1:45pm-12:30pm

● RecWare #: 4077.488

**Takoma Aquatic Center**

● Meeting time: Saturdays

1:30pm-2pm

● RecWare #: 4107.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

1:30pm-2pm

### *Learn to Swim for Children: Level 1*

Prerequisite: None

Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 2** (4 Weeks)

Registration date: Sept. 29, 2006

Start date: Oct. 5, 2006

End date: Oct. 31, 2006

● Meeting time: Tuesdays & Thursdays

5pm-5:30pm

● RecWare #: 4037.422

**Dunbar Aquatic Center**

● RecWare #: 4037.461

**Marie Reed Recreation Center**

● RecWare #: 4087.488

**Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays

4:45pm-5:15pm

### *Learn to Swim for Children: Level 2*

Prerequisite: Exit Skills from Level 1

- Ages: 5 - 11yrs.

Fee: DC Residents: None  
Non-Residents: \$26

#### ● **Session 2** (4 Weeks)

- Registration date: Sept. 29, 2006

Start date: Oct. 5, 2006

End date: Oct. 31, 2006

RecWare #: 4047.422

#### **Dunbar Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

● RecWare #: 4047.461

#### **Marie Reed Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

● RecWare #: 4097.488

#### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
4:45pm-5:15pm

### *Learn to Swim for Children: Level 3*

Prerequisite: Exit Skills from Level 2

Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 2** (4 Weeks)

Registration date: Sept. 29, 2006

Start date: Oct. 5, 2006

End date: Oct. 31, 2006

● RecWare #: 4057.422

#### **Dunbar Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:30pm-6:15pm

● RecWare #: 4057.461

#### **Marie Reed Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5:30pm-6:15pm

### *Learn to Swim for Children: Level 3*

- Registration date: Sept. 29, 2006

Start date: Oct. 5, 2006

End date: Oct. 31, 2006

● RecWare #: 4107.488

#### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

● RecWare #: 4117.492

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

### *Learn to Swim for Children: Level 4*

Prerequisite: Exit Skills from Level 3

- Ages: 5 - 11yrs.

Fee: DC Residents: \$30  
Non-Residents: \$40

#### **Session 2** (4 Weeks)

- Registration date: Sept. 29, 2006

Start date: Oct. 5, 2006

End date: Oct. 31, 2006

● RecWare #: 4117.488

#### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

● RecWare #: 4127.492

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm



### *Learn to Swim for Children: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

- Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 3** (4 Weeks)

- Registration date: Nov. 1, 2006

Start date: Nov. 7, 2006

End date: Nov. 30, 2006

● RecWare #: 4067.422

#### **Dunbar Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:pm-5:30pm

● RecWare #: 4067.461

#### **Marie Reed Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

● RecWare #: 4127.488

#### **Takoma Aquatic Center**

- Meeting time: Tuesday & Thursday  
4:45pm-5:15pm

### *Learn to Swim for Children: Level 1*

Registration date: Nov. 1, 2006

#### **Session 2** (8 Weeks)

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

● RecWare #: 4047.499

#### **William H. Rumsey Center**

● Meeting time: Saturdays

10am -10:30am

● RecWare #: 4137.488

#### **Takoma Aquatic Center**

● Meeting time: Saturdays

11am -11:30am

● RecWare #: 4137.492

#### **Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

10:15am-10:45am

● RecWare #: 4147.492

#### **Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

11:am-11:30am

### *Learn to Swim for Children: Level 2*

Builds on the skills in Level 1 through additional guided practice.

Prerequisite: Exit Skills from Level 1

● Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 3** (4 Weeks)

Registration date: Nov. 1, 2006

Start date: Nov. 7, 2006

End date: Nov. 30, 2006

● RecWare #: 4077.422

#### **Dunbar Aquatic Center**

● Meeting time: Tuesdays & Thursdays

5pm-5:30pm

● RecWare #: 4077.461

#### **Marie Reed Recreation Center**

● Meeting time: Tuesdays & Thursdays

5pm-5:30pm

● RecWare #: 4147.488

#### **Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays

4:45pm-5:15pm

### *Learn to Swim for Children: Level 2*

● Registration date: Nov. 1, 2006

#### **Session 3** (8 Weeks)

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

● RecWare #: 4057.499

#### **William H. Rumsey Center**

● Meeting time: Saturdays

10:30am-11am

● RecWare #: 4157.488

#### **Takoma Aquatic Center**

● Meeting time: Saturdays

11am-11:30am

● RecWare #: 4167.492

#### **Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

11am-11:30am

● RecWare #: 4157.492

#### **Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

10:15am-10:45am

### *Learn to Swim for Children: Level 3*

Enhances the swimming skills and builds on the skills covered in Level 2 through additional guided practice.

Prerequisite: Exit Skills from Level 2

Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 3** (4 Weeks)

● Registration date: Nov. 1, 2006

Start date: Nov. 7, 2006

End date: Nov. 30, 2006

● Meeting time: Tuesdays & Thursdays

5:30pm-6:15pm

● RecWare # 4087.422

#### **Dunbar Aquatic Center**

● RecWare #: 4087.461

#### **Marie Reed Recreation Center**

### *Learn to Swim for Children: Level 3*

● Registration date: Nov. 1, 2006

Start date: Nov. 6, 2006

End date: Nov. 29, 2006

● Meeting time: Tuesdays & Thursdays

5:45pm-6:30pm

● RecWare #: 4167.488

#### **Takoma Aquatic Center**

● RecWare #: 4177.492

#### **Turkey Thicket Aquatic Center**

### *Learn to Swim for Children: Level 3*

- Registration date: Nov. 1, 2006
- **Session 3** (8 Weeks)
- Start date: Nov. 4, 2006
- End date: Dec. 23, 2006
- RecWare #: 4067.499
- **William H. Rumsey Center**
- Meeting time: Saturdays
- 11am-11:45am

- RecWare #: 4177.488
- **Takoma Aquatic Center**
- Meeting time: Saturdays
- 11:45am-12:30am

- RecWare #: 4187.492
- **Turkey Thicket Aquatic Center**
- Meeting time: Saturdays
- 11:45am-12:30am

### *Learn to Swim for Children: Level 4*

Prerequisite: Exit Skills from Level 3

- Ages: 5 - 11yrs.

Fee: DC Residents: \$30  
Non-Residents: \$40

- **Session 3** (4 Weeks)
- Registration date: Nov. 1, 2006
- Start date: Nov. 7, 2006
- End date: Nov. 30, 2006
- Meeting time: Tuesdays & Thursdays
- 5:45pm-6:30pm
- RecWare #: 4187.488
- **Takoma Aquatic Center**

- RecWare #: 4197.492
- **Turkey Thicket Aquatic Center**

### *Learn to Swim for Children: Level 4*

Registration date: Nov. 1, 2006

- **Session 3** (8 Weeks)

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

- RecWare # 4077.499

- **William H. Rumsey Center**

- Meeting time: Saturdays
- 11:45am-12:30am

- RecWare #: 4197.488
- **Takoma Aquatic Center**

- RecWare #: 4207.492
- **Turkey Thicket Aquatic Center**

### *Learn to Swim for Children: Level 1*

Prerequisite: None

- Ages: 5 - 11yrs.

Fee: DC Residents: None  
Non-Residents: \$26

- **Session 4** (4 Weeks)
- Registration date: Dec. 1, 2006
- Start date: Dec. 5, 2006

End date: Dec. 28, 2006

- Meeting time: Tuesdays & Thursdays
- 5pm-5:30pm

- RecWare #: 4097.422

- **Dunbar Aquatic Center**

- RecWare #: 4097.461
- **Marie Reed Recreation Center**

- RecWare #: 4197.488
- **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays
- 4:45pm-5:15pm

### *Learn to Swim for Children: Level 2*

Builds on the skills in Level 1 through additional guided practice.

Prerequisite: Exit Skills from Level 1

- Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

- **Session 4** (4 Weeks)

- Registration date: Dec. 1, 2006

Start date: Dec. 5, 2006

End date: Dec. 28, 2006

- Meeting time: Tuesdays & Thursdays
- 5pm-5:30pm

- RecWare #: 4107.422

- **Dunbar Aquatic Center**

- RecWare #: 4107.461
- **Marie Reed Recreation Center**

- RecWare #: 4207.488
- **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays
- 4:45pm-5:15pm

### *Learn to Swim for Children: Level 3*

Enhances the swimming skills and builds on the skills covered in Level 2 through additional guided practice.

Prerequisite: Exit Skills from Level 2

- Ages: 5 - 11yrs

Fee: DC Residents: \$30

Non-Residents: \$40

- **Session 4** (4 Weeks)

- Registration date: Dec. 1, 2006

Start date: Dec. 5, 2006

End date: Dec. 28, 2006

- RecWare #: 4117.422

- **Dunbar Aquatic Center**

- Meeting time: Tuesdays & Thursdays
- 5:30pm-6:15pm

- RecWare #: 4117.461

- **Marie Reed Recreation Center**

- Meeting time: Tuesdays & Thursdays
- 5:30pm-6:15pm

### *Learn to Swim for Children: Level 3*

- Registration date: Dec. 1, 2006

Start date: Dec. 5, 2006

End date: Dec. 28, 2006

- RecWare # 4206.488

#### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

- RecWare #: 4217.492

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

### *Learn to Swim for Children: Level 4*

Enhances the swimming skills and builds on the skills covered in Level 3 through additional guided practice.

Prerequisite: Exit Skills from Level 3

Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 4 (4 Weeks)**

Registration date: Dec. 1, 2006

Start date: Dec. 5, 2006

End date: Dec. 28, 2006

- RecWare #: 4397.488

#### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

- RecWare #: 4227.492

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

### *Learn to Swim for Children: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

- Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 5 (4 Weeks)**

● Registration date: Dec. 29, 2006

Start date: Jan. 2, 2007

End date: Jan. 25, 2007

- RecWare #: 4126.422

#### **Dunbar Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

- RecWare #: 4126.461

#### **Marie Reed Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

- RecWare #: 4206.488

#### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
4:45pm-5:15pm

### *Learn to Swim for Children: Level 1*

- Registration date: Dec. 29, 2006

#### **Session 5 (8 Weeks)**

Start date: Jan. 2, 2007

End date: Feb. 24, 2007

- RecWare # 4086.499

#### **William H. Rumsey Center**

- Meeting time: Saturdays  
10am-10:30am

- RecWare #: 4216.488

#### **Takoma Aquatic Center**

- Meeting time: Saturdays  
11am-11:30am

- RecWare #: 4236.492

#### **Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
10:15am-10:45am

- RecWare #: 4246.492

#### **Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
11am-11:30am

### *Learn to Swim for Children: Level 2*

Builds on the skills in Level 1 through additional guided practice.

Prerequisite: Exit Skills from Level 1

- Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 5 (4 Weeks)**

● Registration date: Dec. 29, 2006

Start date: Jan. 2, 2007

End date: Jan. 25, 2007

- Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

- RecWare #: 4136.422

#### **Dunbar Aquatic Center**

- RecWare #: 4136.461

#### **Marie Reed Recreation Center**

- RecWare #: 4216.488

#### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
4:45pm-5:15pm

### *Learn to Swim for Children: Level 2*

Registration date: Dec. 29, 2006

#### ● 8 Weeks

Start date: Jan. 6, 2007

End date: Feb. 24, 2007

● RecWare #: 4096.499

**William H. Rumsey Center**

● Meeting time: Saturdays

10:30am-11am

● RecWare #: 4226.488

**Takoma Aquatic Center**

● Meeting time: Saturdays

11am-11:30am

● RecWare #: 4256.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

10:15am-10:45am

● RecWare # 4266.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

11am-11:30am

### *Learn to Swim for Children: Level 3*

Prerequisite: Exit Skills from Level 2

● Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 5 (4 Weeks)**

● Registration date: Dec. 29, 2006

Start date: Jan. 2, 2007

End date: Jan. 25, 2007

● RecWare #: 4146.422

**Dunbar Aquatic Center**

● Meeting time: Tuesdays & Thursdays

5:30pm-6:15pm

● RecWare #: 4146.461

**Marie Reed Recreation Center**

● Meeting time: Tuesdays & Thursdays

5:30pm-6:15pm

### *Learn to Swim for Children: Level 3*

● Registration date: Dec. 29, 2006

Start date: Jan. 2, 2007

End date: Jan. 25, 2007

● RecWare # 4236.488

**Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays

5:45pm-6:30pm

● RecWare #: 4276.492

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays

5:45pm-6:30pm

### *Learn to Swim for Children: Level 3*

● Registration date: Dec. 29, 2006

#### ● 8 Weeks

Start date: Jan. 6, 2007

End date: Feb. 24, 2007

● RecWare #: 4106.499

**William H. Rumsey Center**

● Meeting time: Saturdays

11am-11:45am

● RecWare #: 4246.488

**Takoma Aquatic Center**

● Meeting time: Saturdays

11:45am-12:30am

● RecWare #: 4286.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

10:15am-10:45am

### *Learn to Swim for Children: Level 4*

Prerequisite: Exit Skills from Level 3

● Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 5 (4 Weeks)**

● Registration date: Dec. 29, 2006

Start date: Jan. 2, 2007

End date: Jan. 25, 2007

● Meeting time: Tuesdays & Thursdays

5:45pm-6:30pm

● RecWare #: 4256.488

**Takoma Aquatic Center**

● RecWare #: 4296.492

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Children: Level 4*

Registration date: Dec. 29, 2006

● **Session 5 (8 Weeks)**

Start date: Jan. 6, 2007

End date: Feb. 24, 2007

● RecWare # 4117.499

**William H. Rumsey Center**

● Meeting time: Saturdays

11:45am-12:30am

● RecWare #: 4266.488

**Takoma Aquatic Center**

● Meeting time: Saturdays

11:45am-12:30am

● RecWare #: 4306.492

**Turkey Thicket Aquatic Center**

● Meeting time: Saturdays

11:45am-12:30am



### *Learn to Swim for Children: Level 1*

Prerequisite: None

● Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 6 (4 Weeks)**

● Registration date: Jan. 26, 2007

Start date: Feb. 1, 2007

End date: Feb. 27, 2007

● RecWare #: 4156.422

#### **Dunbar Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

● RecWare #: 4156.461

#### **Marie Reed Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

● RecWare #: 4276.488

#### **Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
4:45pm-5:15pm

### *Learn to Swim for Children: Level 2*

Prerequisite: Exit Skills from Level 1

● Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26.

#### **Session 6 (4 Weeks)**

● Registration date: Jan. 26, 2007

Start date: Feb. 1, 2007

End date: Feb. 27, 2007

● RecWare #: 4166.422

#### **Dunbar Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

● RecWare #: 4166.461

#### **Marie Reed Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

● RecWare #: 4286.488

#### **Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
4:45pm-5:15pm

### *Learn to Swim for Children: Level 3*

Prerequisite: Exit Skills from Level 2

● Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 6 (4 Weeks)**

● Registration date: Jan. 26, 2007

Start date: Feb. 1, 2007

End date: Feb. 27, 2007

● RecWare #: 4176.422

### **Dunbar Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
5:30pm-6:15pm

● RecWare #: 4176.461

#### **Marie Reed Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5:30pm-6:15pm

### *Learn to Swim for Children: Level 3*

● Registration date: Jan. 26, 2007

Start date: Feb. 1, 2007

End date: Feb. 27, 2007

● RecWare # 4296.488

#### **Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

● RecWare #: 4316.492

#### **Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

### *Learn to Swim for Children: Level 4*

Prerequisite: Exit Skills from Level 3

● Ages: 5 - 11yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 6 (4 Weeks)**

● Registration date: Jan. 26, 2007

Start date: Feb. 1, 2007

End date: Feb. 27, 2007

● RecWare # 4306.488

#### **Takoma Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

● RecWare #: 4326.492

#### **Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

### *Learn to Swim for Children: Level 1*

Prerequisite: None

● Ages: 5 - 11yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 7 (4 Weeks)**

● Registration date: Feb. 28, 2007

Start date: Mar. 6, 2007

End date: Mar. 29, 2007

● Meeting time: Tuesdays & Thursdays  
5pm-5:30pm

● RecWare #: 4186.422

#### **Dunbar Aquatic Center**

● RecWare #: 4186.461

#### **Marie Reed Recreation Center**



- RecWare #: 4316.488  
**Takoma Aquatic Center**
- Meeting time: Tuesdays & Thursdays  
4:45pm-5:15pm

### *Learn to Swim for Children: Level 1*

Registration date: Feb. 28, 2007

#### **Session 7 (8 Weeks)**

Start date: Mar. 3, 2007

End date: Apr. 14, 2007

- RecWare #: 4126.499  
**William H. Rumsey Center**
- Meeting time: Saturdays 10am-10:30am

- RecWare #: 4326.488  
**Takoma Aquatic Center**
- Meeting time: Saturdays 11am-11:30am

- RecWare #: 4336.492  
**Turkey Thicket Aquatic Center**
- Meeting time: Saturdays 10:15am-10:45am

- RecWare #: 4346.492  
**Turkey Thicket Aquatic Center**
- Meeting time: Saturdays 11am-11:30am

### *Learn to Swim for Children: Level 2*

Prerequisite: Exit Skills from Level 1

- Ages: 5 - 11yrs.
- Fee: DC Residents: None  
Non-Residents: \$26

- **Session 7 (4 Weeks)**
- Registration date: Feb. 28, 2007
- Start date: Mar. 6, 2007
- End date: Mar. 29, 2007
- Meeting time: Tuesdays & Thursdays  
5pm-5:30pm
- RecWare #: 4196.422  
**Dunbar Aquatic Center**

- RecWare #: 4196.461  
**Marie Reed Recreation Center**

- RecWare #4336.488  
**Takoma Aquatic Center**
- Meeting time: Tuesdays & Thursdays  
4:45pm-5:15pm

### *Learn to Swim for Children: Level 2*

Registration date: Feb. 28, 2007

#### **Session 7 (8 Weeks)**

Start date: Mar. 3, 2007

End date: Apr. 14, 2007

- RecWare #: 4136.499  
**William H. Rumsey Center**
- Meeting time: Saturdays  
10:30am-11am

- RecWare #: 4346.488  
**Takoma Aquatic Center**
- Meeting time: Saturdays 11am-11:30am

- RecWare #: 4356.492  
**Turkey Thicket Aquatic Center**
- Meeting time: Saturdays  
10:15am-10:45am

- RecWare #: 4366.492  
**Turkey Thicket Aquatic Center**
- Meeting time: Saturdays 11am-11:30am

### *Learn to Swim for Children: Level 3*

Prerequisite: Exit Skills from Level 2

- Ages: 5 - 11yrs.
- Fee: DC Residents: \$30  
Non-Residents: \$40

- **Session 7 (4 Weeks)**
- Registration date: Feb. 28, 2007
- Start date: Mar. 6, 2007
- End date: Mar. 29, 2007
- Meeting time: Tuesdays & Thursdays  
5:30pm-6:15pm
- RecWare #: 4206.422  
**Dunbar Aquatic Center**

- RecWare #: 4206.461  
**Marie Reed Recreation Center**

- RecWare #: 4356.488  
**Takoma Aquatic Center**
- Meeting time: 5:45pm-6:30pm

- RecWare #: 4376.492  
**Turkey Thicket Aquatic Center**
- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

### *Learn to Swim for Children: Level 3*

● Registration date: Feb. 28, 2007

#### **8 Weeks**

Start date: Mar. 3, 2007

End date: Apr. 15, 2007

- RecWare #: 4146.499  
**William H. Rumsey Center**
- Meeting time: Saturdays  
11am-11:45am

- RecWare #: 4366.488  
**Takoma Aquatic Center**
- Meeting time: Saturdays  
11:45am-12:30am

- RecWare #: 4386.492  
**Turkey Thicket Aquatic Center**
- Meeting time: Saturdays  
11:45am-12:30am

### *Learn to Swim for Children: Level 4*

Prerequisite: Exit Skills from Level 3

- Ages: 5 - 11yrs.

Fee: DC Residents: \$30  
Non-Residents: \$40

- **Session 7** (4 Weeks)

- Registration date: Feb. 28, 2007

Start date: Mar. 6, 2007

End date: Mar. 29, 2007

- Meeting time: Tuesdays & Thursdays  
5:45pm-6:30pm

- RecWare #: 4376.488

**Takoma Aquatic Center**

- RecWare #: 4396.492

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Children: Level 4*

- Registration date: Feb. 28, 2007

- **Session 7** (8 Weeks)

Start date: Mar. 3, 2007

End date: Apr. 14, 2007

- Meeting time: Saturdays  
11:45am-12:30am

- RecWare #: 4156.499

**William H. Rumsey Center**

- RecWare #: 4386.488

**Takoma Aquatic Center**

- RecWare #: 4407.492

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Parent and Child (A)*

Build swimming readiness for young children by emphasizing fun in the water.

Parent and their children will participate in guided practice sessions that help children learn basic skills: bubble blowing, front kicking, back floating, under water exploration and more.

- Ages: 6 mths - 1yrs. and 11 mths.

Fee: DC Residents: \$20

Non-Residents: \$26

- **Session 1** (8 Weeks)

- Registration date: Aug. 28, 2006

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

- Meeting time: Saturdays  
9:30am-10am

- RecWare #: 4007.099

**William H. Rumsey Center**

- RecWare #: 4007.088

**Takoma Aquatic Center**

- RecWare #: 4007.092

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Parent and Child (B)*

Build swimming readiness for young children by emphasizing fun in the water.

Parent and their children will participate in guided practice sessions that help children learn basic skills: bubble blowing, front kicking, back floating, under water exploration and more.

- Ages: 2 yrs. - 4 yrs. and 11 mths.

Fee: DC Residents: \$20

Non-Residents: \$26

- **Session 1** (8 Weeks)

- Registration date: Aug. 28, 2006

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

- RecWare #: 4017.099

**William H. Rumsey Center**

- Meeting time: Saturdays  
10am-10:30am

- RecWare #: 4017.088

**Takoma Aquatic Center**

- Meeting time: Saturdays  
10:15am-10:45am

- RecWare #: 4017.092

**Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
11am-11:30am

### *Learn to Swim for Parent and Child (A)*

- Ages: 6 mths. - 1 yrs. and 11 mths.

Fee: DC Residents: \$20

Non-Residents: \$26

- **Session 2** (8 Weeks)

- Registration date: Nov. 1, 2006

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

- Meeting time: Saturdays  
9:30am-10am

- RecWare #: 4027.099

**William H. Rumsey Center**

- RecWare #: 4027.088

**Takoma Aquatic Center**

- RecWare #: 4027.092

**Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
10:15am-10:45am

### *Learn to Swim for Parent and Child (B)*

- Ages: 2 yrs. - 4 yrs. and 11 mths.

Fee: DC Residents: \$20

Non-Residents: \$26

- **Session 2** (8 Weeks)

- Registration date: Nov. 1, 2006

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

- RecWare # 4037.099

**William H. Rumsey Center**

- Meeting time: Saturdays  
10am-10:30am

- RecWare #: 4037.088

**Takoma Aquatic Center**

- Meeting time: Saturdays  
10:15am-10:45am

- RecWare #: 4037.092

**Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
11am-11:30am

### *Learn to Swim for Parent and Child (A)*

- Ages: 6 mths. - 1 yrs. and 11 mths.

Fee: D C Residents: \$20

Non-Residents: \$26

- **Session 3** (8 Weeks)

- Registration date: Dec. 29, 2006

Start date: Jan. 6, 2007

End date: Feb. 24, 2007

- Meeting time: Saturdays 9:30am-10am

- RecWare #: 4046.099

**William H. Rumsey Center**

- RecWare #: 4046.088

**Takoma Aquatic Center**

- RecWare #: 4046.092

**Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
10:15am-10:45am

### *Learn to Swim for Parent and Child (B)*

- Ages: 2 yrs. - 4 yrs. and 11mths.

Fee: DC Residents: \$20

Non-Residents: \$26

- **Session 3** (8 Weeks)

- Registration date: Dec. 29, 2006

Start date: Jan. 6, 2007

End date: Feb. 24, 2007

- RecWare #: 4056.099

**William H. Rumsey Center**

- Meeting time: Saturdays  
10am-10:30am

- RecWare #: 4056.088

**Takoma Aquatic Center**

- Meeting time: Saturdays  
10:15am-10:45am

- RecWare #: 4056.092

**Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
11am-11:30am

### *Learn to Swim for Parent and Child (A)*

- Ages: 6 mths. - 1yrs. and 11 mths.

Fee: DC Residents: \$20

Non-Residents: \$26

- **Session 4** (8 Weeks)

- Registration date: Feb. 28, 2007

Start date: Mar. 3, 2007

End date: Apr. 21, 2007

- Meeting time: Saturdays  
9:30am -10am

- RecWare #: 4066.099

**William H. Rumsey Center**

- RecWare #: 4066.088

**Takoma Aquatic Center**

- RecWare #: 4066.092

**Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
10:15am -10:45am

### *Learn to Swim for Parent and Child (B)*

- Ages: 2 yrs. - 4 yrs. and 11 mths.

Fee: DC Residents: \$20

Non-Residents: \$26

- **Session 4** (8 Weeks)

- Registration date: Feb. 28, 2007

Start date: Mar. 3, 2007

End date: Apr. 21, 2007

- RecWare #: 4076.099

**William H. Rumsey Center**

- Meeting time: Saturdays  
10am-10:30am

- RecWare #: 4076.088

**Takoma Aquatic Center**

- Meeting time: Saturdays  
10:15am-10:45am

- RecWare #: 4076.092

**Turkey Thicket Aquatic Center**

- Meeting time: Saturdays  
11am-11:30am

### *Learn to Swim for Youth: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills. Prerequisite: None

● Ages: 12 - 17yrs.

Fee: DC Residents: None  
Non-Residents: \$26

● **Session 1** (4 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 4, 2006

End date: Sept. 27, 2006

● Meeting time: Mondays & Wednesdays  
5pm-5:30pm

● RecWare #: 4007.522

**Dunbar Aquatic Center**

● RecWare #: 4007.561

**Marie Reed Recreation Center**

● RecWare #: 4007.588

**Takoma Aquatic Center**

● Meeting time: Mondays & Wednesdays  
4:45pm-5:15pm

### *Learn to Swim for Youth: Level 1*

● Registration date: Aug. 28, 2006

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

● RecWare #: 4007.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
6:30pm-7pm

### *Learn to Swim for Youth: Level 1*

● **Session 1** (8 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

● RecWare #: 4007.599

**William H. Rumsey Center**

● Meeting time: Saturdays  
10am-10:30pm

● RecWare #: 4017.588

**Takoma Aquatic Center**

● Meeting time: Saturdays  
11:45am-12:15pm

### *Learn to Swim for Youth: Level 2*

Builds on the skills in Level 1 through additional guided practice.

Prerequisite: Exit Skills from Level 1

● Ages: 12 - 17yrs.

Fee: DC Residents: None  
Non-Residents: \$26

● **Session 1** (4 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 4, 2006

End date: Sept. 27, 2006

● Meeting time: Mondays & Wednesdays  
5pm-5:30pm

● RecWare #: 4017.522

**Dunbar Aquatic Center**

● RecWare #: 4017.561

**Marie Reed Recreation Center**

● RecWare #: 4027.588

**Takoma Aquatic Center**

● Meeting time: Mondays & Wednesdays  
4:45pm-5:15pm

### *Learn to Swim for Youth: Level 1*

● Registration date: Aug. 28, 2006

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

● RecWare #: 4026.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
6:30pm-7pm



### *Learn to Swim for Youth: Level 2*

Registration date: Aug. 28, 2006

● **Session 1** (8 Weeks)

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

● RecWare #: 4017.599

**William H. Rumsey Center**

● Meeting time: Saturdays  
10:30am-11pm

● RecWare #: 4037.588

**Takoma Aquatic Center**

● Meeting time: Saturdays  
11:45am-12:15pm



### ***Learn to Swim for Youth: Level 3***

Enhances the swimming skills and builds on the skills covered in Level 2 through additional guided practice.

Prerequisite: Exit Skills from Level 2

● Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 1** (4 Weeks)

Registration date: Aug. 28, 2006

Start date: Sept. 4, 2006

End date: Sept. 27, 2006

● RecWare #: 4027.522

**Dunbar Aquatic Center**

● Meeting time: Mondays &

Wednesdays 5:30pm-6:15pm

● RecWare #: 4027.561

**Marie Reed Recreation Center**

● RecWare #: 4047.588

**Takoma Aquatic Center**

● Meeting time: Mondays &

Wednesdays 5:45pm-6:30pm

● RecWare #: 4047.592

**Turkey Thicket Aquatic Center**

### ***Learn to Swim for Youth: Level 3***

**Session 1** (8 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 9, 2006

End date: Oct. 28, 2006

● RecWare #: 4027.599

**William H. Rumsey Center**

● Meeting time: Saturdays

11pm-11:45pm

● RecWare #: 4057.588

**Takoma Aquatic Center**

● Meeting time: Saturdays

12:30pm-1:15pm

### ***Learn to Swim for Youth: Level 4***

Enhances the swimming skills and builds on the skills covered in Level 3 through additional guided practice.

Prerequisite: Exit Skills from Level 3

● Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 1** (4 Weeks)

● Registration date: Aug. 28, 2006

Start date: Sept. 5, 2006

End date: Sept. 28, 2006

● Meeting time: Mondays & Wednesdays  
5:45pm-6:30pm

● RecWare #: 4067.588

**Takoma Aquatic Center**

● RecWare #: 4067.592

**Turkey Thicket Aquatic Center**

### ***Learn to Swim for Youth: Level 1***

Helps students feel comfortable in the water while developing basic swimming and water safety skills. Prerequisite: None

● Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 2** (4 Weeks)

● Registration date: Sept. 29, 2006

Start date: Oct. 2, 2006

End date: Oct. 25, 2006

● Meeting time: Mondays &  
Wednesdays 5pm-5:30pm

● RecWare #: 4037.522

**Dunbar Aquatic Center**

● RecWare #: 4037.561

**Marie Reed Recreation Center**

● RecWare #: 4077.588

**Takoma Aquatic Center**

● Meeting time: Mondays & Wednesdays  
4:45pm-5:15pm

### ***Learn to Swim for Youth: Level 1***

● Registration date: Sept. 29, 2006

Start date: Oct. 3, 2006

End date: Oct. 26, 2006

● RecWare #: 4077.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays  
6:30pm-7pm

### *Learn to Swim for Youth: Level 2*

Builds on the skills in Level 1 through additional guided practice.

Prerequisite: Exit Skills from Level 1

● Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 2** (4 Weeks)

● Registration date: Sept. 29, 2006

Start date: Oct. 2, 2006

End date: Oct. 25, 2006

● RecWare # 4047.522

**Dunbar Aquatic Center**

● Meeting time: Mondays & Wednesdays

5pm-5:30pm

● RecWare # 4047.561

**Marie Reed Recreation Center**

● RecWare # 4087.588

**Takoma Aquatic Center**

● Meeting time: Mondays & Wednesdays

4:45pm-5:15pm

### *Learn to Swim for Youth: Level 2*

● Registration date: Sept. 29, 2006

Start date: Oct. 3, 2006

End date: Oct. 26, 2006

● RecWare # 4087.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays

6:30pm-7pm

### *Learn to Swim for Youth: Level 3*

Enhances the swimming skills and builds on the skills covered in Level 2 through additional guided practice.

Prerequisite: Exit Skills from Level 2

● Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 2** (4 Weeks)

● Registration date: Sept. 29, 2006

Start date: Oct. 2, 2006

End date: Oct. 25, 2006

● RecWare # 4057.522

**Dunbar Aquatic Center**

● Meeting time: Mondays & Wednesdays

5:30pm-6:15pm

● RecWare # 4057.561

**Marie Reed Recreation Center**

● RecWare # 4097.588

**Takoma Aquatic Center**

● Meeting time: Mondays & Wednesdays

5:45pm-6:30pm

● RecWare # 4097.592

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 4*

Enhances the swimming skills and builds on the skills covered in Level 3 through additional guided practice.

Prerequisite: Exit Skills from Level 3

● Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 2** (4 Weeks)

● Registration date: Sept. 29, 2006

Start date: Oct. 2, 2006

End date: Oct. 25, 2006

● RecWare # 4107.588

**Takoma Aquatic Center**

● Meeting time: Mondays & Wednesdays

5:45pm-6:30pm

RecWare # 4107.592

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

● Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 3** (4 Weeks)

● Registration date: Nov. 1, 2006

Start date: Nov. 6, 2006

End date: Nov. 29, 2006

● Meeting time: Mondays & Wednesdays

5pm-5:30pm

● RecWare # 4057.522

**Dunbar Aquatic Center**

● RecWare # 4067.561

**Marie Reed Recreation Center**

● RecWare # 4117.588

**Takoma Aquatic Center**

● Meeting time: Mondays &

Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 2*

● Registration date: Nov. 1, 2006

Start date: Nov. 7, 2006

End date: Nov. 30, 2006

● RecWare # 4117.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays

6:30pm-7pm



### *Learn to Swim for Youth: Level 1*

- **Session 3** (8 Weeks)

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

- Registration date: Nov. 1, 2006

- Meeting time: Saturdays

10am-10:30pm

- RecWare #: 4037.599

**William H. Rumsey Center**

- RecWare #: 4127.588

**Takoma Aquatic Center**

- Meeting time: Saturdays

11:45am-12:15pm

### *Learn to Swim for Youth: Level 2*

Builds on the skills in Level 1 through additional guided practice.

Prerequisite: Exit Skills from Level 1

Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

- **Session 3** (4 Weeks)

- Registration date: Nov. 1, 2006

Start date: Nov. 6, 2006

End date: Nov. 29, 2006

- Meeting time: Mondays &

Wednesdays 5pm-5:30pm

- RecWare #: 4067.522

**Dunbar Aquatic Center**

- RecWare #: 4077.561

**Marie Reed Recreation Center**

- RecWare #: 4137.588

**Takoma Aquatic Center**

- Meeting time: Mondays &

Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 2*

- Registration date: Nov. 1, 2006

Start date: Nov. 7, 2006

End date: Nov. 30, 2006

- RecWare #: 4137.592

**Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays

6:30pm-7pm

### *Learn to Swim for Youth: Level 2*

- **Session 3** (8 Weeks)

- Registration date: Nov. 1, 2006

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

- RecWare #: 4297.599

**William H. Rumsey Center**

- Meeting time: Saturdays

10:30am -11pm

- RecWare #: 4147.588

**Takoma Aquatic Center**

- Meeting time: Saturdays

11:45am -12:15pm

### *Learn to Swim for Youth: Level 3*

Enhances the swimming skills and builds on the skills covered in Level 2 through additional guided practice.

Prerequisite: Exit Skills from Level 2

- Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

- **Session 3** (4 Weeks)

- Registration date: Nov. 1, 2006

Start date: Nov. 6, 2006

End date: Nov. 29, 2006

- Meeting time: Mondays & Wednesdays

5:30pm-6:15pm

- RecWare #: 4077.522

**Dunbar Aquatic Center**

- RecWare #: 4087.561

**Marie Reed Recreation Center**

### *Learn to Swim for Youth: Level 3*

- Registration date: Nov. 1, 2006

Start date: Nov. 6, 2006

End date: Nov. 29, 2006

- Meeting time: Mondays & Wednesdays

5:45pm-6:30pm

- RecWare # 4157.588

**Takoma Aquatic Center**

- RecWare #: 4157.592

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 3*

- **Session 3** (8 Weeks)

- Registration date: Nov. 1, 2006

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

- RecWare #: 4047.599

**William H. Rumsey Center**

- Meeting time: Saturdays

11pm -11:45pm

- RecWare #: 4167.588

**Takoma Aquatic Center**

- Meeting time: Saturdays

12:30pm -1:15pm



### *Learn to Swim for Youth: Level 4*

Enhances the swimming skills and builds on the skills covered in Level 3 through additional guided practice.

Prerequisite: Exit Skills from Level 3

● Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 3** (4 Weeks)

● Registration date: Nov. 1, 2006

Start date: Nov. 6, 2006

End date: Nov. 29, 2006

● Meeting time: Mondays & Wednesdays 5:45pm-6:30pm

● RecWare # 4177.588

**Takoma Aquatic Center**

● RecWare # 4177.592

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 4*

**Session 3** ( 8 Weeks)

● Registration date: Nov. 1, 2006

Start date: Nov. 4, 2006

End date: Dec. 23, 2006

● RecWare # 4057.599

**William H. Rumsey Center**

● Meeting time: Saturdays 11:45pm-12:30pm

● RecWare # 4187.588

**Takoma Aquatic Center**

● Meeting time: Saturdays 12:30pm-1:15pm

### *Learn to Swim for Youth: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

● Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 4** (4 Weeks)

● Registration date: Dec. 1, 2006

Start date: Dec. 4, 2006

End date: Dec. 27, 2006

● Meeting time: Mondays & Wednesdays 5pm-5:30pm

● RecWare # 4087.522

**Dunbar Aquatic Center**

● RecWare # 4097.561

**Marie Reed Recreation Center**

### *Learn to Swim for Youth: Level 1*

● Registration date: Aug. 28, 2006

Start date: Dec. 4, 2006

End date: Dec. 27, 2006

● RecWare # 4197.588

**Takoma Aquatic Center**

● Meeting time: Mondays & Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 1*

● Registration date: Dec. 1, 2006

Start date: Dec. 5, 2006

End date: Dec. 28, 2006

● RecWare # 4197.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays 6:30pm-7pm

### *Learn to Swim for Youth: Level 2*

Builds on the skills in Level 1 through additional guided practice.

Prerequisite: Exit Skills from Level 1

● Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 4** (4 Weeks)

● Registration date: Dec. 1, 2006

Start date: Dec. 4, 2006

End date: Dec. 27, 2006

● Meeting time: Mondays & Wednesdays 5pm-5:30pm

● RecWare # 4097.522

**Dunbar Aquatic Center**

● RecWare # 4107.561

**Marie Reed Recreation Center**

● RecWare # 4207.588

**Takoma Aquatic Center**

● Meeting time: Mondays & Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 2*

● Registration date: Dec. 1, 2006

Start date: Dec. 5, 2006

End date: Dec. 28, 2006

● RecWare # 4207.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays 6:30pm-7pm

### *Learn to Swim for Youth: Level 3*

Prerequisite: Exit Skills from Level 2

- Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 4 (4 Weeks)**

- Registration date: Dec. 1, 2006

Start date: Dec. 4, 2006

End date: Dec. 27, 2006

- Meeting time: Mondays & Wednesdays 5:30pm-6:15pm

- RecWare # 4107.522

**Dunbar Aquatic Center**

- RecWare # 4117.561

**Marie Reed Recreation Center**

- RecWare # 4217.588

**Takoma Aquatic Center**

- Meeting time: Mondays & Wednesdays 5:45pm-6:30pm

- RecWare # 4217.592

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 4*

Prerequisite: Exit Skills from Level 3

- Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 4 (4 Weeks)**

- Registration date: Dec. 1, 2006

Start date: Dec. 4, 2006

End date: Dec. 27, 2006

- Meeting time: Mondays & Wednesdays 5:45pm-6:30pm

- RecWare # 4227.588

**Takoma Aquatic Center**

RecWare # 4227.592

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

- Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 5 (4 Weeks)**

- Registration date: Dec. 29, 2006

Start date: Jan. 8, 2007

End date: Jan. 31, 2007

- Meeting time: Mondays & Wednesdays 5pm-5:30pm

- RecWare # 4116.522

**Dunbar Aquatic Center**

- RecWare # 4126.561

**Marie Reed Recreation Center**

- RecWare #: 4236.588

**Takoma Aquatic Center**

- Meeting time: Mondays & Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 1*

- Registration date: Dec.29, 2006

Start date: Jan. 9, 2007

End date: Feb. 1, 2007

- RecWare #: 4236.592

**Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays 6:30pm-7pm

### *Learn to Swim for Youth: Level 1*

Registration date: Dec. 29, 2006

#### **Session 5 ( 8 Weeks)**

Start date: Jan. 8, 2007

End date: Feb. 24, 2007

- RecWare #: 4066.599

**William H. Rumsey Center**

- Meeting time: Saturdays 10am-10:30pm

- RecWare #: 4246.588

**Takoma Aquatic Center**

- Meeting time: Saturdays 11:45am-12:15pm

### *Learn to Swim for Youth: Level 2*

Prerequisite: Exit Skills from Level 1

- Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 5 ( 4 Weeks)**

- Registration date: Dec. 29, 2006

Start date: Jan. 8, 2007

End date: Jan. 31, 2007

- Meeting time: Mondays & Wednesdays 5pm-5:30pm

- RecWare #: 4126.522

**Dunbar Aquatic Center**

- RecWare #: 4136.561

**Marie Reed Recreation Center**

- RecWare #: 4256.588

**Takoma Aquatic Center**

- Meeting time: Mondays & Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 2*

- Registration date: Dec. 29, 2006

Start date: Jan. 9, 2007

End date: Feb. 1, 2007

- RecWare #: 4256.592

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays

6:30pm-7pm

### *Learn to Swim for Youth: Level 2*

Registration date: Dec. 29, 2006

#### **Session 5 (8 Weeks)**

Start date: Jan. 6, 2007

End date: Feb. 24, 2007

- RecWare #: 4076.599

#### **William H. Rumsey Center**

- Meeting time: Saturdays

10:30am-11pm

- RecWare # 4266.588

#### **Takoma Aquatic Center**

- Meeting time: Saturdays

11:45am-12:15pm

### *Learn to Swim for Youth: Level 3*

Prerequisite: Exit Skills from Level 2

- Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 5 (4 Weeks)**

- Registration date: Dec. 29, 2006

Start date: Jan. 8, 2007

End date: Jan. 31, 2007

- Meeting time: Mondays & Wednesdays 5:30pm-6:15pm

- RecWare #: 4136.522

#### **Dunbar Aquatic Center**

- RecWare #: 4146.561

#### **Marie Reed Recreation Center**

- RecWare #: 4276.588

#### **Takoma Aquatic Center**

- Meeting time: Mondays & Wednesdays 5:45pm-6:30pm

- RecWare #: 4276.592

#### **Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 3*

#### **Session 5 (8 Weeks)**

- Registration date: Dec. 29, 2006

Start date: Jan. 6, 2007

End date: Feb. 24, 2007

- RecWare # 4086.599

#### **William H. Rumsey Center**

- Meeting time: Saturdays 11pm-10:45pm

- RecWare #: 4286.588

#### **Takoma Aquatic Center**

### *Learn to Swim for Youth: Level 4*

Prerequisite: Exit Skills from Level 3

- Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

#### **Session 5 (4 Weeks)**

- Registration date: Dec. 29, 2006

Start date: Jan. 8, 2007

End date: Jan. 31, 2007

- Meeting time: Mondays & Wednesdays

5:45pm-6:30pm

- RecWare #: 4296.588

#### **Takoma Aquatic Center**

- RecWare #: 4297.592

#### **Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

- Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

#### **Session 6 (4 Weeks)**

- Registration date: Jan. 26, 2007

Start date: Feb. 5, 2007

End date: Feb. 28, 2007

- Meeting time: Mondays & Wednesdays 5pm-5:30pm

- RecWare #: 4146.522

#### **Dunbar Aquatic Center**

- RecWare #: 4156.561

#### **Marie Reed Recreation Center**

- RecWare # 4306.588

#### **Takoma Aquatic Center**

- Meeting time: Mondays & Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 1*

- Registration date: Jan. 26, 2007

Start date: Feb. 6, 2007

End date: Feb. 29, 2007

- RecWare #: 4306.592

#### **Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays 6:30pm-7pm

### *Learn to Swim for Youth: Level 2*

Builds on the skills in Level 1 through additional guided practice.

Prerequisite: Exit Skills from Level 1

● Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 6** (4 Weeks)

● Registration date: Jan. 26, 2007

Start date: Feb. 5, 2007

End date: Feb. 28, 2007

● Meeting time: Mondays &

Wednesdays 5pm-5:30pm

● RecWare #: 4006.522

**Dunbar Aquatic Center**

● RecWare #: 4166.561

**Marie Reed Recreation Center**

● RecWare #: 4316.588

**Takoma Aquatic Center**

● Meeting time: Mondays &

Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 2*

● Registration date: January 26, 2007

Start date: Feb. 6, 2007

End date: Feb. 29, 2007

● RecWare #: 4006.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays & Thursdays

6:30pm-7pm

### *Learn to Swim for Youth: Level 3*

Prerequisite: Exit Skills from Level 2

● Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

**Session 6** (4 Weeks)

● Registration date: Jan. 26, 2007

Start date: Feb. 5, 2007

End date: Feb. 28, 2007

● Meeting time: Mondays &

Wednesdays 5:30pm-6:15pm

● RecWare #: 4156.522

**Dunbar Aquatic Center**

● RecWare #: 4176.561

**Marie Reed Recreation Center**

● RecWare #: 4326.588

**Takoma Aquatic Center**

● Meeting time: Mondays &

Wednesdays 5:45pm-6:30pm

● RecWare #: 4006.592

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 4*

Prerequisite: Exit Skills from Level 3

● Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

● **Session 6** (4 Weeks)

● Registration date: Jan. 26, 2007

Start date: Feb. 5, 2007

End date: Feb. 28, 2007

● Meeting time: Mondays &

Wednesdays 5:45pm-6:30pm

● RecWare #: 4336.588

**Takoma Aquatic Center**

● RecWare #: 4016.592

**Turkey Thicket Aquatic Center**

● Meeting time: Mondays &

Wednesdays 5:45pm-6:30pm

### *Learn to Swim for Youth: Level 1*

Helps students feel comfortable in the water while developing basic swimming and water safety skills.

Prerequisite: None

● Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

● **Session 7** (4 Weeks)

Registration date: Feb. 28, 2007

Start date: Mar. 5, 2007

End date: Mar. 28, 2007

● RecWare #: 4166.522

**Dunbar Aquatic Center**

● Meeting time: Mondays &

Wednesdays 5pm-5:30pm

● RecWare #: 4186.561

**Marie Reed Recreation Center**

● RecWare #: 4346.588

**Takoma Aquatic Center**

● Meeting time: Mondays &

Wednesdays 4:45pm-5:15pm

### *Learn to Swim for Youth: Level 1*

● Registration date: Feb. 28, 2007

Start date: Mar. 6, 2007

End date: Mar. 29, 2007

● RecWare #: 4026.592

**Turkey Thicket Aquatic Center**

● Meeting time: Tuesdays &

Thursdays 6:30pm-7pm

### *Learn to Swim for Youth: Level 1*

Registration date: Feb. 28, 2007

- **Session 7** (8 Weeks)

Start date: Mar. 3, 2007

End date: Apr. 15, 2007

- Meeting time: Saturdays

10am-10:30pm

- RecWare #: 4086.599

**William H. Rumsey Center**

- RecWare #: 4356.588

**Takoma Aquatic Center**

### *Learn to Swim for Youth: Level 2*

Prerequisite: Exit Skills from Level 1

- Ages: 12 - 17yrs.

Fee: DC Residents: None

Non-Residents: \$26

- **Session 7** (4 Weeks)

● Registration date: Feb. 28, 2007

Start date: Mar. 5, 2007

End date: Mar. 28, 2007

- Meeting time: Mondays & Wednesdays

5pm-5:30pm

- RecWare #: 4176.522

**Dunbar Aquatic Center**

RecWare #: 4196.561

**Marie Reed Recreation Center**

- RecWare #: 4366.588

**Takoma Aquatic Center**

- Meeting time: Mondays & Wednesdays

4:45pm-5:15pm

### *Learn to Swim for Youth: Level 2*

- Registration date: Feb. 28, 2007

Start date: Mar. 6, 2007

End date: Mar. 29, 2007

- RecWare #: 4036.592

**Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays

6:30pm-7pm

### *Learn to Swim for Youth: Level 2*

- Registration date: Feb. 28, 2007

- **Session 7** (8 Weeks)

Start date: Mar. 3, 2007

End date: Apr. 15, 2007

- RecWare #: 4206.599

**William H. Rumsey Center**

- Meeting time: Saturdays

10:30am-11pm

- RecWare #: 4376.588

**Takoma Aquatic Center**

- Meeting time: Saturdays

11:45am-12:15pm

### *Learn to Swim for Youth: Level 3*

Prerequisite: Exit Skills from Level 2

- Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

- **Session 7** (4 Weeks)

● Registration date: Feb. 28, 2007

Start date: Mar. 5, 2007

End date: Mar. 28, 2007

- Meeting time: Mondays & Wednesdays

5:30pm-6:15pm

- RecWare #: 4186.522

**Dunbar Aquatic Center**

- RecWare #: 4206.561

**Marie Reed Recreation Center**



### *Learn to Swim for Youth: Level 3*

- Registration date: Feb. 28, 2007

Start date: Mar. 5, 2007

End date: Mar. 28, 2007

- Meeting time: Mondays & Wednesdays

5:45pm-6:30pm

- RecWare #: 4386.588

**Takoma Aquatic Center**

- RecWare #: 4046.592

**Turkey Thicket Aquatic Center**

### *Learn to Swim for Youth: Level 3*

**Session 7** (8 Weeks)

- Registration date: Feb. 28, 2007

Start date: Mar. 3, 2007

End date: Apr. 21, 2007

- RecWare #: 4216.599

**William H. Rumsey Center**

- Meeting time: Saturdays 11pm-11:45pm

- RecWare #: 4396.588

**Takoma Aquatic Center**

- Meeting time: Saturdays 12:30pm-1:15pm

- RecWare #: 4056.592

**Turkey Thicket Aquatic Center**

## *Learn to Swim for Youth: Level 4*

Prerequisite: Exit Skills from Level 3

Ages: 12 - 17yrs.

Fee: DC Residents: \$30

Non-Residents: \$40

- **Session 7** (4 Weeks)

- Registration date: Feb. 28, 2007

- Start date: Mar. 5, 2007

- End date: Mar. 28, 2007

- Meeting time: Mondays & Wednesdays 5:45pm-6:30pm

- RecWare #: 4406.588

**Takoma Aquatic Center**

- RecWare #: 4066.592

**Turkey Thicket Aquatic Center**

## *Learn to Swim for Youth: Level 4*

- Registration date: Feb. 28, 2007

- **Session 7** (8 Weeks)

- Start date: Mar. 3, 2007

- End date: Apr. 15, 2007

- RecWare #: 4226.599

**William H. Rumsey Center**

- Meeting time: Saturdays 11:45pm-12:30pm

- RecWare #: 4416.588

**Takoma Aquatic Center**

- Meeting time: Saturdays 12:30pm-1:15pm

- RecWare #: 4016.592

**Turkey Thicket Aquatic Center**

- Meeting time: Saturdays 12:30pm-1:15pm

## *Lifeguard Academy*

Lifeguard Academy, for DC residents ages 14-24, is a program designed to get you into shape and give you the strength and conditioning required to be able to become a certified lifeguard. We are now taking applications for the 2007 school year. Call (202) 282-0720 and get a head start on your 2007 summer job!



## *Lifeguard Training*

Provides an opportunity to participate in the American Red Cross Lifesaving Certification program. Students will learn rescue skills, first aid training, lifeguard duties, and surveillance. Prerequisite: Minimum 15 years of age. Swim 500 yards continuously. 200 yard front crawl. 100 yard breast stroke. The stroke(s) used for the remaining 200 yards are the participant's choice either front crawl or breast stroke. Submerge to a minimum depth of 7 feet, retrieve a 10-pound object and return to the surface.

- Ages: 15 and over

- Fee: DC Residents: \$175

- Non-Residents: \$175

- Books & pocket mask \$50

- Registration \$125

- **Session 1** (A) (2 Weeks)

Registration fee will be waived if participant is employed by DRP.

- Registration date: Aug. 1, 2006

- Start date: Sept. 11, 2006

- End date: Sept. 24, 2006

- RecWare # 4007.688

**Takoma Aquatic Center**

- Meeting time: Mondays, Wednesdays & Fridays 5:30pm-9pm

- Saturdays & Sundays 12pm-4pm

- **Session 1** (B) 4 Weeks

- Registration date: Aug. 1, 2006

- Start date: Sept. 16, 2006

- End date: Sept. 24, 2006

- RecWare #: 4017.688

**Takoma Aquatic Center**

- Meeting time: Saturdays & Sundays 9am-5pm

- **Session 1** (C) (2 Weeks)

- Registration date: Aug. 1, 2006

- Start date: Sept. 19, 2006

- End date: Oct. 19, 2006

- RecWare #: 4007.661

**Dunbar Aquatic Center**

- Meeting time: Tuesdays & Thursdays 5pm-8pm

- **Session 1** (D) (2 Weeks)

- Registration date: Aug. 1, 2006

- Start date: Sept. 19, 2006

- End date: Oct. 19, 2006

- RecWare #: 4007.692

**Turkey Thicket Aquatic Center**

- Meeting time: Tuesdays & Thursdays 5:30pm-8:30pm



- **Session 2 (A) 2 Weeks**
- Registration date: Aug. 1, 2006
- Start date: Oct. 16, 2006
- End date: Oct. 29, 2006
- RecWare # 4027.688
- Takoma Aquatic Center**
- Meeting time: Mondays, Wednesdays & Fridays 5:30pm-9pm
- Saturdays & Sundays 12pm-4pm

- **Session 2 (B) 4 Weeks**
- Registration date: Aug. 1, 2006
- Start date: Oct. 16, 2006
- End date: Nov. 15, 2006
- RecWare # 4007.699
- William H. Rumsey Center**
- Meeting time: Mondays & Wednesdays 5:30pm-8:30pm

- **Session 2 (C) 2 Weeks**
- Registration date: Aug. 1, 2006
- Start date: Oct. 21, 2006
- End date: Oct. 29, 2006
- RecWare #4037.688
- Takoma Aquatic Center**
- Meeting time: Saturdays & Sundays 9am-5pm

- **Session 2 (D) 3 Weeks**
- Registration date: Aug. 1, 2006
- Start date: Oct. 24, 2006
- End date: Nov. 28, 2006
- RecWare # 4017.622
- Dunbar Aquatic Center**
- Meeting time: Tuesdays & Thursdays 5:30pm-8:30pm

- **Session 2 (F) (3 Weeks)**
- Registration date: Aug. 1, 2006
- Start date: Oct. 24, 2006
- End date: Nov. 28, 2006
- RecWare # 4017.692
- Turkey Thicket Aquatic Center**
- Meeting time: Tuesdays & Thursdays 5:30pm-8:30pm

- **Session 2 (G) (4 Weeks)**
- Registration date: Aug. 1, 2006
- Start date: Oct. 30, 2006
- End date: Nov. 29, 2006
- RecWare # 4007.661
- Marie Reed Aquatic Center**
- Meeting time: Mondays & Wednesdays 5pm-8pm

- **Session 3 (A) (2 Weeks)**
- Registration date: Aug. 1, 2006
- Start date: Nov. 13, 2006
- End date: Nov. 25, 2006
- RecWare # 4047.688
- Takoma Aquatic Center**
- Meeting time: Mondays, Wednesdays & Fridays 5:30pm-9pm
- Saturdays & Sundays 12pm-4pm

- **Session 3 (B) 2 Weeks**
- Registration date: Aug. 1, 2006
- Start date: Nov. 18, 2006
- End date: Nov. 26, 2006
- RecWare # 4057.688
- Takoma Aquatic Center**
- Meeting time: Saturdays & Sundays 9am-5pm

- **Session 4 (A) (2 Weeks)**
- Registration date: Aug. 1, 2006
- Start date: Dec. 11, 2006
- End date: Dec. 24, 2006
- RecWare # 4067.688
- Takoma Aquatic Center**
- Meeting time: Mondays, Wednesdays & Fridays 5:30pm-9pm
- Saturdays & Sundays 12pm-4pm

- **Session 4 (B) 2 Weeks**
- Registration date: Aug. 1, 2006
- Start date: Dec. 16, 2006
- End date: Dec. 24, 2006
- RecWare # 4077.688
- Takoma Aquatic Center**
- Meeting time: Saturdays & Sundays 9am-5pm

- **Session 4 (C) 1 Week**
- Registration date: Aug. 1, 2006
- Start date: Dec. 26, 2006
- End date: Dec. 29, 2006
- RecWare # 4027.692
- Turkey Thicket Aquatic Center**
- Meeting time: Tuesdays, Wednesdays, Thursdays & Fridays 9am-5pm

- **Additional Programs:**
- Water Safety classes, Adult and Youth Water Polo, SCUBA and CPR/AED please contact the aquatic office at (202) 282 - 0720 or the web site [www.dpr.dc.gov](http://www.dpr.dc.gov) under aquatics.

## Fitness and Exercise

### *Aerobics*

Burn calories, tone muscle and increase stamina with traditional aerobic exercise.

- Ages: 18 and over

Fee: DC Residents: \$75

Non-Residents: \$80

- **10 week Session**

Start Date: Sept. 11, 2006

End Date: Nov. 15, 2006

- RecWare #: 3007.718

### **Congress Heights Recreation Center**

- Meeting time: Tuesdays & Thursdays 7pm-8:30pm

- RecWare #: 3007.738

### **Hardy Recreation Center**

- Meeting time: Tuesdays & Thursdays 7pm-8pm

- RecWare #: 3007.744

### **Hillcrest Recreation Center**

- Meeting time: Mondays & Wednesdays 7pm-8pm

- RecWare #: 3007.753

### **Lamond Recreation Center**

- Meeting time: Tuesdays & Thursdays 7pm-8pm

- RecWare #: 3007.781

### **Sherwood Recreation Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 3007.788

### **Takoma Community Center**

- Meeting time: Mondays & Wednesdays 7pm-8pm

### *Aerobics*

- Ages: 18 and over

Fee: DC Residents: \$75

Non-Residents: \$80

- **10 week Session**

Start Date: Jan. 8, 2006

End Date: Mar. 15 2006

- RecWare #: 3006.738

### **Hardy Recreation Center**

- Meeting time: Tuesdays & Thursdays 7pm-8pm

- RecWare #: 3007.744

### **Hillcrest Recreation Center**

- Meeting time: Mondays & Wednesdays 7pm-8pm

- RecWare #: 3006.788

### **Takoma Community Center**

- Meeting time: Mondays & Wednesdays 7pm-8pm

### *Boot Camp*

Get a full body work out that offers total body workout.

- Ages: 9 and over

Fee: None

- **17 Week Session**

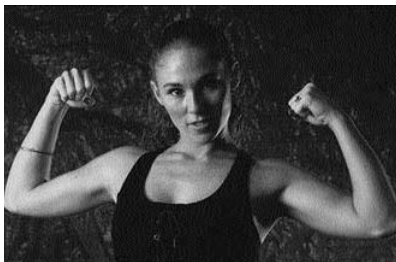
Start Date: Aug. 28, 2006

End Date: Dec. 20, 2006

- RecWare #: 3067.749

### **Kenilworth- Parkside Recreation Center**

- Meeting time: Mondays & Wednesdays 6:30pm-8pm



### *Pilates: Advanced*

Gain flexibility, balance, muscular strength and relaxation through movement and breathing exercises. Build abdominal and core strength while elongating your muscles in this fitness class.

- Ages: 18 and over

Fee: DC Residents: \$120

Non-Residents: \$130

- **10 Week Session**

Start Date: Oct. 4, 2006

End Date: Dec. 6, 2006

- RecWare #: 3027.736

### **Guy Mason Community Center**

- Meeting time: Tuesdays 7:30pm-8:30pm

- RecWare #: 3027.836

### **Guy Mason Community Center**

- Meeting time: Wednesdays 7:30pm-8:30pm

- RecWare #: 3027.788

### **Takoma Community Center**

- Meeting time: Saturdays 10am-11am

### *Pilates: Advanced*

#### ● 10 Week Session

Start Date: Jan. 13, 2007

End Date: Mar. 3, 2007

● RecWare #: 3026.788

#### **Takoma Community Center**

● Meeting time: Saturdays

10am-11am



### *Pilates: Beginners*

Learn how to condition your body by doing exercises that provide a connection between the mind and body.

● Ages: 18 and over

Fee: DC Residents: \$150

Non-Residents: \$160

#### ● 10 Week Session

Start Date: Oct. 4, 2006

End Date: Dec. 6, 2006

● RecWare #: 3027.815

#### **Chevy Chase Community Center**

● Meeting time: Mondays 8pm-9pm

● RecWare #: 3027.715

#### **Chevy Chase Community Center**

● Meeting time: Wednesdays

9am-10am

● RecWare #: 3027.236

#### **Guy Mason Community Center**

● Meeting time: Wednesdays

7:30pm-8:30pm

### *Pilates: Beginners*

#### ● 10 Week Session

Start Date: Jan. 8, 2007

End Date: Feb. 26, 2007

● RecWare #: 3026.715

#### **Chevy Chase Community Center**

● Meeting time: Wednesdays

9am-10am

● RecWare #: 3026.815

#### **Chevy Chase Community Center**

● Meeting time: Mondays 8pm-9pm

### *Pilates: Intermediate I*

Ready to move to the next level? An intermediate class for adults who are interested in a more intensive body conditioning and exercise.

● Ages: 18 and over

Fee: DC Residents: \$150

Non-Residents: \$160

#### ● 10 Week Session

Start Date: Oct. 2, 2006

End Date: Dec. 6, 2006

● RecWare #: 3027.936

#### **Guy Mason Community Center**

● Meeting time: Wednesdays

6:30pm-7:30pm

### *Pilates: Intermediate II*

This level provides an even more intense approach to body conditioning and exercise.

● Ages: 18 and over

Fee: DC Residents: \$150

Non-Residents: \$160

#### ● 10 Week Session

Start Date: Oct. 3, 2006

End Date: Dec. 5, 2006

● RecWare #: 3027.036

#### **Guy Mason Community Center**

● Meeting time: Tuesdays

6:30pm-7:30pm

### *Slimnastics*

A total body workout with strength, flexibility, posture, breathing work, and aerobic improvement.

● Ages: 18 and over

Fee: DC Residents: \$95

Non-Resident: \$105

#### ● 10 Week Session

Start Date: Oct. 2, 2006

End Date: Dec. 7, 2006

● RecWare #: 3007.715

#### **Chevy Chase Community Center**

● Meeting time: Mondays & Wednesdays

6pm-7pm

● RecWare #: 3007.815

#### **Chevy Chase Community Center**

● Meeting time: Mondays & Wednesdays

7pm-8pm

● RecWare #: 3007.915

#### **Chevy Chase Community Center**

● Meeting time: Tuesdays & Thursdays

9am-10am

### ***Strength and Tone***

Do exercises that can help strengthen your muscles and bones, enhance flexibility, relieve arthritis symptoms, improve your posture and endurance, and increase your energy.

- Ages: 40 and over

Fee: DC Resident: \$150

Non-Resident: \$160

#### **● 10 Week Session**

Start Date: Oct. 3, 2006

End Date: Dec. 7, 2006

- RecWare #: 3017.815

#### **Chevy Chase Community Center**

- Meeting time: Tuesdays & Thursdays  
11:15am- 12:15pm

### ***Strength and Tone***

Do exercises that can help strengthen your muscles and bones, enhance flexibility, relieve arthritis symptoms, improve your posture and endurance, and increase your energy.

- Ages: 40 and over

Fee: DC Resident: \$75

Non-Resident: \$80

#### **● 10 Week Session**

Start Date: Oct. 4, 2006

End Date: Dec. 6, 2006

- RecWare #: 3017.736

#### **Guy Mason Community Center**

- Meeting time: Fridays 11am-12pm

- RecWare #: 3017.836

#### **Guy Mason Community Center**

- Meeting time: Wednesdays  
11am-12pm

### ***Strength and Tone***

Fee: DC Resident \$120

Non-Resident: \$130

#### **● 10 Week Session**

Start Date: Jan. 9, 2007

End Date: Mar. 1, 2007

- RecWare #: 3016.815

#### **Chevy Chase Community Center**

- Meeting time: Tuesdays & Thursdays  
11:15am-12:15pm

### ***Walking Healthy***

Start slow and build up speed as you move towards a progressive walking for fitness

- Ages: 18 and over

Fee: None

#### **● 17 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 22, 2006

- RecWare #: 3017.857

#### **Macomb Recreation Center**

- Meeting time: Mondays, Wednesdays  
& Fridays 7pm-7:30pm

- RecWare #: 3017.964

#### **North Michigan Park**

#### **Recreation Center**

- Meeting time: Mondays, Wednesdays,  
& Fridays 9am-10am

- RecWare #: 3017.888

#### **Takoma Community Center**

- Meeting time: Thursdays & Fridays  
9:30am-10:30am

### ***Walking Healthy***

#### **● 12 Week Session**

Start Date: Jan. 9, 2007

End Date: Mar. 31, 2007

- RecWare #: 3016.964

#### **North Michigan Park**

#### **Recreation Center**

- Meeting time: Mondays, Wednesdays,  
& Fridays 9am-10am

### ***Walk Fit***

This program is designed to increase cardio activity to assist in a healthy lifestyle

- Ages: 21 and over

Fee: None

#### **● 17 Week Session**

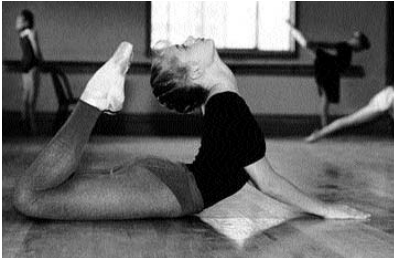
Start Date: Aug. 29, 2006

End Date: Dec. 21, 2006

- RecWare #: 3017.864

#### **North Michigan Park Recreation Center**

- Meeting time: Tuesdays & Thursdays  
6:30pm-7:30pm



## Yoga

Gain flexibility, balance, muscular strength, and relaxation through movement and breathing exercises. Experience how yoga can relax your mind and enhance your concentration.

- Ages: 18 and over
- Fee: DC Residents: \$65  
Non-Residents: \$80

### ● 10 Week Session

Start Date: Sept. 13, 2006  
End Date: Nov. 15, 2006

- RecWare #: 3017.744

#### **Hillcrest Recreation Center**

- Meeting time: Wednesdays 6pm-7pm

- RecWare #: 3017.753

#### **Lamond Recreation Center**

- Meeting time: Fridays 6pm-7pm

Fee: None

- RecWare #: 3017.781

#### **Sherwood Recreation Center**

- Meeting time: Wednesdays 6:30pm-8pm

- RecWare #: 3017.788

#### **Takoma Community Center**

- Meeting time: Tuesdays 6:30pm-7:30pm

- RecWare #: 3017.988

#### **Takoma Community Center**

- Meeting time: Tuesdays 7:30pm-8:30pm

## Yoga

### ● 10 Week Session

Start Date: Jan. 17, 2007  
End Date: Mar. 21, 2007

- RecWare #: 3016.781

#### **Sherwood Recreation Center**

- Meeting time: Wednesdays 6:30pm-8pm

- RecWare #: 3017.988

#### **Takoma Community Center**

- Meeting time: Tuesdays 7:30pm-8:30pm

## Yoga

Gain flexibility, balance, muscular strength, and relaxation through movement and breathing exercises. Experience how yoga can relax your mind and enhance your concentration.

- Ages: 18 and over
- Fee: DC Residents \$100  
Non-Residents: \$110

### ● 10 Week Session

Start Date: Oct. 3, 2006

End Date: Dec. 8, 2006

- RecWare #: 3017.736

#### **Guy Mason Community Center**

- Meeting time: Saturdays 9:15am-10:15am

- RecWare #: 3017.836

#### **Guy Mason Community Center**

- Meeting time: Tuesdays 9:15am-10:45am

- RecWare #: 3017.936

#### **Guy Mason Community Center**

- Meeting time: Fridays 9:15am-10:45am

## Youth Weight Training

Cardio and strength training with free weight and cardio equipment

- Ages: 6 to 12yrs.

Fee: None

### ● 17 week session

Start Date: Aug. 28, 2006

End Date: Dec. 22, 2006

- RecWare #: 3017.651

#### **King Greenleaf Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 5:30pm-6:30pm

- RecWare #: 3017.764

#### **North Michigan Park Recreation Center**

- Meeting time: Tuesdays 5:30 pm- 7:30 pm

- RecWare #: 3017.697

#### **Watkins Recreation Center**

- Meeting time: Mondays, Tuesdays, & Wednesdays 5pm- 6:30pm

## Youth Weight Training

Fee: None

### ● 12 week session

Start Date: Jan 8, 2007

End Date: Mar. 30, 2007

- RecWare #: 3016.651

#### **King Greenleaf Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 5:30pm-6:30pm

# Sports

## *Street Hockey: Adult*

Neighborhood adults participate in weekly street hockey games

- Ages: 18 and over

Fee: None

- **17 Week Session**

Start Date: Sept. 1, 2006

End Date: Nov. 1, 2006

- RecWare #: 2427.965

**Palisades Community Center**

- Meeting time: Mondays 8pm-9pm



## *Australian Football Coaching Clinic*

Join in this introductory program for both boys and girls. Through our weekly coaching program, you will learn the skills of Australian Football through appropriately modified activity and rules. Play football in a fun and safe environment and make new friends.

- Ages: 6 to 17yrs.

Fee: None

- **17 Week Session**

Start Date: Sept. 7, 2006

End Date: Dec. 28, 2006

- RecWare #: 2387.944

**Hillcrest Recreation Center**

Thursdays 4:30pm-5:30pm

## *Basketball: Officiating*

Learn basic skills, fundamentals, and strategies of basketball.

- Ages: 17 and over

Fee: None

- **17 Week Session**

Start Date: Sept. 2, 2006

End Date: Dec. 23, 2006

- RecWare #: 2387.933

**Fort Stevens Recreation Center**

- Meeting time: Saturdays 12pm-1pm

## **Basketball: Adult**

Drop in and shoot a few hoops.

- Ages: 18 and over

Fee: None

- **17 Week Session**

Start Date: Sept. 2, 2006

End Date: Dec. 23, 2006

- RecWare #: 2057.731

**Fort Lincoln Recreation Center**

- Meeting time: Tuesdays & Thursdays

7pm-8:45pm

- RecWare #: 2057.741

**Hart Recreation Center**

- Meeting time: Mondays & Wednesdays

7pm-9pm

- RecWare #: 2057.748

**Kalorama Recreation Center**

- Meeting time: Saturdays

11am-2:30pm

- RecWare #: 2057.750

**Kennedy Recreation Center**

- Meeting time: Wednesdays

6pm-8pm

- RecWare #: 2057.751

**King Greenleaf Recreation Center**

- Meeting time: Mondays & Wednesdays

7pm-8:45pm

- RecWare #: 2057.754

**Langdon Park Community Center**

- Meeting time: Tuesdays

6:30pm-8:45pm

- RecWare #: 2057.861

**Marie H. Reed Recreation Center**

- Meeting time: Wednesdays

7pm-8:45pm

- RecWare #: 2057.792

**Turkey Thicket Community Center**

- Meeting time: Saturdays

10am-12pm





### ***Basketball: Adult***

#### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 28, 2007

● RecWare #: 2056.741

#### **Hart Recreation Center**

● Meeting time: Mondays & Wednesdays  
7pm-9pm

● RecWare #: 2056.748

#### **Kalorama Recreation Center**

● Meeting time: Saturdays  
11am-2:30pm

● RecWare #: 2056.751

#### **King Greenleaf Recreation Center**

● Meeting time: Mondays & Wednesdays  
7pm-8:45pm

● RecWare #: 2056.754

#### **Langdon Park Community Center**

● Meeting time: Tuesdays  
6:30pm-8:45pm

● RecWare #: 2056.861

#### **Marie H. Reed Recreation Center**

● Meeting time: Wednesdays  
7pm-8:45pm

● RecWare #: 2056.792

#### **Turkey Thicket Community Center**

● Meeting time: Saturdays  
10am-12pm

### ***Basketball: Adult Women's***

Drop in and shoot a few hoops.

● Ages: 25 and over

Fee: None

#### ● 12 Week Session

Start Date: Jan. 9, 2007

End Date: Mar. 20, 2007

● RecWare #: 2056.752

#### **Lafayette Recreation Center**

● Meeting time: Tuesdays  
7:30pm-10pm

### ***Basketball: Clinic***

Learn the fundamentals of organized basketball including skill development, rules and regulations, and sportsmanship through competitive team play and practices.

● Ages: 14 to 18yrs.

Fee: None

#### ● 14 Week Session

Start Date: Aug. 28, 2006

End Date: Nov. 27, 2006

● RecWare #: 2077.900

#### **Kelly Miller Recreation Center**

● Meeting time: Mondays  
6:30pm-8:30pm

● RecWare #: 2077.907

#### **Bald Eagle Recreation Center**

● Meeting time: Mondays & Wednesdays  
6:30pm-7:30pm

### ***Basketball: Intergenerational***

● Ages: 18 to 40yrs.

Fee: None

#### ● 16 Week Session

Start Date: Sept. 2, 2006

End Date: Dec. 16, 2006

● RecWare #: 2057.761

#### **Marie H. Reed Recreation Center**

● Meeting time: Saturdays 10am-1pm

#### ● 10 Week Session

Start Date: Jan. 13, 2007

End Date: Mar. 17, 2007

● RecWare #: 2056.761

#### **Marie H. Reed Recreation Center**

● Meeting time: Saturdays 10am-1pm

### ***Basketball: Boys***

Learn the fundamentals of organized basketball including skill development, rules and regulations, and sportsmanship through competitive team play and practices.

#### ***Tiny***

● Ages: 4 to 5yrs.

Fee: None

#### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 30, 2007

● RecWare #: 2057.016

#### **Chevy Chase Playground**

● Meeting time: Saturdays 10am-11am

● RecWare #: 2056.252

#### **Lafayette Recreation Center**

● Meeting time: Wednesdays  
4pm-6:30pm

● RecWare #: 2056.097

#### **Watkins Recreation Center**

● Meeting time: Monday through Friday  
5pm-8:30pm

## *Pee Wee*

- Ages: 6 to 8yrs.

### ● 17 Week Session

Start Date: Aug. 28, 2006

End Date: Dec. 21, 2006

- RecWare #: 2057.213

### **Benning Stoddert Community Center**

- Meeting time: Tuesdays  
4:30pm-8:30pm

- RecWare #: 2057.218

### **Congress Heights Recreation Center**

- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 2057.231

### **Fort Lincoln Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5pm-6:30pm

- RecWare #: 2057.248

### **Kalorama Recreation Center**

- Meeting time: Mondays, Wednesdays,  
& Fridays 6:30pm-8:45pm

- RecWare #: 2057.264

### **North Michigan Park Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5:30pm-7pm

- RecWare #: 2057.269

### **Petworth Recreation Center**

- Meeting time: Saturdays 5pm-9pm

- RecWare#: 2057.288

### **Takoma Community Center**

- Meeting time: Tuesdays & Thursdays  
5pm-6pm

## *Pee Wee*

### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 30, 2007

- RecWare #: 2056.213

### **Benning Stoddert Community Center**

- Meeting time: Tuesdays 4:30pm-8:30pm

- RecWare #: 2056.218

### **Congress Heights Recreation Center**

- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 2056.227

### **Emery Recreation Center**

- Meeting time: Monday through Friday  
5pm-8pm

- RecWare #: 2056.240

### **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5pm-8pm

- RecWare #: 2056.244

### **Hillcrest Recreation Center**

- Meeting time: Mondays  
4:30pm-6:30pm

- RecWare #: 2056.250

### **Kennedy Recreation Center**

- Meeting time: Mondays, Tuesdays, &  
Thursdays 5:30pm- 8pm

- RecWare #: 2056.251

### **King Greenleaf Recreation Center**

- Meeting time: Fridays 7pm-8:45pm

- RecWare #: 2056.264

### **North Michigan Park Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5:30pm-7pm

- RecWare #: 2056.267

### **Parkview Community Center**

- Meeting time: Tuesdays & Thursdays  
6pm-8pm

- RecWare #: 2056.269

### **Petworth Recreation Center**

- Meeting time: Saturdays 5pm-9pm

- RecWare #: 2056.276

### **Rosedale Recreation Center**

- Meeting time: Mondays, Wednesdays,  
& Fridays 5pm-6pm

- RecWare #: 2056.277

### **Rudolph Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5:30pm-7pm

- RecWare #: 2056.281

### **Sherwood Recreation Center**

- Meeting time: Wednesdays & Fridays  
5pm-6pm

- RecWare #: 2056.287

### **Taft Recreation Center**

- Meeting time: Mondays, Thursdays, &  
Fridays 6pm-8pm

- RecWare#: 2056.288

### **Takoma Community Center**

- Meeting time: Tuesdays & Thursdays  
5pm-6pm

- RecWare #: 2056.297

### **Watkins Recreation Center**

- Meeting time: Monday through Friday  
5pm-8:30pm

## *Pony*

- Ages: 9 to 10yrs.

### ● **7 Week Session**

Start Date: Nov. 9, 2006

End Date: Dec. 21, 2006

- RecWare #: 2057.307

### **Bald Eagle Recreation Center**

- Meeting time: Thursdays 5pm-7pm

- RecWare #: 2057.312

### **Benning Park Community Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6:30pm-9pm

- RecWare #: 2057.313

### **Benning Stoddert Community Center**

- Meeting time: Tuesdays 4:30pm-8:30pm

- RecWare #: 2057.318

### **Congress Heights Recreation Center**

- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 2057.331

### **Fort Lincoln Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-6:30pm

- RecWare #: 2057.349

### **Kenilworth - Parkside Recreation Center**

- Meeting time: Mondays & Wednesdays 5:30pm-9:30pm

- RecWare #: 2057.350

### **Kennedy Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 4:30pm-6pm

- RecWare #: 2057.351

### **King Greenleaf Recreation Center**

- Meeting time: Fridays 7pm-8:45pm

- RecWare #: 2057.364

### **North Michigan Park Recreation Center**

- Meeting time: Mondays & Wednesdays 5:30pm-7pm

- RecWare #: 2057.376

### **Rosedale Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6pm-7pm

- RecWare#: 2057.388

### **Takoma Community Center**

- Meeting time: Tuesdays & Thursdays 5pm-6pm

## *Pony*

### ● **12 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 31, 2007

- RecWare #: 2056.307

### **Bald Eagle Recreation Center**

- Meeting time: Thursdays 5pm-7pm

- RecWare #: 2056.312

### **Benning Park Community Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6:30pm-9pm

- RecWare #: 2056.313

### **Benning Stoddert Community Center**

- Meeting time: Tuesdays 4:30pm-8:30pm

- RecWare #: 2056.318

### **Congress Heights Recreation Center**

- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 2056.329

### **Fort Davis Community Center**

- Meeting time: Mondays & Fridays 6pm-7:45pm

- RecWare #: 2056.340

### **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-8pm

- RecWare #: 2056.344

### **Hillcrest Recreation Center**

- Meeting time: Wednesdays & Fridays 6:30pm-8pm

- RecWare #: 2056.349

### **Kenilworth - Parkside Recreation Center**

- Meeting time: Mondays & Wednesdays 5:30pm-9:30pm

- RecWare #: 2057.350

### **Kennedy Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 4:30pm-6pm

- RecWare #: 2056.351

### **King Greenleaf Recreation Center**

- Meeting time: Fridays 7pm-8:45pm

- RecWare #: 2056.352

**Lafayette Recreation Center**

- Meeting time: Saturdays  
9:30am-12:30pm

- RecWare #: 2056.364

**North Michigan Park Recreation Center**

- Meeting time: Mondays & Wednesdays  
5:30pm-7pm

- RecWare #: 2056.365

**Palisades Community Center**

- Meeting time: Mondays 5pm-8pm

- RecWare #: 2056.376

**Rosedale Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6pm-7pm

- RecWare #: 2056.377

**Rudolph Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5:30pm-7pm

- RecWare #: 2056.381

**Sherwood Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5pm-6pm

- RecWare #: 2056.387

**Taft Recreation Center**

- Meeting time: Mondays, Thursdays, & Fridays 5pm-8:30pm

- RecWare#:2056.388

**Takoma Community Center**

- Meeting time: Tuesdays & Thursdays  
5pm-6pm

- RecWare #:2056.397

**Watkins Recreation Center**

- Meeting time: Monday through Friday  
5pm-8:30pm

**Junior**

- Ages: 11 to 12yrs.

- 17 Week Session

Start Date: Aug. 29, 2006

End Date: Dec. 21, 2006

- RecWare #: 2057.412

**Benning Park Community Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6:30pm-9pm

- RecWare #: 2057.413

**Benning Stoddert Community Center**

- Meeting time: Tuesdays  
4:30pm-8:30pm

- RecWare #: 2057.418

**Congress Heights Recreation Center**

- Meeting time: Wednesdays  
4pm-5pm

- RecWare #: 2057.431

**Fort Lincoln Recreation Center**

- Meeting time: Mondays & Wednesdays  
5pm-6:30pm

- RecWare #: 2057.441

**Hart Recreation Center**

- Meeting time: Mondays & Fridays  
6pm-7:30pm

- RecWare #: 2057.449

**Kenilworth - Parkside Recreation Center**

- Meeting time: Mondays & Wednesdays  
5:30pm-9:30pm

- RecWare #: 2057.450

**Kennedy Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 4:30pm-6pm

- RecWare #: 2057.451

**King Greenleaf Recreation Center**

- Meeting time: Fridays 7pm-8:45pm

- RecWare #: 2057.464

**North Michigan Park Recreation Center**

- Meeting time: Wednesdays  
5:30pm-7pm

- RecWare #:2057.469

**Petworth Recreation Center**

- Meeting time: Mondays, Tuesdays, & Thursdays 5:30pm-9pm

- RecWare #:2057.476

**Rosedale Recreation Center**

- Meeting time: Tuesdays & Thursdays  
6pm-7:30pm

- RecWare #: 2056.487

**Taft Recreation Center**

- Meeting time: Mondays, Thursdays, & Fridays 5pm-8:30pm

- RecWare#: 2057.488

**Takoma Community Center**

- Meeting time: Tuesdays & Thursdays  
5pm-6pm

## *Junior*

### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 30, 2007

● RecWare #: 2056.412

### **Benning Park Community Center**

● Meeting time: Mondays, Wednesdays,  
& Fridays 6:30pm-9pm

● RecWare #: 2056.413

### **Benning Stoddert Community Center**

● Meeting time: Tuesdays  
4:30pm-8:30pm

● RecWare #: 2056.418

### **Congress Heights Recreation Center**

● Meeting time: Wednesdays 4pm-5pm

● RecWare #: 2056.427

### **Emery Recreation Center**

● Meeting time: Monday through Friday  
5pm-8pm

● RecWare #: 2056.428

### **Ferebee Hope Recreation Center**

● Meeting time: Mondays 6pm-7:45 pm

● RecWare #: 2056.429

### **Fort Davis Community Center**

● Meeting time: Mondays & Fridays  
6pm-7:45pm

● RecWare #: 2056.430

### **Fort Greble Recreation Center**

● Meeting time: Mondays & Wednesdays  
5pm-9pm

● RecWare #: 2056.440

### **Harry Thomas Sr. Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5pm-8pm

● RecWare #: 2056.441

### **Hart Recreation Center**

● Meeting time: Tuesdays & Thursdays  
6:30pm-7:30pm

● RecWare #: 2056.444

### **Hillcrest Recreation Center**

● Meeting time: Tuesdays 6:30pm-8pm

● RecWare #: 2056.449

### **Kenilworth - Parkside Recreation Center**

● Meeting time: Mondays & Wednesdays  
5:30pm-9:30pm

● RecWare #: 2056.450

### **Kennedy Recreation Center**

● Meeting time: Mondays, Wednesdays,  
& Fridays 4:30pm-6pm  
● RecWare #: 2056.451

## **King Greenleaf Recreation Center**

● Meeting time: Fridays 7pm-8:45pm

● RecWare #: 2056.452

### **Lafayette Recreation Center**

● Meeting time: Thursdays 4:30pm-6pm

● RecWare #: 2056.461

### **Marie H. Reed Recreation Center**

● Meeting time: Mondays & Wednesdays  
6pm-7pm

● RecWare #: 2056.464

### **North Michigan Park**

### **Recreation Center**

● Meeting time: Wednesdays  
5:30pm-7pm

● RecWare #: 2056.467

### **Parkview Community Center**

● Meeting time: Tuesdays & Thursdays  
6pm- 8pm

● RecWare #: 2056.469

### **Petworth Recreation Center**

● Meeting time: Mondays, Tuesdays, &  
Thursdays 5:30pm-9pm

● RecWare #: 2056.473

### **Ridge Recreation Center**

● Meeting time: Monday through Friday  
5pm-9pm

● RecWare #: 2056.476

### **Rosedale Recreation Center**

● Meeting time: Tuesdays & Thursdays  
6pm-7:30pm

● RecWare #: 2056.477

### **Rudolph Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5:30pm-7pm

● RecWare #: 2056.481

### **Sherwood Recreation Center**

● Meeting time: Tuesdays & Thursdays  
6pm-7pm

● RecWare #: 2056.488

### **Takoma Community Center**

● Meeting time: Tuesdays & Thursdays  
5pm-6pm

● RecWare #: 2056.497

### **Watkins Recreation Center**

● Meeting time: Monday through Friday  
5pm-8:30pm

### *Intermediate*

- Ages: 13 to 15yrs.

#### ● 17 Week Session

Start Date: Aug. 28, 2006

End Date: Dec. 22, 2006

- RecWare #: 2057.512

#### **Benning Park Community Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6:30pm-9pm

- RecWare #: 2057.513

#### **Benning Stoddert Community Center**

- Meeting time: Tuesdays 4:30pm-8:30pm

- RecWare #: 2057.518

#### **Congress Heights Recreation Center**

- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 2057.531

#### **Fort Lincoln Recreation Center**

- Meeting time: Fridays 6pm-8pm

- RecWare #: 2057.541

#### **Hart Recreation Center**

- Meeting time: Tuesdays & Thursdays 7:30pm-9pm

- RecWare #: 2057.549

#### **Kenilworth-Parkside Recreation Center**

- Meeting time: Mondays & Wednesdays 5:30pm-9:30pm

- RecWare #: 2057.550

#### **Kennedy Recreation Center**

- Meeting time: Mondays, Tuesdays, & Thursdays 5:30pm- 8pm

- RecWare #: 2057.551

#### **King Greenleaf Recreation Center**

- Meeting time: Fridays 7pm-8:45pm

- RecWare #: 2057.569

#### **Petworth Recreation Center**

- Meeting time: Mondays & Wednesdays 5pm-9pm

- RecWare #: 2057.588

#### **Takoma Community Center**

- Meeting time: Mondays & Wednesdays 3:30pm-6pm

- RecWare #: 2057.598

#### **Watts Branch Recreation Center**

- Meeting time: Wednesdays 6pm- 8pm



### *Intermediate*

- 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 30, 2007

- RecWare #: 2056.512

#### **Benning Park Community Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6:30pm-9pm

- RecWare #: 2056.513

#### **Benning Stoddert Community Center**

- Meeting time: Tuesdays 4:30pm-8:30pm

- RecWare #: 2056.518

#### **Congress Heights Recreation Center**

- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 2056.527

#### **Emery Recreation Center**

- Meeting time: Monday through Friday 5pm-8pm

- RecWare #: 2056.528

#### **Ferebee Hope Recreation Center**

- Meeting time: Mondays 6pm-7:45 pm

- RecWare #: 2056.529

#### **Fort Davis Community Center**

- Meeting time: Mondays & Fridays 6pm-7:45pm

- RecWare #: 2056.530

#### **Fort Greble Recreation Center**

- Meeting time: Mondays, Tuesdays, & Wednesdays 5pm-9pm

- RecWare #: 2056.538

#### **Palisades Community Center**

- Meeting time: Tuesdays 4:30pm-5:30pm

- RecWare #: 2056.540

#### **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-8pm



- RecWare #: 2056.541

**Hart Recreation Center**

- Meeting time: Tuesdays & Thursdays 7:30pm-9pm

- RecWare #: 2056.544

**Hillcrest Recreation Center**

- Meeting time: Tuesdays 4:30pm-6:30pm

- RecWare #: 2056.549

**Kenilworth - Parkside Recreation Center**

- Meeting time: Mondays & Wednesdays 5:30pm-9:30pm

- RecWare #: 2056.550

**Kennedy Recreation Center**

- Meeting time: Mondays, Tuesdays, & Thursdays 5:30pm- 8pm

- RecWare #: 2056.551

**King Greenleaf Recreation Center**

- Meeting time: Fridays 7pm-8:45pm

- RecWare #: 2056.552

**Lafayette Recreation Center**

- Meeting time: Thursdays 6pm-7:30pm

- RecWare #: 2056.567

**Parkview Community Center**

- Meeting time: Tuesdays & Thursdays 6pm-8pm

- RecWare #: 2056.568

**Payne Recreation Center**

- Meeting time: Mondays & Wednesdays 4:30pm-6pm

- RecWare #: 2056.569

**Petworth Recreation Center**

- Meeting time: Mondays & Wednesdays 5pm-9pm

- RecWare #: 2056.573

**Ridge Recreation Center**

- Meeting time: Monday through Friday 5pm-9pm

- RecWare #: 2056.576

**Rosedale Recreation Center**

- Meeting time: Tuesdays & Thursdays 7:30pm-9pm

- RecWare #: 2056.577

**Rudolph Recreation Center**

- Meeting time: Tuesdays & Thursdays 5:30pm-7pm

- RecWare #: 2056.581

**Sherwood Recreation Center**

- Meeting time: Tuesdays & Thursdays 7pm-8pm

- RecWare #: 2056.588

**Takoma Community Center**

- Meeting time: Mondays & Wednesdays 3:30pm-6pm

- RecWare #: 2056.597

**Watkins Recreation Center**

- Meeting time: Monday through Friday 5pm-8:30pm

*Senior*

- Ages: 16 to 18yrs.

**17 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 22, 2006

- RecWare #: 2057.612

**Benning Park Community Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6:30pm-9pm

- RecWare #: 2057.613

**Benning Stoddert Community Center**

- Meeting time: Tuesdays 4:30pm-8:30pm

- RecWare #: 2057.650

**Kennedy Recreation Center**

- Meeting time: Mondays, Tuesdays, & Thursdays 5:30pm- 8pm

*Senior*

**12 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 30 2007

- RecWare #: 2056.612

**Benning Park Community Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6:30pm-9pm

- RecWare #: 2056.627

**Emery Recreation Center**

- Meeting time: Monday through Friday 5pm-8pm

- RecWare #: 2056.629

**Fort Davis Community Center**

- Meeting time: Mondays & Fridays 6pm-7:45pm

- RecWare #: 2056.630

**Fort Greble Recreation Center**  
 ● Meeting time: Mondays, Tuesdays, & Wednesdays 5pm-9pm

- RecWare #: 2056.640

**Harry Thomas Sr. Recreation Center**  
 ● Meeting time: Tuesdays & Thursdays 5pm-8pm

- RecWare #: 2056.644

**Hillcrest Recreation Center**  
 ● Meeting time: Wednesdays 4:30pm-6:30pm

- RecWare #: 2056.650

**Kennedy Recreation Center**  
 ● Meeting time: Mondays, Tuesdays, & Thursdays 5:30pm- 8pm

- RecWare #: 2056.651

**King Greenleaf Recreation Center**  
 ● Meeting time: Fridays 7pm-8:45pm

- RecWare #: 2056.661

**Marie H. Reed Recreation Center**  
 ● Meeting time: Mondays & Wednesdays 6pm-7pm

- RecWare #:2056.667

**Parkview Community Center**  
 ● Meeting time: Tuesdays & Thursdays 6pm-8pm

- RecWare #: 2056.673

**Ridge Recreation Center**  
 ● Meeting time: Monday through Friday 5pm-9pm

- RecWare #: 2056.677

**Rudolph Recreation Center**  
 ● Meeting time: Tuesdays & Thursdays 5:30pm-7pm

- RecWare #: 2056.681

**Sherwood Recreation Center**  
 ● Meeting time: Tuesdays & Thursdays 8pm- 9pm



## ***Basketball: Girls***

Learn the fundamentals of organized basketball including skill development, rules and regulations, and sportsmanship through competitive team play and practices.

- Ages: 11 to 12yrs.

### **● 17 Week Session**

Start Date: Aug. 29, 2006

End Date: Dec. 19, 2006

- RecWare #: 2057.813

## **Benning Stoddert Community Center**

- Meeting time: Tuesdays 5:30pm-7:30pm

## ***Junior***

### **● 10 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 12, 2007

- RecWare #: 2056.813

## **Benning Stoddert Community Center**

- Meeting time: Tuesdays 5:30pm-7:30pm

- RecWare #: 2056.767

## **Parkview Community Center**

- Meeting time: Mondays 6pm-8pm

- Ages: 9 to 10yrs.

- RecWare #: 2056.873

## **Ridge Recreation Center**

- Meeting time: Monday through Friday 6pm- 8pm

## ***Basketball: Wheelchair***

Have a "ball" playing the game in an atmosphere of spirited competition.

- Ages: 18 and over

### **● 17 Week Session**

Start Date: Aug. 30, 2006

End Date: Dec. 20, 2006

- RecWare #: 2057.850

## **Kennedy Recreation Center**

Wednesdays 6pm-8pm

## ***Basketball: Wheelchair***

### **● 12 Week Session**

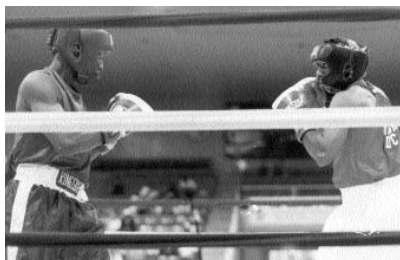
Start Date: Jan. 10 2007

End Date: Mar. 28 2007

- RecWare #: 2056.850

## **Kennedy Recreation Center**

- Meeting time: Wednesdays 6pm-8pm



## Boxing

Male and female enthusiasts can train in Olympic- style boxing, learning defensive skills, footwork, hand techniques, and hand and eye coordination.

● Ages: 8 and over

Fee: None

### ● 17 Week Session

Start Date: Aug. 28, 2006

End Date: Dec. 22, 2006

● RecWare #: 2087.907

### **Bald Eagle Recreation Center**

● Meeting time: Monday through Friday  
5pm-9pm

● RecWare #: 2087.912

### **Benning Park Community Center**

● Meeting time: Monday through Friday  
5:30pm- 9pm

● RecWare #: 2087.920

### **Douglas Jr. Recreation Center**

● Meeting time: Monday through Friday  
5pm-7pm

● RecWare #: 2087.946

### **Joseph H. Cole Recreation Center**

● Meeting time: Monday through Friday  
3:45pm- 6pm

● RecWare #: 2087.954

### **Langdon Park Community Center**

● Meeting time: Monday through Friday  
5pm-8:45pm

● RecWare #: 2087.987

### **Taft Recreation Center**

● Meeting time: Monday through Friday  
5pm-8pm

## Boxing

### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 30, 2007

● RecWare #: 2086.907

### **Bald Eagle Recreation Center**

● Meeting time: Monday through Friday  
5pm-9pm

● RecWare #: 2086.912

### **Benning Park Community Center**

● Meeting time: Monday through Friday  
5:30pm- 9pm

● RecWare #: 2087.920

### **Douglas Jr. Recreation Center**

● Meeting time: Monday through Friday  
5pm-7pm

● RecWare #: 2086.946

### **Joseph H. Cole Recreation Center**

● Meeting time: Monday through Friday  
3:45pm- 6pm

● RecWare #: 2086.954

### **Langdon Park Community Center**

● Meeting time: Monday through Friday  
5pm-8:45pm

● RecWare #: 2086.987

### **Taft Recreation Center**

● Meeting time: Monday through Friday  
5pm-8pm

## Cheerleading

Learn team building exercises, sportsmanship, and team play.

Curriculum includes body movement, dexterity development, and coordination.

Routines are showcased at regional and citywide competitions and events.

● Ages: 11 to 13 yrs.

Fee: None

### ● 17 Week Session

Start Date: Aug. 29, 2006

End Date: Dec. 21, 2006

● RecWare #: 2007.513

### **Benning Stoddert Community Center**

● Meeting time: Mondays, Tuesdays, &  
Thursdays 4:30pm-6:30pm

● RecWare #: 2007.565

### **Palisades Community Center**

● Meeting time: Mondays & Wednesdays  
4:30pm-5:30pm

● RecWare #: 2007.585

### **Stoddert Recreation Center**

● Meeting time: Wednesdays 4pm-5pm

## *Cheerleading*

- **12 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 28, 2007

- RecWare #: 2006.565

- **Palisades Community Center**

- Meeting time: Mondays & Wednesdays 4:30pm-5:30pm

- RecWare #: 2006.576

- **Rosedale Recreation Center**

- Meeting time: Tuesdays, Wednesdays, & Fridays 6:30pm-8:30pm



- RecWare #: 2006.585

- **Stoddard Recreation Center**

- Meeting time: Wednesdays 4pm-5pm

- RecWare #: 2006.588

- **Takoma Community Center**

- Meeting time: Wednesdays & Fridays 5:30pm-7:30pm

## *Cheerleading*

- Ages: 14 to 18yrs.

- **17 Week Session**

Start Date: Aug. 29, 2006

End Date: Dec. 21, 2006

- RecWare #: 2007.627

- **Emery Recreation Center**

- Meeting time: Tuesdays & Thursdays 5:30pm-7:30pm

- RecWare #: 2007.640

- **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays, Thursdays, & Saturdays 5:30pm-8:30pm

- RecWare #: 2007.668

- **Payne Recreation Center**

- Meeting time: Mondays & Wednesdays 6pm-7:30pm

- RecWare #: 2007.976

## **Rosedale Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6pm-8pm

- RecWare #: 2007.681

- **Sherwood Recreation Center**

- Meeting time: Tuesdays & Thursdays 6:30pm-8pm

- RecWare #: 2007.697

- **Watkins Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 6:30pm-8pm

## *Cheerleading*

- **12 Week Session**

Start Date: Jan. 16, 2007

End Date: Mar. 29, 2007

- RecWare #: 2006.616

- **Chevy Chase Playground**

- Meeting time: Fridays 4:30pm-7pm

- RecWare #: 2006.620

- **Douglas Jr. Recreation Center**

- Meeting time: Mondays through Thursdays 5pm-6:30pm

- RecWare #: 2006.640

- **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays, Thursdays, & Saturdays 5:30pm-8:30pm

- RecWare #: 2006.661

- **Marie Reed Recreation Center**

- Meeting time: Tuesdays & Thursdays 4pm-6pm

- RecWare #: 2006.667

- **Parkview Community Center**

- Meeting time: Wednesdays & Thursdays 6pm-8pm

- RecWare #: 2006.668

- **Payne Recreation Center**

- Meeting time: Mondays & Wednesdays 6pm-7:30pm

- RecWare #: 2006.673

- **Ridge Recreation Center**

- Meeting time: Mondays, Tuesdays, & Wednesdays 5pm-7pm



- RecWare #: 2006.678

### **Savoy Recreation Center**

- Meeting time: Mondays, Wednesdays, Thursdays & Saturdays  
6:30pm-7:30pm

- RecWare #: 2006.681

### **Sherwood Recreation Center**

- Meeting time: Tuesdays & Thursdays  
6:30pm-8pm

- RecWare #: 2006.697

### **Watkins Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 6:30pm-8pm

## ***Dodgeball***

Learn basic strategies and rules

- Ages: 9 and over

### **● 17 Week Session**

Start Date: Aug. 29, 2006

End Date: Dec. 21, 2006

- RecWare #: 2117.512

### **Benning Park Community Center**

- Meeting time: Tuesdays  
5:30pm-8:30pm

- RecWare #: 2117.427

### **Emery Recreation Center**

- Meeting time: Thursdays 6pm-8pm

- RecWare #: 2117.629

### **Fort Davis Community Center**

- Meeting time: Thursdays 5pm-6:30pm

## ***Double Dutch***

Learn exercise for speed jumping and freestyle.

- Ages: 8 to 15yrs.

### **● 17 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 18, 2006

- RecWare #: 2237.914

### **Brentwood Recreation Center**

- Meeting time: Mondays 5pm-6:45pm

- RecWare #: 2237.920

### **Douglas Jr. Recreation Center**

- Meeting time: Tuesdays & Fridays  
6pm-7pm

- RecWare #: 2237.627

### **Emery Recreation Center**

- Meeting time: Wednesdays & Fridays  
6pm-8pm

- RecWare #: 2237.929

### **Fort Davis Community Center**

- Meeting time: Fridays 5pm-6pm

- RecWare #: 2237.932

### **Fort Stanton Community Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2237.944

### **Hillcrest Recreation Center**

- Meeting time: Wednesdays 6pm-7pm

- RecWare #: 2237.649

### **Kenilworth-Parkside Recreation Center**

- Meeting time: Fridays 7pm-8pm

- RecWare #: 2237.950

### **Kennedy Recreation Center**

- Meeting time: Mondays, Tuesdays, & Wednesdays 5pm-7pm

- RecWare #: 2237.992

### **Turkey Thicket Community Center**

- Meeting time: Fridays 6:30pm-7:30pm

## ***Double Dutch***

### **● 9 Week Session**

Start Date: Jan 31 2006

End Date: Mar 31 2006

- RecWare #: 2236.914

### **Brentwood Recreation Center**

- Meeting time: Mondays, Tuesdays, & Fridays 5pm-6:45pm

- RecWare #: 2236.920

### **Douglas Jr. Recreation Center**

- Meeting time: Tuesdays & Fridays  
6pm-7pm

- RecWare #: 2236.627

### **Emery Recreation Center**

- Meeting time: Wednesdays & Fridays  
6pm-8pm

- RecWare #: 2237.932  
**Fort Stanton Community Center**  
● Meeting time: Mondays 7pm-8pm

- RecWare #: 2236.649  
**Kenilworth-Parkside Recreation Center**  
● Meeting time: Fridays 7pm-8pm

- RecWare #: 2236.950  
**Kennedy Recreation Center**  
● Meeting time: Mondays, Tuesdays, & Wednesdays 5pm-7pm

### *Fencing Club*

Practice with others! Private lessons are available in Foil, Epee and Saber. Full uniform is required.

- Ages: 15 and over  
Fee: DC Residents: \$100  
Non-Residents: \$110

- **12 Week Session**  
Start Date: Sept. 5, 2006  
End Date: Dec. 21, 2006  
● RecWare #: 2137.115  
**Chevy Chase Community Center**  
● Meeting time: Tuesdays, Wednesdays, & Thursdays 7:30pm-9:30pm

### *Fencing Club*

- **12 Week Session**  
Start Date: Feb. 6, 2007  
End Date: May 26, 2007  
● RecWare #: 2136.115

- Chevy Chase Community Center**  
● Meeting time: Tuesdays, Wednesdays, & Thursdays 7:30pm-9:30pm

### *Fencing Club: Junior Epee*

Practice with others! Private lessons available. Full uniform provided.

- Ages: 8 to 15yrs.  
Fee: DC Residents: \$100  
Non-Residents: \$110

- **12 Week Session**  
Start Date: Oct. 7, 2006  
End Date: Dec. 23, 2006  
● RecWare #: 2137.815

- Chevy Chase Community Center**  
● Meeting time: Saturdays 2pm-3:30pm

### *Fencing Club: Junior Epee*

- **12 Week Session**  
Start Date: Feb. 10, 2007  
End Date: May 28, 2007  
● RecWare #: 2137.815

- Chevy Chase Community Center**  
● Meeting time: Saturdays  
2pm-3:30pm



### *Fencing: Foil Beginner*

Learn the art of the sword! Basic foil equipment provided.

- Ages: 13 and over  
Fee: DC Residents: \$100  
Non-Residents: \$110

- **12 Week Session**  
Start Date: Oct. 4, 2006  
End Date: Dec. 20, 2006  
● RecWare #: 2137.315

- Chevy Chase Community Center**  
● Meeting time: Wednesdays  
5:30pm-6:30pm

### *Fencing: Foil Beginner*

- **12 Week Session**  
Start Date: Feb. 7, 2007  
End Date: May 25, 2007  
● RecWare #: 2136.315

- Chevy Chase Community Center**  
● Meeting time: Wednesdays  
5:30pm-6:30pm



### *Fencing: Foil Intermediate*

Learn the art of the sword! Basic Foil equipment provided.

- Ages: 13 and over

Fee DC Residents: \$100

Non Residents: \$110

- **12 Week Session**

Start Date: Oct. 4, 2006

End Date: Dec. 20, 2006

- RecWare #: 2137.415

**Chevy Chase Community Center**

- Meeting time: Wednesdays

6:30pm-7:30pm

### *Fencing: Foil Intermediate*

- **12 Week Session**

Start Date: Feb. 7, 2007

End Date: May 25 2007

- RecWare #: 2136.415

**Chevy Chase Community Center**

- Meeting time: Wednesdays

6:30pm-7:30pm

### *Fencing: Beginner Junior Epee*

Learn the art of the sword! Basic Foil equipment provided.

- Ages: 8 to 12yrs.

Fee: DC Residents: \$100

Non Residents: \$110

- **12 Week Session**

Start Date: Oct. 7, 2006

End Date: Dec. 23, 2006

- RecWare #: 2137.515

**Chevy Chase Community Center**

- Meeting time: Saturdays 11am-12pm

### *Fencing: Beginner Junior Epee*

- **12 Week Session**

Start Date: Feb. 10, 2007

End Date: May 28, 2007

- RecWare #: 2136.515

**Chevy Chase Community Center**

- Meeting time: Saturdays 11am-12pm

### *Fencing: Intermediate Junior Epee*

Learn the art of the sword!  
Basic Foil equipment provided.

- Ages: 8 to 12yrs.

Fee: DC Residents: \$100

Non Residents: \$110

- **12 Week Session**

Start Date: Oct. 7, 2006

End Date: Dec. 23, 2006

- RecWare #: 2137.615

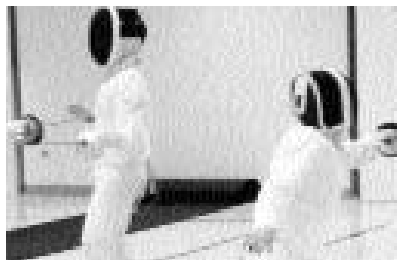
**Chevy Chase Community Center**

- Meeting time: Saturdays 12pm-1pm

- RecWare #: 2137.715

**Chevy Chase Community Center**

- Meeting time: Saturdays 1pm-2pm



### *Fencing: Intermediate Junior Epee*

- **12 Week Session**

Start Date: Feb. 10, 2007

End Date: May 28, 2007

- RecWare #: 2136.615

**Chevy Chase Community Center**

- Meeting time: Saturdays 12pm-1pm

- RecWare #: 2136.715

**Chevy Chase Community Center**

- Meeting time: Saturdays 1pm-2pm

### *Fencing: Wheelchair Foil*

Learn the art of the sword! Basic Foil equipment provided.

- Ages: 13 and over

Fee DC Residents: \$100

Non Residents: \$110

- **12 Week Session**

Start Date: Oct. 3, 2006

End Date: Dec. 19, 2006

- RecWare #: 2137.215

**Chevy Chase Community Center**

- Meeting time: Tuesdays

5:30pm-6:30pm

### *Fencing: Wheelchair Foil*

- **12 Week Session**

Start Date: Feb. 6, 2007

End Date: May 24, 2007

- RecWare #: 2136.215

**Chevy Chase Community Center**

- Meeting time: Tuesdays

5:30pm-6:30pm

### ***Flag Football: Pee Wee***

Children and teens learn different techniques, fundamentals, and the skills necessary to play the sport safely.

- Ages: 6 to 8yrs.

Fee: None

#### **● 12 Week Session**

Start Date: Aug. 28, 2006

End Date: Nov. 17, 2006

- RecWare #: 2097.221

#### **Douglas Community Center**

- Meeting time: Saturdays  
4:30pm- 6:30 pm

- RecWare #: 2097.231

#### **Fort Lincoln Recreation Center**

- Meeting time: Mondays & Wednesdays  
6pm-7pm

- RecWare #: 2097.233

#### **Fort Stevens Community Center**

- Meeting time: Wednesdays  
4pm-5:30pm

- RecWare #: 2097.242

#### **Hearst Recreation Center**

- Meeting time: Wednesdays  
4:30pm-5:30pm

- RecWare #: 2097.249

#### **Kenilworth-Parkside Recreation Center**

- Meeting time: Tuesdays & Thursdays 5:30pm-7:30pm

- RecWare #: 2097.252

#### **Lafayette Recreation Center**

- Meeting time: Mondays  
4pm-5:30pm

- RecWare #: 2097.278

#### **Savoy Recreation Center**

- Meeting time: Tuesdays  
4:30pm-6:30pm

### ***Flag Football: Junior***

- Ages: 9 to 11 yrs.

#### **● 12 Week Session**

Start Date: Aug 28 2006

End Date: Nov 17 2006

- RecWare #: 2097.307

#### **Bald Eagle Recreation Center**

- Meeting time: Fridays 6pm-8pm

- RecWare #: 2097.312

#### **Benning Park Community Center**

- Meeting time: Tuesdays & Thursdays  
4:30pm-6:30pm

- RecWare #: 2097.321

#### **Douglas Community Center**

- Meeting time: Saturdays  
4:30pm- 6:30 pm

- RecWare #: 2097.327

#### **Emery Recreation Center**

- Meeting time: Tuesdays & Thursdays  
5:30pm-7:30pm

- RecWare #: 2097.331

#### **Fort Lincoln Recreation Center**

- Meeting time: Mondays & Wednesdays  
6pm-7pm

- RecWare #: 2097.333

#### **Fort Stevens Community Center**

- Meeting time: Wednesdays  
4pm-5:30pm

- RecWare #: 2097.352

#### **Lafayette Recreation Center**

- Meeting time: Mondays 4pm-5:30pm

- RecWare #: 2097.354

#### **Langdon Park Community Center**

- Meeting time: Mondays & Wednesdays  
4:30pm-5:30pm

- RecWare #: 2097.365

#### **Palisades Community Center**

- Meeting time: Mondays & Wednesdays  
4:30pm-5:30pm

- RecWare #: 2097.378

#### **Savoy Recreation Center**

- Meeting time: Tuesdays 4:30pm-  
6:30pm

- RecWare #: 2097.384

#### **Stead Recreation Center**

- Meeting time: Mondays & Wednesdays  
5pm-6pm

- RecWare #: 2097.385

#### **Stoddert Recreation Center**

- Meeting time: Tuesdays 4pm-6pm

- RecWare #: 2097.387

#### **Taft Recreation Center**

- Meeting time: Mondays, Wednesdays,  
& Fridays 4:30pm-5:30pm

### *Flag Football: Intermediate Boys*

- Ages: 12 to 14 yrs.
- **12 Week Session**

Start Date: Aug 28 2006

End Date: Nov 17 2006

- RecWare#: 2097.413

#### **Benning Stoddert Community Center**

- Meeting time: Mondays & Wednesdays 5:30pm-7pm

- Recware #: 2097.414

#### **Brentwood Recreation Center**

- Meeting time: Tuesdays 5pm-7pm

- RecWare #: 2097.427

#### **Emery Recreation Center**

- Meeting time: Tuesdays & Thursdays 5:30pm-7:30pm

- RecWare #: 2097.428

#### **Ferebee Hope Recreation Center**

- Meeting time: Thursdays 5pm-6:30pm

- RecWare #: 2097.433

#### **Fort Stevens Community Center**

- Meeting time: Wednesdays 4pm-5:30pm

- RecWare #: 2097.451

#### **King Greenleaf Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-7pm

- RecWare #: 2097.454

#### **Langdon Park Community Center**

- Meeting time: Mondays & Wednesdays 4:30pm-5:30pm

- RecWare #: 2097.461

#### **Marie H. Reed Recreation Center**

- Meeting time: Mondays & Thursdays 4:30pm-5:30pm

- RecWare #: 2097.468

#### **Payne Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-6pm

- RecWare #: 2097.476

#### **Rosedale Recreation Center**

- Meeting time: Tuesdays & Thursdays 4:30pm-6pm

- RecWare #: 2097.481

#### **Sherwood Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-6:30pm



- RecWare #: 2097.484

#### **Stead Recreation Center**

- Meeting time: Tuesdays & Thursdays 6pm-7pm

- RecWare #: 2097.492

#### **Turkey Thicket Community Center**

- Meeting time: Tuesdays & Thursdays 4pm-6pm

- RecWare #: 2097.498

#### **Watts Branch Recreation Center**

- Meeting time: Tuesdays & Thursdays 4:30pm-5:30pm

### *Flag Football: Intermediate Girls*

- Ages: 12 to 14yrs.

- **12 Week Session**

Start Date: Aug. 28, 2006

End Date: Nov. 17, 2006

- RecWare#: 2097.513

#### **Benning Stoddert Community Center**

- Meeting time: Mondays & Wednesdays 5:30pm-7pm

- Recware #: 2097.514

#### **Brentwood Recreation Center**

- Meeting time: Tuesdays 5pm-7pm

- RecWare #: 2097.529

#### **Fort Davis Community Center**

- Meeting time: Saturdays 5:30pm-7pm

- RecWare #: 2097.554

#### **Langdon Park Community Center**

- Meeting time: Mondays & Wednesdays 4:30pm-5:30pm

### *Flag Football: Senior*

● Ages: 15 to 18 yrs.

● **12 Week Session**

Start Date: Aug. 28, 2006

End Date: Nov. 17, 2006

● RecWare #: 2097.628

**Ferebee Hope Recreation Center**

● Meeting time: Thursdays 5pm-6:30pm

● RecWare #: 2097.651

**King Greenleaf Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5pm-7pm

● RecWare #: 2097.681

**Sherwood Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5pm-6:30pm

### *Flag Football: Adult*

● Ages: 18 and over

Fee: None

● **12 Week Session**

Start Date: Aug. 29, 2006

End Date: Nov. 16, 2006

● RecWare #: 2097.740

**Harry Thomas Sr. Recreation Center**

● Meeting time: Tuesdays & Thursdays  
7pm-9pm

### *Franchise Fantasy Football*

● Ages: 18 and over

Fee: None

● **17 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 23, 2006

● RecWare #: 2417.931

**Fort Lincoln Recreation Center**

● Meeting time: Fridays 6pm-7pm

### *Gymnastics*

Learn gymnastic skills including mat work, balance beam, uneven bars and introduction to trampoline

● Ages: 2 to 3yrs.

Fee: DC Residents: \$100

Non Residents: \$110

● **12 Week Session**

Start Date: Oct. 2, 2006

End Date: Dec. 7, 2006

● RecWare #: 2207.015

**Chevy Chase Community Center**

● Meeting time: Mondays  
3:30pm-4:15pm

● RecWare #: 2217.115

**Chevy Chase Community Center**

● Meeting time: Tuesdays  
3:45pm-4:30pm

● RecWare #: 2207.515

**Chevy Chase Community Center**

● Meeting time: Thursdays  
11am-12pm

● RecWare #: 2207.615

**Chevy Chase Community Center**

● Meeting time: Saturdays  
9:15am-10am

### *Gymnastics*

● Ages: 2 to 3yrs.

● RecWare #: 2207.215

**Chevy Chase Community Center**

● Meeting time: Mondays  
4:15pm-5:15pm

● RecWare #: 2207.315

**Chevy Chase Community Center**

● Meeting time: Tuesdays  
4:30pm-5:30pm

● RecWare #: 2207.715

**Chevy Chase Community Center**

● Meeting time: Saturdays 10am-11am

### *Gymnastics*

● Ages: 7 to 12yrs.

● RecWare #: 2207.115

**Chevy Chase Community Center**

● Meeting time: Mondays  
5:15pm-6:15pm

● RecWare #: 2207.815

**Chevy Chase Community Center**

● Meeting time: Saturdays 11am-12pm



## ***Gymnastics***

Fee: DC Residents \$80  
Non-Resident: \$85

- Ages: 2 to 3yrs.

### **● 8 Week Session**

Start Date: Jan. 8, 2007

End Date: Feb. 27, 2007

- RecWare #: 2206.015

### **Chevy Chase Community Center**

- Meeting time: Tuesdays

3:45pm-4:30pm

- RecWare #: 2206.215

### **Chevy Chase Community Center**

- Meeting time: Thursdays

11am-11:45am

- RecWare #: 2206.315

### **Chevy Chase Community Center**

- Meeting time: Saturdays

9:15am-10am

- RecWare #: 2206.815

### **Chevy Chase Community Center**

- Meeting time: Mondays

3:30pm-4:15pm

## ***Gymnastics***

- Ages: 2 to 3yrs.

- RecWare #: 2206.115

### **Chevy Chase Community Center**

- Meeting time: Tuesdays

4:30pm-5:30pm

- RecWare #: 2206.415

### **Chevy Chase Community Center**

- Meeting time: Saturdays 10am-11am

- RecWare #: 2206.715

### **Chevy Chase Community Center**

- Meeting time: Wednesdays &

Saturdays 4:15pm-5:15pm

## ***Gymnastics***

- Ages: 7 to 12yrs.

- RecWare #: 2206.515

### **Chevy Chase Community Center**

- Meeting time: Saturdays 11am-12pm

- RecWare #: 2206.615

### **Chevy Chase Community Center**

- Meeting time: Mondays

5:15pm-6:15pm

## ***Gymnastics***

Learn gymnastics skills including mat work, balance beam, uneven bars and introduction to trampoline

- Ages: 2 to 12yrs.

### **● 7 Week Session**

Fee: None

Start Date: Aug. 28, 2006

End Date: Oct. 23, 2006

- RecWare #: 2207.120

### **Douglas Community Center**

- Meeting time: Tuesdays & Thursdays

6pm-7:30pm

## ***Ice Skating***

Students will skate free in an activity for enjoyment at Fort Dupont Skating Ring.

- Ages: 8 and over

Fee: None

### **● 12 Week Session**

Start Date: Oct. 2, 2006

End Date: Dec. 18, 2006

- RecWare #: 2407.929

### **Fort Davis Community Center**

- Meeting time: Mondays 6pm-7pm



## ***Indoor Soccer: Adults***

Beginning indoor soccer for adults.

- Ages: 18 and over

Fee: None

### **● 12 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 26, 2007

- RecWare #: 2066.852

### **Hearst Recreation Center**

- Meeting time: Mondays 6:30pm-9pm

### *Indoor Soccer: Tiny Tots*

Learn the fundamental techniques and strategies of the game of soccer in a fun and organized environment.

- Ages: 5 to 6yrs.

Fee: None

#### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 24, 2007

● RecWare #: 2066.052

#### **Lafayette Recreation Center**

- Meeting time: Mondays

4pm-6:30pm

- RecWare #:2066.078

#### **Savoy Recreation Center**

- Meeting time: Tuesdays 4pm-5pm

### *Indoor Soccer*

- Ages: 4 to 8yrs.

Fee: None

#### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 31, 2007

● RecWare #:2066.227

#### **Emery Recreation Center**

- Meeting time: Thursdays 6pm-8pm

- RecWare #:2066.240

#### **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-6pm

- RecWare #:2066.242

#### **Lafayette Recreation Center**

- Meeting time: Mondays, Thursdays, Fridays, & Saturdays 10am-4pm

- RecWare #:2066.250

#### **Kennedy Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 5pm-7pm

- RecWare #:2066.268

#### **Payne Recreation Center**

- Meeting time: Monday through Friday 4:30pm-6:30pm

- RecWare #: 2066.269

#### **Petworth Recreation Center**

- Meeting time: Thursdays 6pm-8pm

- RecWare #:2066.278

#### **Savoy Recreation Center**

- Meeting time: Tuesdays 4pm-5pm

- RecWare #:2066.292

#### **Turkey Thicket Community Center**

- Meeting time: Tuesdays & Thursdays 4:30pm-6:30pm

### *Indoor Soccer: 10 and Under*

- Ages: 9 to 10yrs.

#### ● 12 Week Session

Start Date: Jan. 9 2007

End Date: Mar. 29 2007

● RecWare #: 2066.313

#### **Benning Stoddert Community Center**

- Meeting time: Tuesdays

5:30pm-7:30pm

- RecWare #: 2066.327

#### **Emery Recreation Center**

- Meeting time: Thursdays 6pm-8pm

- RecWare #: 2066.328

#### **Ferebee Hope Recreation Center**

- Meeting time: Tuesdays & Thursdays 4:45pm-6pm

- RecWare #: 2066.340

#### **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-6pm

- RecWare #: 2066.339

#### **Harrison Recreation Center**

- Meeting time: Tuesdays & Thursdays 4:30pm-6pm

- RecWare #: 2066.350

#### **Kennedy Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 5pm-7pm

- RecWare #: 2066.352

#### **Lafayette Recreation Center**

- Meeting time: Tuesdays 6pm-7:30pm

- RecWare #: 2066.361

#### **Marie Reed Recreation Center**

- Meeting time: Tuesdays & Thursdays 4:30pm-5:30pm

- RecWare #: 2066.368

#### **Payne Recreation Center**

- Meeting time: Monday through Friday 4:30pm-6:30pm

- RecWare #: 2067.373

#### **Ridge Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-7pm



- RecWare #: 2066.378  
**Savoy Recreation Center**  
● Meeting time: Tuesdays 4pm-5pm

- RecWare #: 2066.392  
**Turkey Thicket Community Center**  
● Meeting time: Tuesdays & Thursdays 4:30pm-6:30pm

- RecWare #: 2066.397  
**Watkins Recreation Center**  
● Meeting time: Tuesdays 5pm-6pm

### *Indoor Soccer: 12 and Under*

- Ages 11 to 12 yrs.
- **12 Week Session**  
Start Date: Jan 10 2007  
End Date: Mar 29 2007  
● RecWare #: 2066.413  
**Benning Stoddert Community Center**  
● Meeting time: Tuesdays 5:30pm-7:30pm

- RecWare #: 2066.427  
**Emery Recreation Center**  
● Meeting time: Thursdays 6pm-8pm

- RecWare #: 2066.448  
**Kalorama Recreation Center**  
● Meeting time: Tuesdays & Thursdays 6:30pm-8pm

- RecWare #: 2066.450  
**Kennedy Recreation Center**  
● Meeting time: Mondays, Wednesdays, & Fridays 5pm-7pm

- RecWare #: 2067.473  
**Ridge Recreation Center**  
● Meeting time: Tuesdays & Thursdays 5pm-7pm

- RecWare #: 2066.478  
**Savoy Recreation Center**  
● Meeting time: Tuesdays 4pm-5pm

- RecWare #: 2066.492  
**Turkey Thicket Community Center**  
● Meeting time: Tuesdays & Thursdays 4:30pm-6:30pm

- RecWare #: 2066.498  
**Watts Branch Recreation Center**  
● Meeting time: Mondays 4pm-5pm

### *Indoor Soccer*

- Ages: 9 to 12yrs.
- **12 Week Session**  
Start Date: Jan. 13, 2007  
End Date: Mar. 31, 2007  
● RecWare #: 2066.452  
**Lafayette Recreation Center**  
● Meeting time: Saturdays 12:30pm-4pm
- RecWare #: 2086.542  
**Hearst Recreation Center**  
● Meeting time: Saturdays 10am-4pm

### *Jujitsu*

Certified instructors teach the art of fitness and meditation.

- Ages: 6 and over
- Fee: None
- **17 Week Session**  
Start Date: Sept. 2, 2006  
End Date: Dec. 23, 2006  
● RecWare #: 2147. 721

### **Douglas Community Center**

- Meeting time: Saturdays 6:30pm-8:30pm



### *Jujitsu*

- **12 Week Session**  
Start Date: Jan. 13, 2007  
End Date: Mar. 31, 2007  
● RecWare #: 2146. 721  
**Douglas Community Center**  
● Meeting time: Saturdays 6:30pm-8:30pm

## ***Karate***

Participants learn self defense, flexibility, strength and body conditioning.

- Ages: 12 and over

Fee: None

### ● 17 Week Session

Start Date: Aug. 28, 2006

End Date: Dec. 23, 2006

- RecWare #: 2157.913

## **Benning Stoddert Community Center**

- Meeting time: Saturdays

12:30pm-2:30pm

- RecWare#: 2157.929

## **Fort Davis Community Center**

- Meeting time: Mondays 7pm-9pm

- RecWare #: 2157.931

## **Ft. Lincoln Recreation Center**

- Meeting time: Mondays & Wednesdays 6:30pm-8:30pm

## ***Karate***

### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 26, 2007

- RecWare #: 2156.929

## **Fort Davis Community Center**

- Meeting time: Mondays 7pm-9pm

## ***Karate***

Students will learn discipline, self-confidence, and will become mentally and physically stronger. The one-hour class will include stretching, basic techniques, kata (forms), and power.

- Ages: 5 & over

Fee: DC Residents: \$125

Non- Residents: \$135

### ● 10 Week Session

Start Date: Oct. 2, 2006

End Date: Dec. 7, 2006

- RecWare #: 2157.915

## **Chevy Chase Community Center**

- Meeting time: Mondays & Thursdays 5pm-6pm

## ***Karate***

Fee: DC Residents \$100

Non-Resident: \$110

### ● 8 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 1, 2007

- RecWare #: 2156.915

## **Chevy Chase Community Center**

- Meeting time: Mondays & Thursdays 5pm-6pm



## ***Kickball***

Participants will learn the fundamentals of the game of kickball and have lots of fun.

- Ages: 5 and over

Fee: None

### ● 17 Week Session

Start Date: Aug. 28, 2006

End Date: Dec. 22, 2006

- RecWare #: 2127.912

## **Benning Park Community Center**

- Meeting time: Fridays 6pm-7pm

RecWare #: 2127.939

## **Harrison Recreation Center**

- Meeting time: Fridays 3:30pm-5pm

- RecWare #: 2127.454

## **Langdon Park Community Center**

- Meeting time: Fridays 5pm-6:30pm

- RecWare #: 2127.457

## **Macomb Recreation Center**

- Meeting time: Wednesdays 3:30pm-4:45pm

## ***Kickball***

### ● 12 Week Session

Start Date: Jan. 9, 2007

End Date: Mar. 29, 2007

- RecWare #: 2126.249

## **Kenilworth- Parkside Recreation Center**

- Meeting time: Tuesdays & Thursdays 6pm-7pm

## *Kickboxing*

This self defense program provides participants instruction in the fundamental precepts of kickboxing.

- Ages: 10 and over

Fee: None

### ● 16 Week Session

Start Date: Sept. 2, 2006

End Date: Dec. 23, 2006

- RecWare #: 2167.740

### **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays & Thursdays 7pm-9pm

## *Kickboxing*

### ● 12 Week Session

Start Date: Jan. 9, 2007

End Date: Mar. 29, 2007

- RecWare #: 2166.740

### **Harry Thomas Sr. Recreation Center**

- Meeting time: Tuesdays & Thursdays 7pm-9pm



## *Kung Fu*

Acquire a greater sense of self and conflict resolution precepts by learning self-defense, balance, power, flexibility, and the use of traditional JOW GA KUNG FU.

- Ages: 8 and over

Fee: DC Resident: \$100

Non-Resident: \$110

### ● 10 Week Session

Start Date: Oct. 4, 2006

End Date: Dec. 6, 2006

- RecWare #: 2177.915

### **Chevy Chase Community Center**

- Meeting time: Wednesdays 7pm-9pm

## *Kung Fu*

Fee: DC Residents: \$80

Non-Resident: \$85

### ● 8 Week Session

Start Date: Jan. 10, 2007

End Date: Feb. 28, 2007

- RecWare #: 2176.915

### **Chevy Chase Community Center**

- Meeting time: Wednesdays 7pm-9pm

## *Pom-Pon*

Participants learn team building exercises, sportsmanship and team play. Routine are show cased at regional and city wide competitions.

- Ages: 6 to 10yrs.

Fee: None

### ● 17 Week Session

Start Date: Sept. 5, 2006

End Date: Dec. 23, 2006

- RecWare #: 2377.307

### **Bald Eagle Recreation Center**

- Meeting time: Saturdays 12pm-2pm

## *Pom-Pon*

### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 31, 2007

- RecWare #: 2376.407

### **Bald Eagle Recreation Center**

- Meeting time: Mondays & Saturdays 6pm-8pm

## *Pom-Pon*

- Ages: 11 to 13yrs.

### ● 17 Week Session

Start Date: Aug. 28, 2006

End Date: Dec. 20, 2006

- RecWare #: 2377.516

### **Chevy Chase Playground**

- Meeting time: Mondays & Wednesdays 4pm-7pm

- RecWare #: 2377.532

### **Fort Stanton Community Center**

- Meeting time: Tuesdays & Thursdays 5:30pm-7pm

- RecWare #: 2377.533

### **Fort Stevens Recreation Center**

- Meeting time: Thursdays 6pm-7pm

- RecWare #: 2377.541

### **Hart Recreation Center**

- Meeting time: Mondays & Fridays 6:30pm-8:30pm

- RecWare #: 2377.552

### **Lafayette Recreation Center**

- Meeting time: Mondays & Wednesdays 4pm-5pm

● RecWare #: 2377.568  
**Payne Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
5pm-7pm

● RecWare #: 2377.578  
**Savoy Recreation Center**  
● Meeting time: Tuesdays  
6:30pm-7:30pm

● RecWare #: 2377.588  
**Takoma Community Center**  
● Meeting time: Mondays & Wednesdays  
5:30pm-6:30pm

● RecWare #: 2377.592  
**Turkey Thicket Community Center**  
● Meeting time: Mondays, Wednesdays,  
& Fridays 6pm-7:30pm

### *Pom-Pon*

● Ages: 14 to 18 yrs.  
● **17 Week Session**  
Start Date: Aug. 28, 2006  
End Date: Dec. 20, 2006  
● RecWare #: 2377.612

**Benning Park Community Center**  
● Meeting time: Tuesdays, Wednesdays,  
& Thursdays 5:30pm-8:45pm

● RecWare #: 2377.625  
**Edgewood Recreation Center**  
● Meeting time: Mondays through  
Thursdays 4pm-5pm

● RecWare #: 2377.629  
**Fort Davis Community Center**  
● Meeting time: Tuesdays & Thursdays  
6:30pm-8:30pm

● RecWare #: 2377.661  
**Marie H. Reed Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
4pm-6pm

● RecWare #: 2377.673  
**Ridge Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
5:30pm-7:30pm

● RecWare #: 2377.684  
**Stead Recreation Center**  
● Meeting time: Tuesdays &  
Wednesdays 5pm-6pm



### *Soccer: Tiny Tots*

Learn the fundamental techniques and strategies of the game of soccer in a fun and organized environment.

● Ages: 5 to 6yrs

Fee: None

● **14 Week Session**

Start Date: Sept. 7, 2006

End Date: Nov. 30, 2006

● RecWare #: 2067.011

**Barry Farm Recreation Center**

● Meeting time: Tuesdays 4pm-6pm

● RecWare #: 2067.078

**Savoy Recreation Center**

● Meeting time: Tuesdays 4pm-5pm

### *Soccer*

● Ages: 6 to 8 yrs.

● RecWare #: 2067.211

**Barry Farm Recreation Center**

● Meeting time: Tuesdays 4pm-6pm

● RecWare #: 2067.225

**Edgewood Recreation Center**

● Meeting time: Tuesdays & Thursdays  
4pm-5pm

● RecWare #: 2067.234

**Friendship Recreation Center**

● Meeting time: Tuesdays & Thursdays  
4pm-5pm

● RecWare #: 2067.238

**Hardy Recreation Center**

● Meeting time: Tuesdays & Thursdays  
4:30pm-5:30pm

● RecWare #: 2067.240

**Harry Thomas Sr. Recreation Center**

● Meeting time: Tuesdays & Thursdays  
5pm-6pm

● RecWare #: 2067.242  
**Hearst Recreation Center**  
● Meeting time: Monday through Friday  
4pm-5:30pm

● RecWare #: 2067.251  
**King Greenleaf Recreation Center**  
● Meeting time: Mondays, &  
Wednesdays 4:30pm-6:30pm

● RecWare #: 2067.252  
**Lafayette Recreation Center**  
● Meeting time: Saturdays  
9:30am-12:30pm

● RecWare #: 2067.265  
**Palisades Community Center**  
● Meeting time: Tuesdays & Thursdays  
4:30pm-5:30pm

● RecWare #: 2067.269  
**Petworth Recreation Center**  
● Meeting time: Thursdays 6pm-8pm

● RecWare #: 2067.278  
**Savoy Recreation Center**  
● Meeting time: Tuesdays 4pm-5pm

## **Soccer**

● Ages: 9 to 10yrs.

### ● **14 Week Session**

Start Date: Aug. 29 2006

End Date: Nov. 16 2006

● RecWare #: 2067.307

**Bald Eagle Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
5pm-7pm

● RecWare #: 2067.311  
**Barry Farm Recreation Center**  
● Meeting time: Tuesdays 4pm-6pm

● RecWare #: 2067.312  
**Benning Park Community Center**  
● Meeting time: Tuesdays & Thursdays  
4:30pm-6pm

● RecWare #: 2067.313  
**Benning Stoddert Community Center**  
● Meeting time: Tuesdays  
5:30pm-7:30pm

● RecWare #: 2067.314  
**Brentwood Recreation Center**  
● Meeting time: Wednesdays 5pm-7pm

● RecWare #: 2067.328  
**Ferebee Hope Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
4pm-5:45pm

● RecWare #: 2067.339  
**Harrison Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
4:30pm-6pm

● RecWare #: 2067.340  
**Harry Thomas Sr. Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
5pm-6pm

● RecWare #: 2067.341  
**Hart Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
5pm-6:30pm

● RecWare #: 2067.350  
**Kennedy Recreation Center**  
● Meeting time: Mondays,  
Wednesdays, & Fridays 5pm-7pm

● RecWare #: 2067.361  
**Marie H. Reed Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
4:30pm-5:30pm

● RecWare #: 2067.373  
**Ridge Recreation Center**  
● Meeting time: Mondays &  
Wednesdays 5pm-7pm

● RecWare #: 2067.378  
**Savoy Recreation Center**  
● Meeting time: Tuesdays 4pm-5pm

● RecWare #: 2067.381  
**Sherwood Recreation Center**  
● Meeting time: Mondays & Saturdays  
4:30pm-5:30pm

● RecWare #: 2067.385  
**Stoddert Recreation Center**  
● Meeting time: Mondays 4pm-6pm

● RecWare #: 2067.397  
**Watkins Recreation Center**  
● Meeting time: Tuesdays & Thursdays  
5pm-6pm

## **Soccer**

- Ages: 11 to 12yrs.

### **● 14 Week Session**

Start Date: Aug. 30, 2006

End Date: Nov. 29, 2006

- RecWare #: 2067.414

#### **Brentwood Recreation Center**

- Meeting time: Wednesdays 5pm-7pm

- RecWare #: 2067.429

#### **Fort Davis Community Center**

- Meeting time: Wednesdays 5pm-6pm

- RecWare #: 2067.448

#### **Kalorama Recreation Center**

- Meeting time: Tuesdays & Thursdays 6:30pm-8pm

- RecWare #: 2067.450

#### **Kennedy Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 5pm-7pm

- RecWare #: 2067.473

#### **Ridge Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-7pm

- RecWare #: 2067.478

#### **Savoy Recreation Center**

- Meeting time: Tuesdays 4pm-5pm

- RecWare #: 2067.484

#### **Stead Recreation Center**

- Meeting time: Mondays & Wednesdays 5pm-6pm

## **Softball: Girls**

Learn basic skills, strategies, and rules.

- Ages: 8 to 11yrs.

### **● 9 Week Session**

Start Date: Sept. 16, 2006

End Date: Nov. 21, 2006

- RecWare #: 2047.452

#### **Lafayette Recreation Center**

- Meeting time: Thursdays 4pm-5pm

## **Step Team**

Learn team building exercises, sportsmanship, and team play. Curriculum includes body movement, dexterity development, and coordination. Routines are showcased at regional and citywide competitions and events.

- Ages: 6 to 12yrs.

Fee: None

### **● 17 Week Session**

Start Date: Sept. 9, 2006

End Date: Dec. 23, 2006

- RecWare #: 2367.554

#### **Langdon Park Community Center**

- Meeting time: Saturdays 1pm-3pm

## **Tackle Football**

Participants learn techniques, fundamental skills necessary to play the sport safely through competitive games.

- Fee: None

### **● 14 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 1, 2006

## **Tackle Football: Ankle Biters (65 lbs)**

- Ages: 7 to 10yrs.

- RecWare #: 2237.107

#### **Bald Eagle Recreation Center**

- Meeting time: Monday through Friday 6pm-8pm

- RecWare #: 2237.113

#### **Benning Stoddert Recreation Center**

- Meeting time: Tuesdays, Wednesdays, & Thursdays 5pm-8pm

- RecWare #: 2237.151

#### **King Greenleaf Recreation Center**

- Meeting time: Mondays, Wednesdays, Fridays 5pm-8pm

- RecWare #: 2237.152

#### **Lafayette Recreation Center**

- Meeting time: Tuesdays & Fridays 5pm-7pm

- RecWare #: 2237.173

#### **Ridge Recreation Center**

- Meeting time: Monday through Friday 4pm-8pm

- RecWare #: 2237.176

#### **Rosedale Recreation Center**

- Meeting time: Monday through Friday 6pm-8pm

- RecWare #: 2237.188

#### **Takoma Community Center**

- Meeting time: Monday through Friday 4pm-8pm

- RecWare #: 2237.192

#### **Turkey Thicket Community Center**

- Meeting time: Tuesdays & Thursdays 4pm-6pm

- RecWare #: 2237.197

#### **Watkins Recreation Center**

- Meeting time: Monday through Friday 6pm-8:15pm



### *Tackle Football: Pony (75 lbs)*

- Ages: 8 to 11 yrs.
- RecWare #: 2237.207
- Bald Eagle Recreation Center**
- Meeting time: Monday through Friday 6pm- 8pm

- RecWare #: 2237.213
- Benning Stoddert Recreation Center**
- Meeting time: Tuesdays, Wednesdays, & Thursdays 5pm-8pm

- RecWare #: 2237.240
- Harry Thomas Sr. Recreation Center**
- Meeting time: Mondays, Wednesdays & Thursdays 5:30pm-8:30pm

- RecWare #: 2237.252
- Lafayette Recreation Center**
- Meeting time: Tuesdays & Fridays 5pm-7pm

- RecWare #: 2237.273
- Ridge Recreation Center**
- Meeting time: Monday through Friday 4pm-8pm

- RecWare #: 2237.276
- Rosedale Recreation Center**
- Meeting time: Monday through Friday 6pm-8pm

- RecWare #: 2237.288
- Takoma Community Center**
- Meeting time: Monday through Friday 4pm-8pm

- RecWare #: 2237.292
- Turkey Thicket Community Center**
- Meeting time: Tuesdays & Thursdays 4pm-8pm

- RecWare #: 2237.297
- Watkins Recreation Center**
- Meeting time: Monday through Friday 6pm-8:15pm

### *Tackle Football: Midget (85 lbs)*

- Ages: 9 to 12yrs.
- RecWare #: 2237.307
- Bald Eagle Recreation Center**
- Meeting time: Monday through Friday 6pm- 8pm

- RecWare #: 2237.346
- Joseph H. Cole Recreation Center**
- Meeting time: Tuesdays, Wednesdays, & Thursdays 4:30pm-7pm

- RecWare #: 2237.352
- Lafayette Recreation Center**
- Meeting time: Tuesdays & Fridays 5pm-7pm

- RecWare #: 2237.373
- Ridge Recreation Center**
- Meeting time: Monday through Friday 4pm-8pm

- RecWare #: 2237.376
- Rosedale Recreation Center**
- Meeting time: Monday through Friday 6pm-8pm

- RecWare #: 2237.392
- Turkey Thicket Community Center**
- Meeting time: Tuesdays & Thursdays 4pm-6pm

- RecWare #: 2237.397
- Watkins Recreation Center**
- Meeting time: Monday through Friday 6pm-8:15pm

### *Tackle Football: Junior (95 lbs)*

- Ages: 10 to 13yrs.
- RecWare #: 2237.430
- Fort Greble Recreation Center**
- Meeting time: Mondays & Wednesdays 5:30pm-7pm

- RecWare #: 2237.452
- Lafayette Recreation Center**
- Meeting time: Tuesdays & Fridays 5pm-7pm

- RecWare #: 2237.473
- Ridge Recreation Center**
- Meeting time: Monday through Friday 4pm-8pm

- RecWare #: 2237.476
- Rosedale Recreation Center**
- Meeting time: Monday through Friday 6pm-8pm

- RecWare #: 2237.497
- Watkins Recreation Center**
- Meeting time: Monday through Friday 6pm-8:15pm

### ***Tackle Football: Intermediate (105 lbs)***

- Ages: 11 to 14 yrs.
- RecWare #: 2237.540

#### **Harry Thomas Sr. Recreation Center**

- Meeting time: Mondays, Wednesdays & Thursdays 5:30pm-8:30pm

- RecWare #: 2237.573

#### **Ridge Recreation Center**

- Meeting time: Monday through Friday 4pm-8pm

RecWare #: 2237.576

#### **Rosedale Recreation Center**

- Meeting time: Monday through Friday 6pm-8pm

- RecWare #: 2237.597

#### **Watkins Recreation Center**

- Meeting time: Monday through Friday 6pm-8:15pm

### ***Tackle Football: Senior (115 lbs)***

- Ages: 12 to 15yrs.
- RecWare #: 2237.640

#### **Harry Thomas Sr. Recreation Center**

- Meeting time: Mondays, Wednesdays & Thursdays 5:30pm-8:30pm

- RecWare #: 2237.641

#### **Hart Recreation Center**

- Meeting time: Mondays & Wednesdays 5pm-7:30pm

- RecWare #: 2237.673

#### **Ridge Recreation Center**

- Meeting time: Monday through Friday 4pm-8pm

- RecWare #: 2237.676

#### **Rosedale Recreation Center**

- Meeting time: Monday through Friday 6pm-8pm

- RecWare #: 2237.688

#### **Takoma Community Center**

- Meeting time: Monday through Friday 4pm-8pm

- RecWare #: 2237.697

#### **Watkins Recreation Center**

- Meeting time: Monday through Friday 6pm-8:15pm

### ***Tae Kwon Do***

Develop self-defense and self respect, classes include beginners and advance levels.

- Ages: 6 to 13yrs.

Fee: None

#### **● 17 Week Session**

Start Date: Sept. 12, 2006

End Date: Dec. 22, 2006

- RecWare #: 2167.151

#### **King Greenleaf Recreation Center**

- Meeting time: Fridays 6:30pm-8pm

### ***Tae Kwon Do***

#### **● 12 Week Session**

Start Date: Jan. 12, 2007

End Date: Mar. 30, 2007

- RecWare #: 2166.127

#### **Emery Recreation Center**

- Meeting time: Tuesdays & Thursdays 5pm-7pm

- RecWare #: 2166.151

#### **King Greenleaf Recreation Center**

- Meeting time: Fridays 6:30pm-8pm

### ***Tee Ball***

Participants will learn the basic skills in beginning field play leading to the fundamentals of baseball.

- Ages: 6 to 8yrs

Fee: None

#### **● 9 Week Session**

Start Date: Aug. 28, 2006

End Date: Oct. 28, 2006

- RecWare #: 2027.216

#### **Chevy Chase Playground**

- Meeting time: Saturdays 11am-12pm

### ***Table Tennis***

- Ages: 8 and over

Fee: None

#### **● 17 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 22, 2006

- RecWare #: 2187.933

#### **Fort Stevens Recreation Center**

- Meeting time: Monday through Friday 5pm- 8:15 pm

### ***Table Tennis***

#### **● 12 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 30, 2007

- RecWare #: 2186.933

#### **Fort Stevens Recreation Center**

- Meeting time: Monday through Friday 5pm- 8:15 pm

## *Tennis*

Learn basic skills, stroke technique, and court awareness.

- Ages: 8 and over

Fee: None

### ● 10 Week Session

Start Date: Aug. 28, 2006

End Date: Nov. 3, 2006

- RecWare #: 2017.804

### **Arboretum Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 6pm-7pm

- RecWare #: 2017.588

### **Takoma Community Center**

- Meeting time: Mondays & Wednesdays 4:30pm-5:30pm

## *Tennis*

- Ages: 5 & over

Fee: None

### ● 8 Week Session

Start Date: Sept. 18, 2006

End Date: Nov. 10, 2006

- RecWare #: 2017.516

### **Chevy Chase Playground**

- Meeting time: Mondays & Wednesdays 5pm-6pm

- RecWare #: 2017.952

### **Lafayette Recreation Center**

- Meeting time: Monday through Friday 3:30pm-6:30pm

## *Tennis*

Tennis Skills will focus on: rules, strokes, court movement, and fitness in preparation for scored matches.

- Ages: 7 to 10yrs.

Fee: DC Residents: None

Non-Resident: \$15

### ● 8 Week Session

Start Date: Sept. 7, 2006

End Date: Nov. 8, 2006

- RecWare #: 2017.335

### **Georgetown Recreation Center**

- Meeting time: Tuesdays & Thursdays 3:45pm-4:30pm

## *Tennis*

- Ages: 9 to 12yrs.

### ● 8 Week Session

Start Date: Sept. 13, 2006

End Date: Nov. 3, 2006

- RecWare #: 2017.435

### **Georgetown Recreation Center**

- Meeting time: Fridays 3:45pm-4:45pm

- RecWare #: 2017.438

### **Hardy Recreation Center**

- Meeting time: Mondays, Wednesdays, & Fridays 4pm-6pm

- Ages: 5 to 13yrs.

- RecWare #: 2017.481

### **Sherwood Recreation Center**

- Meeting time: Fridays 4pm-5pm



## *Tennis*

- Ages: 9 to 13yrs.

Fee: None

### ● 5 Week Session

Start Date: Sept. 11, 2006

End Date: Oct. 11, 2006

- RecWare #: 2017.592

### **Turkey Thicket Community Center**

- Meeting time: Mondays & Wednesdays 4pm-5pm

## *Tennis: Adults*

Each participant will learn skills in tennis, serving forehand, and backhand.

- Ages: 18 and over

Fee: None

### ● 12 Week Session

Start Date: Sept. 2, 2006

End Date: Nov. 23, 2006

- RecWare #: 2017.916

### **Chevy Chase Playground**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2017.831

### **Fort Lincoln Recreation Center**

- Meeting time: Saturdays 10am-12pm

### *Tennis: Adult Beginners Clinic I*

Learn basic tennis skills, stroke technique, and court awareness.

- Ages: 18 and over

Fee: DC Residents \$50

Non-Residents: \$75

#### **● 7 Week Session**

Start Date: Aug. 28, 2006

End Date: Oct. 14, 2006

- RecWare #: 2307.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2307.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 2307.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2307.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 2307.583

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 9am-10am

### *Tennis: Adult Beginners Clinic I*

#### **● 5 Week Session**

Start Date: Jan. 8, 2007

End Date: Feb. 10, 2007

- RecWare #: 2306.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2306.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 2306.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2306.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 2306.583

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 9am-10am

### *Tennis: Adult Beginners Clinic II*

Learn basic tennis skills, stroke technique, and court awareness.

- Ages: 18 and over

Fee: DC Residents: \$50

Non-Resident: \$75

#### **● 8 Week Session**

Start Date: Oct. 16, 2006

End Date: Dec. 4, 2006

- RecWare #: 2267.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2267.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 2267.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2267.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 2267.583

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 9am-10am

### *Tennis: Adult Beginners Clinic II*

#### **● 6 Week Session**

Start Date: Feb. 19, 2007

End Date: Mar. 31, 2007

- RecWare #: 2266.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2266.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 2266.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2266.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 2266.583

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 9am-10am

### *Tennis: Adult Intermediate Clinic I*

Drills and skills clinic stressing correct stroke production and competitive play

- Ages: 18 and over

Fee: DC Residents: \$50

Non-Residents: \$75

#### ● 7 Week Session

Start Date: Aug. 28, 2006

End Date: Oct. 14, 2006

- RecWare #: 2247.283

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2247.383

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 2247.483

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2247.583

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 2247.683

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 9am-10am

### *Tennis: Adult Intermediate Clinic I*

#### ● 5 Week Session

Start Date: Jan. 8, 2007

End Date: Feb. 10, 2007

- RecWare #: 2246.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2246.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 2246.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2246.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 2246.583

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 9am-10am

### *Tennis: Adult Intermediate Clinic II*

Drills and skills clinic stressing correct stroke production and competitive play.

- Ages: 18 and over

Fee: DC Residents: \$50

Non-Residents: \$75

#### ● 7 Week Session

Start Date: Oct. 23, 2006

End Date: Dec. 9, 2006

- RecWare #: 2257.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2257.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 2257.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2257.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 2257.583

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 9am-10am

### *Tennis: Adult Intermediate Clinic II*

#### ● 6 Week Session

Start Date: Feb. 19, 2007

End Date: Mar. 31, 2007

- RecWare #: 2256.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 7pm-8pm

- RecWare #: 2256.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 7pm-8pm

- RecWare #: 2256.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 7pm-8pm

- RecWare #: 2256.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 7pm-8pm

- RecWare #: 2256.583

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 9am-10am

### ***Tennis: Doubles Clinic***

Doubles orientated strategy and competitive drills.

- Ages: 18 and over

Fee: DC Resident: \$50

Non-Resident: \$75

#### **● 7 Week Session**

Start Date: Aug. 28, 2006

End Date: Oct. 12, 2006

- RecWare #: 2287.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 8pm-9pm

- RecWare #: 2287.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 8pm-9pm

- RecWare #: 2287.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 8pm-9pm

- RecWare #: 2287.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 8pm-9pm



### ***Tennis: Doubles Clinic***

#### **● 5 Week Session**

Start Date: Jan. 8, 2007

End Date: Feb. 8, 2007

- RecWare #: 2286.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays 8pm-9pm

- RecWare #: 2286.283

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 8pm-9pm

- RecWare #: 2286.383

#### **SE Tennis & Learning Center**

- Meeting time: Wednesdays 8pm-9pm

- RecWare #: 2286.483

#### **SE Tennis & Learning Center**

- Meeting time: Thursdays 8pm-9pm

### ***Tennis: Junior Beginners Clinic***

Participants will learn beginners' strokes such as forehands, backhands, volleys, serves, and return of serves. Participants will also learn conditioning drill sprints and engage in competitions.

- Ages: 6 to 17yrs.

Fee: DC Residents: \$50

Non-Residents: \$60

#### **● 16 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 16, 2006

- RecWare #: 2317.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays & Wednesdays 3:30pm-4:30pm

- RecWare #: 2317.283

#### **SE Tennis & Learning Center**

- Meeting time: Mondays & Wednesdays 6pm-7pm

- RecWare #: 2317.383

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays & Thursdays 3:30pm-4:30pm

- RecWare #: 2317.483

#### **SE Tennis & Learning Center**

- Meeting time: Tuesdays & Thursdays 6pm-7pm

- RecWare #: 2317.583

#### **SE Tennis & Learning Center**

- Meeting time: Saturdays 1pm-2pm

### ***Tennis: Junior Beginners Clinic***

#### **● 12 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 31, 2007

- RecWare #: 2316.183

#### **SE Tennis & Learning Center**

- Meeting time: Mondays & Wednesdays 3:30pm-4:30pm

- RecWare #: 2316.283

#### **SE Tennis & Learning Center**

- Meeting time: Mondays & Wednesdays 6pm-7pm



- RecWare #: 2316.383

### **SE Tennis & Learning Center**

- Meeting time: Tuesdays & Thursdays 3:30pm-4:30pm

- RecWare #: 2316.483

### **SE Tennis & Learning Center**

- Meeting time: Tuesdays & Thursdays 6pm-7pm

- RecWare #: 2316.583

### **SE Tennis & Learning Center**

- Meeting time: Saturdays 1pm-2pm

### *Tennis: Junior Advanced Beginners Clinic*

Step up the pace with more advanced strokes, forehand, backhands, volleys, overheads, serves, and competition. Participants must be selected by the coach for this class.

- Ages: 6 to 13yrs.

Fee: DC Residents: \$100

Non-Resident: \$125

#### **● 15 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 8, 2006

- RecWare #: 2357.383

### **SE Tennis & Learning Center**

- Meeting time: Monday through Friday 4:30pm-6pm

### *Tennis: Junior Advanced Beginners Clinic*

#### **● 12 Week Session**

Start Date: Jan. 9, 2007

End Date: Mar. 30, 2007

- RecWare #: 2356.383

### **SE Tennis & Learning Center**

- Meeting time: Monday through Friday 4:30pm-6pm

### *Tennis: Junior Advanced Clinic*

A more intense concentration on strokes, strategy skills, drills, and competitions. Participants must be selected for this class by the coach.

- Ages: 12 to 17yrs.

Fee: DC Residents: \$100

Non-Residents: \$125

#### **● 16 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 15, 2006

- RecWare #: 2357.483

### **SE Tennis & Learning Center**

- Meeting time: Monday through Friday 4:30pm-6pm

### *Tennis: Junior Advanced Clinic*

#### **● 12 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 31, 2007

- RecWare #: 2356.483

### **SE Tennis & Learning Center**

- Meeting time: Monday through Friday 4:30pm-6pm

### *Tennis: Junior Intermediate Clinic*

Step up the pace with more advanced strokes, forehand, backhands, volleys, overheads, serves, and competition. Participants must be selected by the coach for this class.

- Ages: 8 to 17yrs.

Fee: DC Residents: \$100

Non-Residents: \$125

#### **● 16 Week Session**

Start Date: Aug. 28, 2006

End Date: Dec. 15, 2006

- RecWare #: 2357.283

### **SE Tennis & Learning Center**

- Meeting time: Monday through Friday 4:30pm-6pm

### *Tennis: Junior Intermediate Clinic*

#### **● 12 Week Session**

Start Date: Jan. 8, 2007

End Date: Mar. 30, 2007

- RecWare #: 2356.283

### **SE Tennis & Learning Center**

- Meeting time: Monday through Friday 4:30pm-6pm

### *Tennis: Senior Clinic*

Enjoy learning basic tennis fundamentals and tennis game etiquette.

- Ages: 50 and over

Fee: DC Residents: \$75

Non-Residents: \$100

#### **● 17 Week Session**

Start Date: Aug. 29, 2006

End Date: Dec. 19, 2006

- RecWare #: 2347.183

### **SE Tennis & Learning Center**

- Meeting time: Tuesdays 9am-10am

### *Tennis: Senior Clinic*

#### ● 12 Week Session

Start Date: Jan. 9, 2007

End Date: Mar. 27, 2007

● RecWare #: 2346.183

#### **SE Tennis & Learning Center**

● Meeting time: Tuesdays 9am-10am

### *Tennis Stroke of the Week*

Review and learn every aspect of each stroke. Covers forehand, backhand, volley, and serves.

● Ages: 18 and over

Fee: DC Residents \$10 per class

Non-Residents: \$15 per class

#### ● 16 Week Session

Start Date: Aug. 30, 2006

End Date: Dec. 13, 2006

● RecWare #: 2337.183

#### **SE Tennis & Learning Center**

● Meeting time: Wednesdays 7pm-8pm



### *Tennis Stroke of the Week*

#### ● 12 Week Session

Start Date: Jan. 10, 2007

End Date: Mar. 28, 2007

● RecWare #: 2336.183

#### **SE Tennis & Learning Center**

● Meeting time: Wednesdays 7pm-8pm

### *Tennis: Tiny Tots Clinic*

Learn the basic fundamentals with fun and games.

● Ages: 3 to 5yrs.

Fee: DC Residents: \$40

Non-Residents: \$50

#### ● 16 Week Session

Start Date: Sept. 2, 2006

End Date: Dec. 16, 2006

● RecWare #: 2357.183

#### **SE Tennis & Learning Center**

● Meeting time: Saturdays 11am-12pm

### *Tennis: Tiny Tots Clinic*

#### ● 12 Week Session

Start Date: Jan. 13, 2007

End Date: Mar. 31, 2007

● RecWare #: 2356.183

#### **SE Tennis & Learning Center**

● Meeting time: Saturdays 11am-12pm

### *Volleyball*

Learn the fundamentals of volleyball.

● Ages: 9 to 15yrs.

Fee: None

#### ● 17 Week Session

Start Date: Sept. 1, 2006

End Date: Dec. 22, 2006

● RecWare #: 2197.829

#### **Fort Davis Community Center**

● Meeting time: Tuesdays 5pm- 6:30pm

● RecWare #: 2187.549

#### **Kenilworth- Parkside Recreation Center**

● Meeting time: Fridays 7pm-8pm

● RecWare #: 2197.851

#### **King Greenleaf Recreation Center**

● Meeting time: Tuesdays & Thursdays 5pm-7pm

● RecWare #: 2197.692

#### **Turkey Thicket Community Center**

● Meeting time: Mondays & Wednesdays 4pm- 6:30pm

### *Volleyball*

#### ● 12 Week Session

Start Date: Jan. 9, 2007

End Date: Mar. 30, 2007

● RecWare #: 2186.549

#### **Kenilworth- Parkside Recreation Center**

● Meeting time: Fridays 7pm-8pm

● RecWare #: 2196.851

#### **King Greenleaf Recreation Center**

● Meeting time: Tuesdays & Thursdays 5pm-7pm

### *Volleyball: Adult Women's*

Learn the fundamentals of volleyball, as well as playing against your peers.

● Ages: 25 and over

Fee: None

#### ● 12 Week Session

Start Date: Jan. 8, 2007

End Date: Mar. 26, 2007

● RecWare #: 2196.752

#### **Lafayette Recreation Center**

● Meeting time: Mondays 7pm- 9pm

# Senior Services

## *Aerobics*

- Ages: 18 and over
- RecWare #: 8007.992

### **Turkey Thicket Community Center**

- Meeting time: Tuesdays & Thursdays  
9:15am- 10:15am



## *Arts and Crafts*

Participants will learn to make seasonal crafts, jewelry, finger painting, designs with use of water colors. Participants will be encouraged to be creative.

- Ages: 55 and over

Fee: None

### ● **Year Around**

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 8007.849

### **Kenilworth-Parkside**

- Meeting time: Monday through Friday  
1:30pm-4pm

- RecWare #: 8027.881

### **Sherwood Recreation Center**

- Meeting time: Tuesdays  
11:30am - 1:30pm

- RecWare #: 8087.889

### **Theodore Hagan Cultural Center**

- Meeting time: Tuesdays  
11:30am - 1:30pm

## *Aqua Aerobics -Senior*

### *Shallow Water*

- Ages: 55 and over

Fee: DC Residents: \$25

Non-Residents: \$50

- **Session 1** (8 Weeks)

- Registration date: Aug. 25, 2006

Start date: Sept. 5, 2006

End date: Oct. 26, 2006

- RecWare #: 5007.888

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
10am-11am

## *Aqua Aerobics -Senior*

### *Shallow Water*

- Ages: 55 and over

Fee: DC Residents: \$25

Non-Residents: \$50

- **Session 2** (8 Weeks)

Registration date: Oct. 27, 2006

Start date: Nov. 7, 2006

End date: Dec. 28, 2006

- RecWare #: 5007.888

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
10am-10:50am

## *Aqua Aerobics -Senior*

### *Shallow Water*

This class promotes muscle strength, endurance and tones large muscle groups.

- Ages: 55 and over

Fee: DC Residents: \$25

Non-Residents: \$50

- **Session 3** (8 Weeks)

Registration date: Dec. 29, 2006

Start date: Jan. 9, 2007

End date: Mar. 1, 2007

- RecWare #: 5036.888

### **Takoma Aquatic Center**

- Meeting time: Tuesdays & Thursdays  
10am-10:50am

## *Basic Computer Training*

This class is designed to teach senior citizens the very basics in using a personal computer. Emphasis is placed on the proper way to long on and off the computer; how to navigate windows programs; and how to the Internet. All students will obtain an e-mail address and learn how to send and receive email messages.

- Ages: 55 & over

Fee: None

### ● **Year Around**

Start date: Aug. 30, 2006

End date: Mar. 29, 2007

RecWare #: 8037.881

### **Sherwood Recreation Center**

- Meeting time: Wednesdays  
1:30pm-3:30pm

- RecWare #: 8077.829

### **Fort Davis Community Center**

- Meeting time: Tuesdays & Thursdays  
11am -12pm

- RecWare #: 8017.892

### **Turkey Thicket Community Center**

- Meeting time: Tuesdays & Thursdays  
11:30am -1:45pm

- RecWare #: 8047.851

### **King Greenleaf Recreation Center**

- Meeting time: Tuesdays & Thursdays  
11am-12:30pm

- RecWare #: 8017.888

### **Takoma Community Center**

- Meeting time: Wednesdays & Fridays  
10:30am-12:30pm

### **Basic Computer Training**

- Fee: DC Residents: None  
Non-Residents: \$30

#### **● Year Around**

- RecWare #: 8097.889

### **Theodore Hagan Cultural Center**

- Meeting time: Mondays, Wednesdays  
& Fridays 1pm-2:30pm



### **Bid Whist Club**

Enjoy an afternoon of Bid Whist.

- Ages: 55 & over

Fee: None

#### **● Year Around**

Start date: Aug. 30, 2006

End date: Mar. 28, 2007

- RecWare #: 8087.829

### **Fort Davis Community Center**

- Meeting time: Wednesdays 4pm-7pm

- RecWare #: 8057.851

### **King Greenleaf Recreation Center**

- Meeting time: Monday through Friday  
5pm - 7pm

- RecWare #: 8107.889

### **Theodore Hagan Cultural Center**

- Meeting time: Monday through Friday  
5pm - 7pm

### **Bingo**

Join in the fun for a game of Bingo and win wonderful prizes.

- Ages: 55 and over

Fee: None

#### **● Year Around**

Start date: Aug. 28, 2006

End date: Mar. 26, 2007

- RecWare #: 8017.825

### **Edgewood Recreation Center**

- Meeting time: Mondays  
3pm-4pm

- RecWare #: 8097.5829

### **Fort Davis Community Center**

- Meeting time: Mondays  
2pm-4pm

- RecWare #: 8067.851

### **King Greenleaf Recreation Center**

- Meeting time: Mondays  
2:30pm-4:30pm

### **Blood Pressure Check**

Come and get your blood pressure checked and learn healthful ways to keep it - under control.

- Ages: 55 and over

Fee: None

#### **● Fall**

Start date: Aug. 28, 2006

End date: Dec. 28, 2006

- RecWare #: 8017.825

### **Edgewood Recreation Center**

- Meeting time: Thursdays  
11am-1pm

- RecWare #: 8097.851

### **King Greenleaf Recreation Center**

- Meeting time: Mondays  
1pm - 2:30pm

- RecWare #: 8037.849

### **Kenilworth-Parkside Recreation Center**

- Meeting time: Mondays  
10am - 11am

## *Body Movement*

Learn the basic movements to the smooth sound of music.

● Ages: 55 and over

Fee: None

### ● Year Around

Start date: Aug. 31, 2006

End date: Mar. 29, 2007

● RecWare #: 8057.892

## **Turkey Thicket Community Center**

● Meeting time: Thursdays 2pm-3pm

## *Ceramic*

Learn techniques in pouring molds, shaping clay, firing and glazing to produce pieces.

● Ages: 55 and over

Fee: None

### ● Fall

Start date: Aug. 28, 2006

End date: Dec. 28, 2006

● RecWare #: 8027.849

## **Kenilworth-Parkside Recreation**

**Center** ● Meeting time: Mondays

1:30pm-4pm

● RecWare #: 8117.889

## **Theodore Hagan Cultural Center**

● Meeting time: Tuesdays & Thursdays

11am-3pm

## *Chair Exercises*

Learn the benefits to the body by using a chair to exercise.

● Ages: 55 and over

Fee: None

### ● Fall

Start date: Aug. 28, 2006

End date: Dec. 28, 2006

● RecWare #: 8077.851

## **King Greenleaf Recreation Center**

● Meeting time: Mondays & Tuesdays

11am - 12pm

● RecWare #: 8007.825

## **Edgewood Recreation Center**

Meeting time: Thursdays 1am - 12pm

● RecWare #: 8027.892

## **Turkey Thicket Community Center**

● Meeting time: Mondays & Wednesdays

10:30am - 12:15pm

● RecWare #: 8087.851

## **King Greenleaf Recreation Center**

Meeting time: Tuesdays & Thursdays

10am - 11am

● RecWare #: 8007.864

## **North Michigan Park**

● Meeting time: Mondays & Wednesdays

9:30am - 10:30am

## *Clay Doll Workshop*

Learn the art of making Clay Dolls

● Ages: 55 and over

Fee: DC Residents: \$30

Non-Residents: \$45

Start date: Aug. 29, 2006

End date: Dec. 28, 2006

● RecWare #: 8067.889

## **Theodore Hagan Cultural Center**

● Meeting time: Tuesdays & Thursdays

11am-1pm

## *Cloth Doll Making*

Learn to design and create your dolls with individual instruction

● Ages: 55 and over

Fee: None

### ● Year Around

Start date: Aug. 29, 2006

End date: Mar. 27, 2007

● RecWare #: 8057.889

## **Theodore Hagan Cultural Center**

● Meeting time: Tuesdays 11am-1pm

## *Creative Writing*

Participants will learn to write short stories using various creative techniques, as well as your own imagination

● Ages: 55 and over

Fee: DC Residents: \$10

Non-Residents: \$15

### ● Year Around

Start date: Aug. 30, 2006

End date: Mar. 28, 2007

● RecWare #: 8047.889

## **Theodore Hagan Cultural Center**

● Meeting time: Wednesdays

3pm-4:30pm

## *Crocheting*

Participants will receive individual instruction in learning different stitches and basic skills

- Ages: 55 and over

Fee: None

### ● **Year Around**

Start date: Aug. 29, 2006

End date: Dec. 28, 2006

- RecWare #: 8037.889

### **Theodore Hagans Cultural Center**

- Meeting time: Tuesdays & Thursdays 4pm-6:30pm

## *Digital Photography (Beginners)*

Learn the basic techniques if Digital Photography upon completion you will be able to print and take better photographs

- Ages: 55 and over

Fee: None

### ● **Year Around**

Start date: Aug. 29, 2006

End date: Mar. 27, 2007

- RecWare #: 8007.881

### **Sherwood**

- Meeting time: Tuesdays 3:30pm-5:30pm

## *Hand Dance*

Enjoy swinging to the beat? Come out and enjoy the art and different styles of hand dancing

- Ages: 55 and over

Fee: None

### ● **Year Around**

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 8087.849

### **Kenilworth-Parkside Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 10:30am-11:30am

- RecWare #: 8027.851

### **King Greenleaf Recreation Center**

- Meeting time: Wednesdays 10am-11am

## *Health & Fitness*

Stay in tip-top shape by participating in our senior wellness program. Learn Low-impact aerobics that you can do at home.

- Ages: 55 and over

Fee: None

### ● **Year Around**

Start date: Sept. 4, 2006

End date: Mar. 30, 2007

- RecWare #: 8047.881

### **Sherwood Recreation Center**

- Meeting time: Monday through Friday 11am-11:45am

- RecWare #: 8107.851

### **King Greenleaf Recreation Center**

- Meeting time: Mondays 10am-11am

## *Health Walk*

Start slow and build up speed as you move towards a progressive walking program. Indoor and outdoor walks.

- Ages: 55 and over

Fee: None

### ● **Year Around**

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 8047.849

### **Kenilworth-Parkside Recreation Center**

- Meeting time: Monday through Friday 10am-2pm

- RecWare #: 8017.827

### **Emery Recreation Center**

- Meeting time: Monday through Friday 10am - 12pm

- RecWare #: 8007.846

### **Joseph H. Cole Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 11:30am - 12:30pm

## *Holiday Craft Workshop*

Creating craft fir seasonal decorations

- Ages: 55 and over

Fee: None

- Fall

Start date: Aug. 28, 2006

End date: Dec. 27, 2006

- RecWare #: 8077.889

### **Theodore Hagans Cultural Center**

- Meeting time: Mondays & Wednesdays 11am-1pm



### *Jazz Night*

Participants will have the opportunity to meet new people, enjoy old friends, sit and enjoy the latest in contemporary jazz, as well as many of the classic artists.

- Ages: 55 and over
- Fee: DC Residents: \$5  
Non-Residents: \$10

- **Year Around**

- Start date: Sept. 1, 2006
- End date: Mar. 30, 2007
- RecWare #: 8007.889

### **Theodore Hagans Cultural Center**

- Meeting time: Fridays 5pm-7pm

### *Jewelry Making*

Learn the basic skills of Jewelry Making. Beginners will be able to make necklaces, earrings and pins upon completion

- Ages: 55 and over
- Fee: None

- **Year Around**

- Start date: Aug. 28, 2006
- End date: Mar. 30, 2007
- RecWare #: 8017.881

### **Sherwood Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 11:30am-1:30pm

### *Line Dance*

Learn the basic steps and techniques to the latest line dances.

- Ages: 55 and over
- Fee: None

- **Year Around**

- Start date: Aug. 28, 2006
- End date: Mar. 30, 2007
- RecWare #: 8077.849

### **Kenilworth-Parkside Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 10:30am-11:30am

- RecWare #: 8147.851

### **King Greenleaf Recreation Center**

- Meeting time: Wednesdays 10am-11am

### *Line Dance*

- Fee: DC Residents: \$3  
Non-Residents: \$5

- RecWare #: 8107.829

### **Fort Davis Community Center**

- Meeting time: Wednesdays 11:30am-12pm

### *Men Forum*

Discuss topics of interest at weekly meetings.

- Ages: 55 and over

Fee: None

- **Fall**

Start date: Sept. 1, 2006

End date: Dec. 29, 2006

- RecWare #: 8007.829

### **Fort Davis**

- Meeting time: Fridays 3:30pm-4:30pm

### *Movie Day*

Seniors meet weekly to enjoy their favorite films and eat tasty treats.

- Ages: 55 and over

Fee: None

- **Year Around**

Start date: Sept. 1, 2006

End date: Mar. 30, 2007

RecWare #: 8017.849

### **Kenilworth-Parkside**

### **Recreation Center**

- Meeting time: Fridays 12:30pm-3:30pm

### *Needle Crafts*

Create a personal work of art that tells your story.

- Ages: 55 and over

Fee: None

- **Year Around**

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 8017.851

### **King Greenleaf Recreation Center**

- Meeting time: Mondays, Tuesdays, Thursdays & Fridays 1pm-2pm

### *Personal Training*

A personal trainer designs effective exercise programs that are tailored to meet the needs of seniors clients and helps them reach their fitness goals.

- Ages: 55 and over

Fee: None

Start date: Aug. 28, 2006

End date: Dec. 26, 2006

- RecWare #: 8007.849

### **Kenilworth-Parkside**

- Meeting time: Mondays & Tuesdays 5pm-6pm

### *Pinochle Club*

Join in the fun of playing Pinochle.

- Ages: 55 and over

Fee: None

- **Year Around**

Start date: Aug. 29, 2006

End date: Mar. 29, 2007

- RecWare #: 8067.829

### **Fort Davis Community Center**

- Meeting time: Tuesdays & Thursdays 3:30pm-6:30pm

### *Plastic Canvas*

Learn the many stitches and techniques of plastic canvas to create projects from beginners to advanced.

- Ages: 55 and over

Fee: DC Residents: \$15

Non-Residents: \$25

- **Year Around**

Start date: Aug. 31, 2006

End date: Mar. 29, 2007

- RecWare #: 8017.889

### **Theodore Hagens Cultural Center**

- Meeting time: Thursdays 11am-2pm

### *Pokeno*

Enjoy an afternoon of exciting and rewarding game of pokeno.

- Ages: 55 and over

Fee: None

- **Year Around**

Start date: Aug. 28, 2006

End date: Mar. 29, 2007

- RecWare #: 8027.827

### **Emery Recreation Center**

- Meeting time: Tuesdays 1pm-3pm

- RecWare #: 8127.851

### **King Greenleaf Recreation Center**

- Meeting time: Tuesdays & Thursdays 2:30pm - 4:30pm

- RecWare #: 8057.881

### **Sherwood Recreation Center**

- Meeting time: Mondays 4:30pm - 6pm

### *Quilting*

Beginner and Advanced participants will design their own projects with individual instruction and guidance

- Ages: 55 and over

Fee: None

- **Year Around**

Start date: Aug. 28, 2006

End date: Dec. 27, 2006

- RecWare #: 8027.889

### **Theodore Hagens Cultural Center**

- Meeting time: Mondays, Tuesdays & Wednesdays 1pm-5pm

### *Scrabble Club*

Join in the fun of playing Scrabble and challenge your peers to make seven letter words.

- Ages: 55 and over

Fee: None

- **Year Around**

Start date: Aug. 30, 2006

End date: Mar. 28, 2007

- RecWare #: 8047.829

### **Fort Davis Community Center**

- Meeting time: Wednesdays 2pm-3:30pm

### *Senior Aerobics*

Learn to exercise in a way that you can enjoy.

- Ages: 55 and over

Fee: None

- **Year Around**

Start date: Aug. 29, 2006

End date: Mar. 29, 2007

- RecWare #: 8029.106

### **Fort Davis Community Center**

- Meeting time: Tuesdays & Thursdays 10am-12pm

### *Senior Fit For Life*

Start slow and build up speed as you move towards a progressive walking program. Indoor and outdoor walks.

- Ages: 55 and over

Fee: None

- **Year Around**

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 8047.892

### **Turkey Thicket Community Center**

- Meeting time: Mondays, Wednesdays & Fridays 10am - 12pm

## *Sewing*

Gather to learn the basics of the craft and produce a fabulous outfit.

- Ages: 55 and over

Fee: None

### ● Year Around

Start date: Aug. 28, 2006

End date: Mar. 29, 2007

- RecWare #: 8003.851

### **King Greenleaf Recreation Center**

- Meeting time: Thursdays

1pm-2:30pm

- RecWare #: 8067.849

### **Kenilworth-Parkside Recreation Center**

- Meeting time: Tuesdays

1:30pm - 5pm

- RecWare #: 8067.881

### **Sherwood Recreation Center**

- Meeting time: Mondays 4:30pm - 6pm

## *Sign Language The Basics*

Learn the basics of sign language such as the alphabet, colors, numbers and over 300 word signs.

- Ages: 55 and over

Fee: None

Start date: Aug. 28, 2006

End date: Dec. 18, 2006

- RecWare #: 8027.829

### **Fort Davis Community Center**

- Meeting time: Mondays 12:30pm-1pm

## *Table Games*

Spend time with your peers playing all of you old time favorite game.

- Ages: 55 and over

Fee: None

### ● Year Around

Start date: Aug. 28, 2006

End date: Mar. 30, 2007

- RecWare #: 8117.851

### **King Greenleaf Recreation Center**

- Meeting time: Monday through Friday 11am-7pm

- RecWare #: 8057.849

### **Kenilworth-Parkside Recreation Center**

- Meeting time: Wednesdays & Fridays 1pm - 8pm

## *Tai Chi*

- Ages: 55 and over

Fee: None

### ● Year Around

Start date: Aug. 30, 2006

End date: Mar. 28, 2007

- RecWare #: 8037.892

### **Turkey Thicket Community Center**

- Meeting time: Wednesdays

9:30am-10:30am

## *Women's Tea Party*

Sip tea, nibble crumpets, and join in lively conversation

- Ages: 55 and over

Fee: None

Start date: Jan. 11, 2007

End date: Mar. 29, 2007

- RecWare #: 8037.829

### **Fort Davis Community Center**

Meeting time: Thursdays 12:30pm-1pm

## *Word of Wisdom*

Discuss issues including spiritual wisdom and meditation

- Ages: 55 and over

Fee: None

### ● Year Around

Start date: Aug. 30, 2006

End date: Mar. 28, 2007

- RecWare #: 8007.851

### **King Greenleaf Recreation Center**

- Meeting time: Wednesdays 3:30pm-4:30pm

## *Word of Wisdom*

Start date: Sept. 1, 2006

End date: Mar. 30, 2007

- RecWare #: 8007.889

### **Theodore Hagans Cultural Center**

Meeting time: Fridays 5pm-7pm

## *Yoga*

Gain flexibility, balance, muscular strength and relaxation through movement and breathing exercises. Experience how yoga can relax your mind, body and enhance your concentration.

- Ages: 55 and over

Fee: DC Residents: \$3

Non-Residents: \$5

### ● Year Around

Start date: Aug. 29, 2006

End date: Mar. 27, 2007

- RecWare #: 8057.829

### **Fort Davis Community Center**

Meeting time: Tuesdays 12pm-1pm

## *Therapeutic Recreation Services*

Therapeutic recreation programs and services are offered to both District residents and non-residents with or without disabilities. All registrations and classes take place at the DC Center for Therapeutic Recreation located in Ward 7 at 3030 G Street SE. An assessment and payment of fees are required for your registration to be complete. A Recreation Therapist determines your skill level and assists you in choosing classes to meet your individual needs. Please call (202) 698-1794 to schedule an appointment.

### **B.A.S.S.**

Beginner Aquatic Swimming Skills. Participants will learn very basic swimming skills for various abilities.

- Ages: 25 and over
- Fee: None

#### ● **12 Week Session**

Start date: Sept. 19, 2006  
End date: Dec. 7, 2006

- RecWare #: 7247.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Tuesdays & Thursdays  
9am -9:45am

### **B.A.S.S.**

Start Date: Jan. 9, 2007  
End Date: Mar. 15, 2007

- RecWare #: 7247.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Tuesdays & Thursdays  
9am -9:45am

## *BodyWise*

Water exercise program especially designed for seniors age 60 and over who reside in the District. For more information on the program, please contact the University of the District of Columbia Office of Gerontology at (202) 274-6697.

- Ages: 60 and over
- Fee: None

#### ● **12 Week Session**

Start date: Sept. 18, 2006  
End date: Dec. 6, 2006

- RecWare #: 7207.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Mondays & Wednesdays  
9:30am -10:10am

## *BodyWise*

Start date: Jan. 8, 2007  
End date: Mar. 14, 2007

- RecWare #: 7206.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Mondays & Wednesdays  
10:15am -10:55am

## *Calm Waves*

An Arthritis Foundation water exercise class recommended for increasing range of motion and building endurance through various exercises.

- Ages: 21 and over
- Fee: DC Residents: \$30  
Non-Residents: \$55

#### ● **12 Week Session**

Start date: Sept. 19, 2006  
End date: Dec. 8, 2006

- RecWare #: 7177.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Tuesdays, Thursdays & Fridays  
12pm -12:45pm

## *Calm Waves*

Start date: Jan. 9, 2007  
End date: Mar. 16, 2007

- RecWare #: 7176.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Tuesdays, Thursdays & Fridays  
12pm -12:45am

## *Chair-A-Size*

A small class setting for wheelchair users to help tone and strengthen muscles and increase their range of motion. Personal care attendants/Dedicated Aides are welcome with participants. Class size is limited.

- Ages: 21 and over
- Fee: DC Residents: \$25  
Non-Residents: \$50

#### ● **12 Week Session**

Start date: Sept. 20, 2006  
End date: Dec. 6, 2006

- RecWare #: 7187.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Mondays & Wednesdays  
12pm -12:45pm

### *Chair-A-Size*

Start date: Jan. 8, 2007  
End date: Mar. 16, 2007

● RecWare #: 7186.719

#### **DC Center for Therapeutic Recreation**

● Meeting time: Mondays & Wednesdays  
12pm -12:45pm

### *Chair-A-Size II*

A small class setting for wheelchair users to help tone and strengthen muscles and increase their range of motion. Personal care attendants/Dedicated Aides are welcome with participants. United Cerebral Palsy participants only.

● Ages: 21 and over

Fee: DC Residents: \$25  
Non-Residents: \$50

#### ● **12 Week Session**

Start date: Sept. 18, 2006

End date: Dec. 8, 2006

● RecWare #: 7257.719

#### **DC Center for Therapeutic Recreation**

● Meeting time: Tuesdays 11am-11:45am

### *Chair-A-Size II*

Start date: Jan. 9, 2007

End date: Mar. 13, 2007

● RecWare #: 7256.719

#### **DC Center for Therapeutic Recreation**

● Meeting time: Tuesdays 11am-11:45am

### *Feeling Good II*

Try different water exercise routines according to your ability and comfort. Feeling Good II allows you to exercise at your own pace.

● Ages: 21 and over

Fee: DC Residents: \$25  
Non-Residents: \$50

#### ● **12 Week Session**

Start date: Sept. 19, 2006

End date: Dec. 7, 2006

● RecWare #: 7197.719

#### **DC Therapeutic Recreation Center**

● Meeting time: Tuesdays & Thursdays  
1pm-1:45pm

### *Feeling Good II*

Start date: Jan. 9, 2007

End date: Mar. 15, 2007

● RecWare #: 7196.719

#### **DC Therapeutic Recreation Center**

● Meeting time: Tuesdays & Thursdays  
1pm-1:45pm



### *Fins I*

Learn basic water exercises routines and play water sport activities designed especially for children. Children with obesity concern are strongly encouraged to enroll.

● Ages: 6 to 11 yrs.

Fee: None

#### ● **12 Week Session**

Start date: Sept. 19, 2006

End date: Dec. 7, 2006

● RecWare #: 7237.119

#### **DC Therapeutic Recreation Center**

● Meeting time: Tuesdays & Thursdays  
4pm-4:45pm

### *Fins I*

Start date: Jan. 9, 2007

End date: Mar. 15, 2007

● RecWare #: 7237.119

#### **DC Therapeutic Recreation Center**

● Meeting time: Tuesdays and  
Thursdays 4pm-4:45pm

### *Land Exercise Class (P.A.C.E.)*

People with Arthritis Can Exercise! Join P.A.C.E., a program developed by the American Arthritis Association, and learn how to do exercises specifically for people with mobility problems due to arthritis or other bone/joint illness.

● Ages: 21 and over

Fee: None

#### ● **12 Week Session**

Start date: Sept. 18, 2006

End date: Dec. 7, 2006

● RecWare #: 7287.719

#### **DC Therapeutic Recreation Center**

● Meeting time: Mondays & Thursdays  
12pm-12:45pm

### *Land Exercise Class (P.A.C.E.)*

Start date: Jan. 8, 2007

End date: Mar. 15, 2007

● RecWare #: 7286.719

#### **DC Therapeutic Recreation Center**

● Meeting time: Mondays &  
Thursdays 12pm-12:45pm

### *Learn to Swim (Adult Level 2)*

American Red Cross level 2 learn to swim program. Class size is limited.

- Ages: 18 and over
- Fee: None

#### ● 12 Week Session

Start date: Sept. 18, 2006

End date: Dec. 7, 2006

- RecWare #: 7267.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Mondays & Thursdays 3pm-3:45pm

### *Learn to Swim (Adult Level 2)*

Start date: Jan. 8, 2007

End date: Mar. 15, 2007

- RecWare #: 7266.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Mondays & Thursdays 3pm-3:45pm

### *Leisure/Life Skills for Persons with Special Needs*

The Leisure Life Skills program is an alternative to the traditional day treatment program, serving adults with special needs. The goals of the LLS is to promote socialization, increase cognitive functioning, enhance sense of normalization, enhance skills in activities of daily living, develop and/or increase recreation activity interest and promote freedom in leisure choices. The program provides a variety of activity experiences, such as scrapbooking, simple meal preparation, fitness/exercise, music therapy, dance, swimming, arts/crafts, computer lab activities, drama club, field trips, and field trips. A four-week camping experience called Camp Fun-Ward Bound is part of this package as well as Metro TR Bowling on Tuesdays. The cost is based upon an entire year of programming. Payment plans are available

- Ages: 21 and over
- Fee: DC Residents: \$300
- Non-Residents: \$360

Start date: Sept. 18, 2006

End date: June 7, 2007

- RecWare #: 7367.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Monday through Friday 10am-3pm

### *Life Enrichment Program for Teens and Young Adults*

Life Enrichment Program for Teens and Young Adults is a comprehensive after school program designed to address the social, recreational, psychological, health and educational needs that challenge teens and young adults living in modern society. The programs primary goal is to reduce high risk behaviors, often demonstrated by teens and young adults. The program consists of workshops that focus on topics such as leisure education, building self esteem, anger management, health, better peer relationships, substance abuse, just to name a few. Other activities include a Girl Friend to Girl Friend Journal Club, the Poetry Café, Boyz Rule Group, recreation trips and community service projects.

- Ages: 14 to 25yrs.

Fee: None

Start date: Sept. 18, 2006

End date: June 7, 2007

- RecWare #: 5444.100

#### **DC Center for Therapeutic Recreation**

- Meeting time: Mondays, Tuesdays, & Thursdays 3:30pm - 6pm



### *Metro TR Bowling*

Inclusionary bowling league program for adults with special needs and seniors. Join in the fun!

- Ages: 21 and over
- (Seniors are included)

Fee: \$5 per session

#### ● 28 Week Session

Start date: Oct. 3, 2006

End date: Apr. 24, 2007

- RecWare #: 7277.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Tuesdays 10am-2pm



### *Miniature Golf Tournament*

Open to children with and without disabilities.

- Ages: 8 to 12yrs.

Fee: None

#### ● 4 Week Session

Start date: Sept. 23, 2006

End date: Oct. 14, 2006

- RecWare #:7307.119

#### **DC Therapeutic Recreation Center**

- Meeting time: Saturdays 11am-1pm

### *Music Therapy for Children with Autism*

Music therapy program through the use of table/lap harps. Program is designed for children with autism. An individual assessment is required prior to registration. For more information, please call the Therapeutic Recreation Services Branch at (202) 698-1794.

- Ages: 6 to 12yrs.

Fee: DC Residents: \$40

Non-Residents: \$55

#### ● 6 Week Session

Start date: Sept. 23, 2006

End date: Oct. 28, 2006

- RecWare #:7327.119

#### **DC Center for Therapeutic Recreation**

- Meeting time: Saturdays 2pm-3pm

### *Saturday Mix Recreation Program*

A Saturday afternoon leisure travel program for children with and without disabilities. This is a leisure education program designed to teach and expose leisure and recreational opportunities within the DC metropolitan area.

- Ages: 12 and 15yrs.

Fee: None

#### ● 4 Week Session

Start date: Oct. 21, 2006

End date: Nov. 11, 2006

- RecWare #:7317.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Saturdays 12pm-3pm

### *Scrapbooking 101*

Learn basic scrapbooking skills for photo preservation and presentation. Enjoy your memories! Class meets once a month. **September 30, October 28, November 18 and December 16.**

- Ages: 21 and over

Fee: None (Participants are responsible for purchase of scrapbooking supplies)

#### ● 4 Week Session

Start date: Sept. 30, 2006

End date: Dec. 16, 2006

- RecWare #: 7337.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Saturdays 12pm-3pm

### *Slow Motion*

Take your time! There is no pressure in this slow pace water exercise class that is recommended for people with limited due to strokes, rheumatoid arthritis, hip replacement surgery, and other mobility problems.

- Ages: 21 and over

Fee: DC Residents: \$25

Non-Residents: \$50

#### ● 12 Week Session

Start date: Sept. 19, 2006

End date: Dec. 7, 2006

- RecWare #: 7347.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Tuesdays & Thursdays 12pm-12:45pm

### *Slow Motion*

Start date: Jan. 9, 2007

End date: Mar. 15, 2007

- RecWare #: 7346.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Tuesdays & Thursdays 12pm-12:45pm

### *The Mind Body Connection*

Experience complete body and mind relaxation through aromatherapy and guided imagery exercises.

- Ages: 21 and over

Fee: None

#### ● 12 Week Session

Start date: Sept. 22, 2006

End date: Dec. 8, 2006

- RecWare #:7297.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Fridays 10am-10:45am

### *The Mind Body Connection*

Start date: Jan. 12, 2007

End date: Mar. 16, 2007

- RecWare #: 7297.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Fridays 10am-10:45am

### ***Water Boogie***

Relax by listening to soothing music while doing low impact water aerobics. This class is for adults with disabilities and uses adapted equipment to strengthen muscles and increase range of motion.

- Ages: 21 and over
- Fee: DC Residents: \$30  
Non-Residents: \$55

#### **● 12 Week Session**

Start date: Sept. 18, 2006  
End date: Dec. 8, 2006

- RecWare #: 7167.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 11am-11:45am

### ***Water Boogie***

Start date: Jan. 8, 2007  
End date: Mar. 16, 2007

- RecWare #: 7166.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Mondays & Wednesdays 11am-11:45am

### ***Water Waders***

Enjoy swimming and/or exercising at your own pace.

- Ages: 21 and over
- Fee: DC Residents: \$25  
Non-Residents: \$50

#### **● 12 Week Session**

Start date: Sept. 18, 2006  
End date: Dec. 6, 2006

- RecWare #: 7217.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Mondays & Wednesdays 12pm-12:45pm

### ***Water Waders***

Start date: Jan. 8, 2007  
End date: Mar. 14, 2007

- RecWare #: 7216.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Mondays & Wednesdays 12pm-12:45pm

### ***Water Wonders***

MR adults will participate in various water activities such as exercise, dance and strengthen hand eye coordination.

- Ages: 21 and over
- Fee: None

#### **● 12 Week Session**

Start Date: Sept. 21, 2006  
End Date: Dec. 7, 2006

- RecWare #: 7227.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Thursdays 11am-11:45am

### ***Water Wonders***

Start Date: Jan. 11, 2007  
End Date: Mar. 15, 2007

- RecWare #: 7226.719

#### **DC Center for Therapeutic Recreation**

- Meeting time: Thursdays 11am-11:45am

### ***Weight Training***

Exercise for weight loss and toning using a variety of exercise and weight lifting equipment.

- Ages: 21 and over
- Fee: DC Residents: \$30  
Non-Residents: \$55

#### **● 12 Week Session**

Start date: Sept. 12, 2006  
End date: Dec. 8, 2006

- RecWare #: 7347.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 1pm-2pm

### ***Weight Training***

Start date: Jan. 8, 2007  
End date: Mar. 16, 2007

- RecWare #: 7346.719

#### **DC Therapeutic Recreation Center**

- Meeting time: Mondays, Wednesdays & Fridays 1pm-2pm

### ***INCLUSION BUDDIES NEEDED!***

The DC Center for Therapeutic Recreation is looking for volunteers to work as INCLUSION BUDDIES. Inclusion Buddies will assist people who are disabled in all DC Park and Recreation programming. Programming will consist of classes, special events, after-school programs, and trips. If you are a caring, loving and nurturing, person who enjoys working with people with disabilities, consider this to be a challenging but rewarding experience! Volunteers can be individuals, families, groups, teens and adults. Training is provided. Schedules vary as needed. For more information, please call the DC Center for Therapeutic Recreation @ (202) 698-1794  
Share in the spirit of giving!

# DPR WAVE

## Competitive Youth Swim Team

Ages: 5 to 18



Register now @ [www.dpr.dc.gov/aquatics](http://www.dpr.dc.gov/aquatics) or visit a practice

Practicing at:

**Takoma Aquatic Center**  
300 Van Buren Street, NW  
Washington, DC  
Monday through Friday  
5 pm -7 pm

**William H. Rumsey Aquatic Center**  
635 North Carolina Ave., SE  
Washington, DC  
Mondays, Wednesdays and Fridays  
5pm-7pm  
Tuesday and Thursday  
5pm-6:30pm

Advance level swimmers participate in local and national swim meets and competitions affiliated with USA swimming. Prerequisite: Exit skills from learn to swim level 5.